



CITY OF LAGUNA HILLS

PARKS & RECREATION COMMISSION

REGULAR MEETING AGENDA

Wednesday, February 6, 2019 – 7:00 PM

Dan Cooper - Chair

David Robbins - Vice Chair
Maya Douglas - Commissioner

Victoria Auer - Commissioner
Julie Nassif - Commissioner

Location: City Council Chamber, 24035 El Toro Road, Laguna Hills, CA 92653

Any person wishing to address the Parks and Recreation Commission on any matter, whether or not it appears on this Agenda, is asked to complete a "Request to Speak" form available on the table at the back of the Chamber. The completed form is to be submitted to the Recording Secretary prior to an individual being heard by the Parks and Recreation Commission.

Members of the public wishing to address the Parks and Recreation Commission can do so during the Public Comments portion of the Agenda with a time limitation of three minutes per person, an overall time limit of ten minutes for any one subject, and a total time limit of thirty minutes for Public Comments. If you are commenting on an Agenda item, your comments will be heard at the time that item is scheduled on the Agenda. If you are addressing the Commission on an item not listed on the Agenda, the Parks and Recreation Commission is prohibited by law from discussing or taking any action on that item.

CALL TO ORDER

Resolution No. 96-04-09-1 established rules of decorum for public meetings held by the City of Laguna Hills. Resolution No. 96-04-09-1 is available on the table at the back of the City Council Chamber.

PLEDGE OF ALLEGIANCE

ROLL CALL OF COMMISSIONER MEMBERS

ELECTION OF CHAIR

Recommendation: That the Parks and Recreation Commission elect a new Chair.

ELECTION OF VICE CHAIR

Recommendation: That the Parks and Recreation Commission elect a new Vice Chair.

1. PUBLIC COMMENTS

This is the time to address the Parks and Recreation Commission on any matter not listed on this Agenda that is within the subject matter jurisdiction of the Commission. Public Comments are limited to three minutes per person, an overall time limit of ten minutes for any one subject, and a total time limit of thirty minutes.

2. MINUTES APPROVAL**2.1 Approval of Minutes for December 5, 2018**

Recommendation: That the Parks and Recreation Commission approve the minutes for the December 5, 2018, Regular Meeting.

3. PRESENTATIONS**4. ADMINISTRATIVE REPORTS****4.1 2018 Community Services Department Year End Report**

Recommendation: That the Parks and Recreation Commission receive and file the report.

4.2 Staff Led Recreation Class and Activity Fee Schedule

Recommendation: That the Parks and Recreation Commission recommend that the City of Laguna Hills Recreation Activity Fee Schedule for activities offered and led by City staff be brought to the City Council for its approval.

5. INFORMATIONAL ITEMS**6. COMMISSIONER COMMENTS**

7. ADJOURNMENT

The next Regular Meeting of the Parks & Recreation Commission will be April 3, 2019, at 7:00 PM in the City Council Chamber, located at 24035 El Toro Road, Laguna Hills, California.

CERTIFICATION

I, DAVID T. REYNOLDS, Deputy City Manager of the City of Laguna Hills, do hereby certify that a copy of the foregoing Agenda was posted at Laguna Hills City Hall, Laguna Hills Community Center, and the Courtyard at La Paz Center by February 1, 2019, at 5:00 PM.



David T. Reynolds; Deputy City Manager

February 1, 2019

In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, you should contact the office of the Deputy City Manager at (949) 707-2680. Notification 48 hours prior to the meeting will enable the City to make reasonable arrangements to assure accessibility to this meeting.

Materials related to an item on this Agenda submitted to the Commission after distribution of the agenda packet are available for public inspection in the Community Center at 25555 Alicia Parkway, Laguna Hills, California, during normal business hours.



City of Laguna Hills

Parks & Recreation Commission

Staff Report

DATE: February 6, 2019
TO: Parks and Recreation Commission
FROM: Dan Meehan
Community Services Superintendent
ISSUE: Approval of Minutes for December 5, 2018

RECOMMENDATION: That the Parks and Recreation Commission approve the minutes for the December 5, 2018, Regular Meeting.

ATTACHMENTS:

- Minutes 12-05-18

**CITY OF LAGUNA HILLS
PARKS & RECREATION COMMISSION**

**REGULAR MEETING
MINUTES
Wednesday, December 5, 2018**

CALL TO ORDER

The meeting was called to order at 7:00 PM by Chair Dan Cooper

PLEDGE OF ALLEGIANCE

The Pledge of Allegiance was led by Chair Cooper

ROLL CALL OF COMMISSIONER MEMBERS

Attendee Name	Title	Status	Arrived
Dan Cooper	Chair	Present	7:00 PM
David Robbins	Vice Chair	Present	7:00 PM
Victoria Auer	Commissioner	Present	7:00 PM
Chris Mackey	Commissioner	Present	7:00 PM
Maya Douglas	Commissioner	Present	7:00 PM

1. PUBLIC COMMENTS

Fawn Gonick, Maxwell Gonick and Matthew Ostin, residents of Laguna Hills, addressed the Parks and Recreation Commission on open gym hours for Children and Teens. They requested that the open gym hours during the week be extended and that open time is offered on Saturdays.

Chair Cooper thanked them for their time and told them that we will take these comments into considerations.

2. MINUTES APPROVAL

2.1 Approval of Minutes for October 3, 2018

Recommendation: That the Parks and Recreation Commission approve the Minutes for the October 3, 2018, Regular Meeting.

RESULT:	APPROVED [UNANIMOUS]
MOVER:	David Robbins, Vice Chair
SECONDER:	Victoria Auer, Commissioner
AYES:	Dan Cooper, Chair, David Robbins, Vice Chair, Victoria Auer, Commissioner, Chris Mackey, Commissioner, Maya Douglas, Commissioner

3. PRESENTATIONS

4. ADMINISTRATIVE REPORTS

4.1 2018 Fall Quarter Evaluation

Recommendation: That the Parks and Recreation Commission receive and file the report.

Community Services Superintendent provided a verbal summary of the report and requested feedback from the Parks and Recreation Commission regarding the 2018 Fall Quarter Evaluation.

Commissioner Mackey moved to approve the 2018 Fall Quarter Evaluation, Seconded by Commissioner Auer.

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Chris Mackey, Commissioner
SECONDER:	Victoria Auer, Commissioner
AYES:	Dan Cooper, Chair, David Robbins, Vice Chair, Victoria Auer, Commissioner, Chris Mackey, Commissioner, Maya Douglas, Commissioner

4.2 2019 Volunteer Connection Day and Arbor Day Recognition Event Information and Date Change

Recommendation: That the Parks and Recreation Commission approve rescheduling the Volunteer Connection Day event to April 27, 2019.

Community Services Superintendent provided a verbal summary of the report and requested feedback from the Parks and Recreation Commission regarding 2019 Volunteer Connection Day and Arbor Day Recognition Event Information and Date Change. Mr. Meehan addressed the Commission to request they approve the date change of 2019 Volunteer Connection Day to April 27, 2019.

Commissioner Mackey moved to approve 2019 Volunteer Connection Day and Arbor Day Recognition Event and Date Change to April 27, 2019, Seconded by Commissioner Auer.

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Chris Mackey, Commissioner
SECONDER:	Victoria Auer, Commissioner
AYES:	Dan Cooper, Chair, David Robbins, Vice Chair, Victoria Auer, Commissioner, Chris Mackey, Commissioner, Maya Douglas, Commissioner

5. INFORMATIONAL ITEMS

5.1 2019 Laguna Hills Half Marathon, 10K & 5K Event

Recommendation: That the Parks and Recreation Commission receive and file the report.

Community Services Superintendent Meehan provided a verbal summary of the report and requested feedback from the Parks and Recreation Commission regarding 2019 Laguna Hills Half Marathon, 10K & 5K Event.

Chair Cooper moved to approve 2019 Laguna Hills Half Marathon, 10K & 5K Event, Seconded by Commissioner Mackey.

RESULT:	APPROVED [UNANIMOUS]
MOVER:	Dan Cooper, Chair
SECONDER:	Chris Mackey, Commissioner
AYES:	Dan Cooper, Chair, David Robbins, Vice Chair, Victoria Auer, Commissioner, Chris Mackey, Commissioner, Maya Douglas, Commissioner

6. COMMISSIONER COMMENTS

Commission Mackey wanted to address to the Parks and Recreation Commission of her experience during the election process for City Council.

Commissioner Mackey stated that she felt that the other candidates running for office spent more time personally attacking one another instead of focusing on their accomplishments, and the issues they want to tackle and goals they have for the City. She announced that she will be reapplying for the Parks and Recreation Commission.

Chair Cooper wanted to acknowledge Commissioner, David Robbins and Commissioner Chris Mackey's run for City Council.

7. ADJOURNMENT

There being no further business before the Parks and Recreation Commission at this session, Chair Cooper declared the meeting adjourned at 7:19 PM.

David Reynolds, Deputy City Manager

ATTEST:

Dan Cooper, Chair

Approved at meeting of February 6, 2019



City of Laguna Hills

Parks & Recreation Commission

Staff Report

DATE: February 6, 2019
TO: Parks and Recreation Commission
FROM: Dan Meehan
Community Services Superintendent
ISSUE: 2018 Community Services Department Year End Report

RECOMMENDATION: That the Parks and Recreation Commission receive and file the report.

SUMMARY:

Staff has completed a Year End Report for calendar year 2018. The purpose of the report is to highlight the major accomplishments of the past year, along with providing information on facility reservations, program registration and evaluations, and costs associated with the maintenance of the Community Center building.

ATTACHMENTS:

- 2018 Enrollment Stats for LHCCSC
- Year End Report 2018

Spring 2018 - Saddleback Emeritus Institute Enrollments

Room	Course ID	Section ID	Enrollments	StartDate	EndDate
LHCCSC	ART 20X	19410	30	01/16/2018	05/23/2018
LHCCSC	ART 41X	20135	28	01/16/2018	05/23/2018
LHCCSC	ART 59X	19875	37	01/16/2018	05/23/2018
LHCCSC	ART 80X	20435	28	01/16/2018	05/23/2018
LHCCSC	BIO 226X	19540	34	01/16/2018	05/23/2018
LHCCSC	SPAN 231X	20440	54	01/16/2018	05/23/2018
LHCCSC	HLTH 501	80280	69	01/16/2018	05/23/2018
LHCCSC	HLTH 502	19450	120	01/16/2018	05/23/2018
LHCCSC	HLTH 502	19460	81	01/16/2018	05/23/2018
LHCCSC	HLTH 502	19630	111	01/16/2018	05/23/2018
LHCCSC	HLTH 502	19745	246	01/16/2018	05/23/2018
LHCCSC	HLTH 502	19830	96	01/16/2018	05/23/2018
LHCCSC	HLTH 502	20310	61	01/16/2018	05/23/2018
LHCCSC	HLTH 502	20425	200	01/16/2018	05/23/2018
LHCCSC	PHIL 231X	19435	24	01/16/2018	05/23/2018

Summer 2018 - Saddleback Emeritus Institute Enrollments

Room	Course ID	Section ID	Enrollments	StartDate	EndDate
LHCCSC	ART 20X	12205	34	05/29/2018	07/23/2018
LHCCSC	ART 41X	12730	30	05/29/2018	07/23/2018
LHCCSC	ART 59X	12355	37	05/29/2018	07/25/2018
LHCCSC	HLTH 503	12525	95	05/29/2018	07/23/2018
LHCCSC	HLTH 504	12190	106	05/29/2018	07/23/2018
LHCCSC	HLTH 504	12225	212	05/29/2018	07/25/2018
LHCCSC	HLTH 504	12250	82	05/29/2018	07/25/2018
LHCCSC	HLTH 504	12455	159	05/29/2018	07/25/2018
LHCCSC	HLTH 504	12685	85	05/29/2018	07/23/2018
LHCCSC	HLTH 504	12770	109	05/29/2018	07/23/2018
LHCCSC	HLTH 504	80325	73	05/29/2018	07/23/2018
LHCCSC	PHIL 231X	12895	10	05/29/2018	07/23/2018

Fall 2018 - Saddleback Emeritus Institute Enrollments

Room1	Course ID	Section ID	Enrollments	StartDate	EndDate
LHCCSC	ART 20X	16280	34	08/20/2018	12/19/2018
LHCCSC	ART 41X	15870	30	08/20/2018	12/19/2018
LHCCSC	ART 59X	16215	40	08/20/2018	12/19/2018
LHCCSC	ART 80X	16170	31	08/20/2018	12/19/2018
LHCCSC	BIO 226X	16085	32	08/20/2018	12/19/2018
LHCCSC	SPAN 231X	15885	50	08/20/2018	12/19/2018
LHCCSC	HLTH 501	15255	88	08/20/2018	12/19/2018
LHCCSC	HLTH 502	15240	91	08/20/2018	12/19/2018
LHCCSC	HLTH 502	15430	90	08/20/2018	12/19/2018
LHCCSC	HLTH 502	15490	228	08/20/2018	12/19/2018
LHCCSC	HLTH 502	15735	121	08/20/2018	12/19/2018
LHCCSC	HLTH 502	16035	207	08/20/2018	12/19/2018
LHCCSC	HLTH 502	16110	120	08/20/2018	12/19/2018
LHCCSC	HLTH 502	16235	95	08/20/2018	12/19/2018
LHCCSC	PHIL 231X	15185	15	08/20/2018	12/19/2018

CITY OF LAGUNA HILLS

Community Services Department Year End Report

STAFFING

The Community Services Department is comprised of six full-time staff and thirty part-time and seasonal employees. The mission statement of the department is to “Provide quality recreation programming that promotes a healthy lifestyle, self-esteem, family life, and community spirit.” To fulfill the objectives of this mission statement, the Community Services Department offers recreation programs, City wide special events, senior programs, disability services, adult sports leagues, and manages the operation of the 43,000 square foot Community Center building and Sports Complex. The purpose of this report is to highlight the major accomplishments of the past year, as well as to highlight information such as facility reservation totals, program registration, and costs associated with the maintenance of the Community Center building.

DEPARTMENT HIGHLIGHTS

The following is a listing of some of the 2018 Community Services Department highlights and accomplishments:

- A significant work effort during 2018 was the revision and updates to City Council policies. Policy No. 305 – Advertising/Temporary Signs in City Parks was updated during 2018. In addition, seven City Council policies were condensed in to one policy: City Council Policy No. 317 – Public Facility Reservation & Use Policy. This policy provides the guidelines for the Community Services Department to follow in issuing permits for City facility use such as athletic fields, rooms at the Community Center, and neighborhood parks. This policy also provides the guidelines for the public and for staff to follow for use of the City’s facilities for rent.
- A Community Services Department Work Program for FY 2018/2019 was to “evaluate the Community Services recreation and facility management software to determine if it should be replaced or augmented with new features such as a kiosk solution to enable residents to register for recreation activity independently at the front counter”. Staff leveraged the current software system to take advantage of new features and is continuing its work effort to improve the recreation registration process to reduce paper generation, improve customer service, and to reduce staff time and costs.

SPECIAL EVENTS

The Community Services Department once again offered a variety of family oriented, seasonal special events. Nearly 14,000 participants attended the special events offered during 2018 (this includes the estimate for the 4th of July event which is ~10,000). Listed on the following pages are the special events offered during 2017 as well as participation numbers for each event for 2016, 2017 and 2018.



DADDY DAUGHTER DINNER DANCE

The Community Services Department hosted its annual Daddy Daughter Dinner Dance on Friday, February 9, 2018. Two hundred and one (201) participants enjoyed the “Old Hollywood” theme and dined on sliders, grilled cheese, and chicken fingers, provided by Ruby’s. The participants were then invited to dance the night away and take photos. The table below provides an event attendance comparison for years 2016 through 2018.

2016	2017	2018
208	206	201



VOLUNTEER CONNECTION DAY & SHREDDING EVENT

The City’s annual Volunteer Connection Day took place on Saturday, April 21, 2018. Fifty two (52) volunteers were welcomed by Commissioners and staff before participating in the day’s projects. Volunteers broke off into groups to assist trail clean-ups of the Aliso Creek Trail, Veeh Ranch Trail, Juan Avila Trail and the Edison Easement Trail. Volunteers also planted nineteen (19) trees and 125 shrubs at the Laguna Hills Sports Complex in recognition of Arbor Day. In addition, 138 participants dropped off 7,215lbs of documents for shredding during a four hour time period from 8am-12pm. The volunteers concluded their work just before noon and were provided a thank you luncheon at the Community Center which was donated by local restaurants.

2016	2017	2018
51	34	52



FOURTH OF JULY

Approximately 10,000 people attended the city's annual Fourth of July Celebration on Tuesday, July 4, 2018. The special event took place between the hours of 4:00 pm and 9:30 p.m. and included a number of activities; carnival rides, games, informational material, food booths, entertainment and fireworks show. Fireworks America provided an excellent fireworks display with a duration of 18 minutes. Expenditures for the 2018 Fourth of July Celebration totaled \$57,800. Net costs for the event totaled \$52,812, when factoring in \$4,088 in ticket sales revenue and \$900 in vendor booth rentals revenue.

2016	2017	2018
~10,000	~10,000	~10,000



A GHOSTLY AFFAIR/HAUNTED HILLS

Due to budget constraints, these events were cancelled for 2018.

BREAKFAST WITH SANTA

On Saturday, December 8, 2018 one hundred eighty (180) participants came to the Community Center for pictures, crafts and breakfast with Santa. Community Services staff, Parks and Recreation Commissioners, and City Council members served a pancake breakfast.

2016	2017	2018
180	182	180



MEMORIAL DAY HALF MARATHON, 10K & 5K

The 20th annual City of Laguna Hills Memorial Day Half Marathon, 10K and 5K honoring the USMC Dark Horse Battalion took place on Monday, May 28, 2018. Three thousand, three hundred seventy runners (3,370) participated in the event. A number of Marines ran in the half marathon again this year, which along with the 5k and 10k, was led from the start line by Grand Marshall Sgt. Michael Spivey. Total 2018 event expenditures, including staff time, were \$205,283 and event revenues totaled \$195,769.

2016	2017	2018
3,696	3,245	3,370



FACILITY MAINTENANCE REPAIR

The Community Services Department manages the 18 acre Community Center and Sports Complex. The Community Center facility is maintained by Essex Property Management. In addition to general maintenance repair costs, routine services associated with the facility include the following:

- Indoor plant service
- Elevator service
- Pest control service
- Air conditioning service
- Plumbing and electrical service
- Fire alarm testing
- Security system

FACILITY MAINTENANCE REPAIR CONT'D

The Community Center facility maintenance costs for 2018 totaled \$73,039. The table below provides a comparison of the Maintenance and Repairs expenditures for the previous three years. The budget for FY 2017/18 was \$80,000. In addition, the Public Services department administered the landscape maintenance contract for the Sports Complex facility in 2018, and the costs for those service contracts are not reflected in the totals presented in Table 1.

Table 1: Maintenance and Repair Costs per Calendar Year

2016	2017	2018
\$98,774	\$74,890	\$73,039

FACILITY RESERVATIONS

The Laguna Hills Community Center and Sports Complex continues to serve the community for numerous facility reservation needs, which include wedding receptions, memorials, business seminars, quinceaneras, and HOA meetings. The Sports Complex fields, picnic shelters and paleo themed playground are busy throughout the year. The tables below presents a comparison for facility and field rental revenue for 2016 through 2018.

Table 2: Reservation Revenue Comparison			
Facility	2016	2017	2018
Heritage Room	\$112,098.00	\$128,697.00	\$137,341.00
Meeting Room A/B/C	\$32,172.50	\$42,576.25	\$39,342.00
Art Room	\$8,342.50	\$9,822.50	\$10,078.75
Physical Activity Room	\$0.00	\$175.00	\$50.00
Large Classroom	\$6,718.25	\$10,305.00	\$16,935.00
Individual Classroom	\$120.00	\$0.00	\$0.00
Gymnasium	\$14,865.00	\$17,077.50	\$14,562.00
Tower Room	\$180.00	\$811.25	\$450.00
Picnic Shelters	\$4,317.50	\$9,415.00	7,390.00
Half Soccer Field	\$6,730.00	\$2,457.50	\$6,570.00
Full Soccer Field	\$5,870.00	\$2,027.50	\$6,780.00
Baseball Field	\$3,516.25	\$5,578.75	\$5,485.00
Softball Field	\$4,342.50	\$7,450.00	\$7,190.00
Roller Hockey Rink	\$6,275.00	\$12,300.00	\$13,895.00
Total Revenue	\$205,547.40	\$248,893.25	\$266,068.75

FACILITY RESERVATIONS CONT'D

Table 3: Reservation Stats by Rental Category						
	2016		2017		2018	
	Hours	Percentage of Reservations	Hours	Percentage of Reservations	Hours	Percentage of Reservations
Resident Non-Profit	1,546	52.0%	1647.75	43.2%	2225	52%
Resident Private	795.50	26.8%	933	24.5%	1132	26%
Non-Resident Non-Profit	138	4.7%	631	16.6%	375	9%
Non-Resident Private	216.50	7.5%	354.5	9.3%	348.50	8%
Commercial	265.50	9.0%	244.25	6.4%	228.50	5%
Totals	2,961.50		3,810.5		4,309	

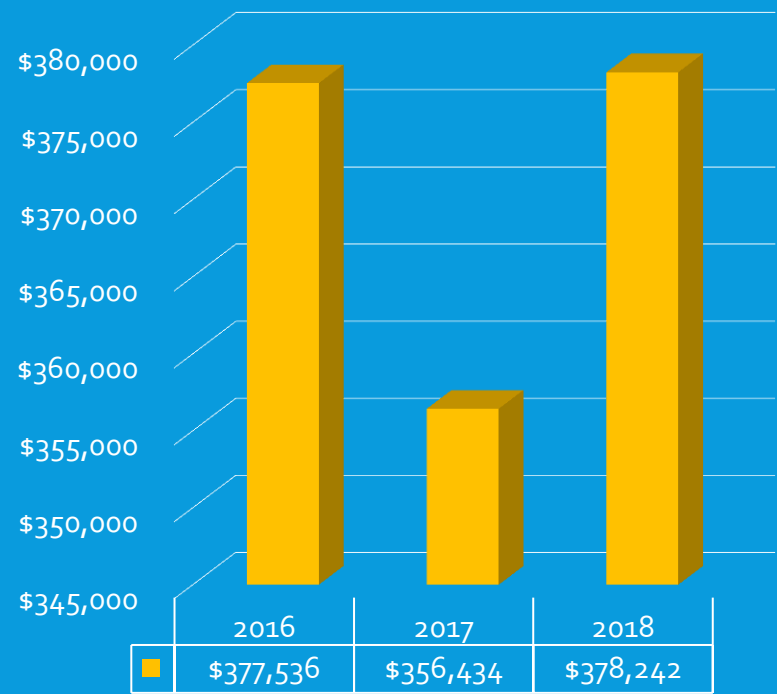
PROGRAM REGISTRATION

The City offered nearly 500 recreation classes during 2018. Senior fitness and cultural arts programming, offered at the Laguna Hills Community Center, is managed by the Emeritus program at Saddleback College, and had 3,523 participants in 2018. Attachment A to this report provides a class enrollment breakdown for all Emeritus classes offered. A total of 6,342 people participated in recreation programs offered in 2018, and program revenue for 2018 totaled \$378,242. For a means of comparison, enrollment and revenue totals for 2016 through 2018 are provided in the Figures 1 and 2 on the following page.

FIGURE 1: NUMBER OF ANNUAL PROGRAM REGISTRANTS



FIGURE 2: PROGRAM REGISTRATION REVENUE







City of Laguna Hills

Parks & Recreation Commission

Staff Report

DATE: February 6, 2019

TO: Parks and Recreation Commission

FROM: David Reynolds
Deputy City Manager

ISSUE: Staff Led Recreation Class and Activity Fee Schedule

RECOMMENDATION: That the Parks and Recreation Commission recommend that the City of Laguna Hills Recreation Activity Fee Schedule for activities offered and led by City staff be brought to the City Council for its approval.

SUMMARY:

Fees for the City's facility reservations are set by City Council resolution and it is recommended that fees for the City's recreation classes and activities also be set by City Council resolution. Staff is proposing the attached "City of Laguna Hills Recreation Activity Fee Schedule" for what the City will charge for its recreation programming that is offered and operated by City staff. City recreation activities are offered by both contract instructors and City staff. A proposed resolution will be brought to the City Council that will incorporate the attached fee schedule (exhibit 1) for staff led classes. In addition, the resolution will formalize that contract instructors set their own class/activity rates in accordance to their respective agreements with the City, set the revenue split for recreation activity revenue between contract instructors and the City at 65%/35% respectively, and establish the non-resident fee.

BACKGROUND:

The City of Laguna Hills' fees for facility reservations for both its indoor facilities (i.e. Community Center rooms) and its outdoor facilities (i.e. parks, fields, picnic areas) are established by City Council resolution. In Chapter 8.04 of the Laguna Hills Municipal Code (LHMC) it is specified that the "issuance of a facility permit may be conditioned on

Recreation Class Fees

February 6, 2019

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the payment of fees and deposits as may be established by resolution of the City Council” (LHMC Section 8-04.070). Although the LHMC does not specifically require recreation activity fees to be set by the adoption of a City Council resolution, it is advisable that they should be set, like facility rental fees, by City Council resolution. Consequently, staff is providing this material to the Parks and Recreation Commission for its review prior to it being presented to the City Council.

Providing recreation activities to roughly 9,800 individuals per year, the City of Laguna’s recreation programming is comprised both of classes and activities offered by contract instructors and by City staff. Contract instructors are under an agreement with the City which includes their scope of services highlighting the type and duration of recreation activity that they will offer. It is understood that contract instructors set their own rates for their classes based on the recreation market in which they compete. Staff is not proposing to set the fees for contract instructor classes, but is proposing a fee schedule of what can be charged for classes and activities that are planned, implemented, and staffed by City personnel (see Exhibit 1).

In accordance to Proposition 26 (“Stop the Hidden Tax Initiative”), the charge for Laguna Hills’ recreation activity cannot exceed the reasonable costs of providing the service or product to the public. With that said, staff’s proposed fees for its staff led classes are reasonable set to only recover costs for its collective recreation programming. Moreover, staff also compares the rates that we charge for classes against what other jurisdictions are charging for similar classes.

Staff recommends that the Parks and Recreation Commission approve the attached fee schedule and recommend that it be brought to the City Council. This fee schedule will be incorporated into a proposed resolution for the City Council’s review and the proposed resolution will also establish the following guidelines for the City of Laguna Hills fees for recreation activity and recreation revenue.

1. Contract instructors set their own recreation class/activity rates based on the recreation market in which they compete. (Rates for recreation activity will be established within contract instructor agreements.)
2. Classes and activities offered and led by City Staff will be established as set forth in the attached “City of Laguna Hills Recreation Activity Fee Schedule” (see exhibit 1).
3. The revenue generated for recreation class and activity participation will be split

Recreation Class Fees

February 6, 2019

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between the contract instructor and City at 65% and 35% respectively.

4. The non-resident fee for recreation activities (both contractor instructor and City staff led) will be \$5 and in addition to the registration fee for the activity. This fee will be reduced to \$2 for a class or activity that only occurs once and will be in addition to the registration fee for the class or activity.

Four quarters (Spring 2018, Summer 2018, Fall 2018, and Winter 2018/2019) of the City of Laguna Hills' recreation activity guides are attached to this report for the Parks and Recreation Commission's reference as Exhibit 2.

ATTACHMENTS:

- Exhibit 1 - Laguna Hills Recreation Activity Fee Schedule
- Exhibit 2 - Laguna Hills Recreation Activity Guides

EXHIBIT 1

City of Laguna Hills Recreation Activity Fee Schedule

For activities offered and led by City staff

(All fees/charges are per recreation activity and per participant unless noted otherwise.)

YOUTH & TEEN PROGRAMS	Charge
After School Sports	\$35
Children's Birthday Party (for party and all participants)	\$260
Children's Birthday Party (for party and all participants) Non-Resident	\$275
Children's Running Program	\$30
Fossil Finders	\$5
Jr. Carpentry	\$35
New Youth & Teen class/activity fee range	\$5 - \$260
Playtime	\$175
Surf Crew	\$50
Summer Day Camp	\$175
Summer Teen Camp	\$190
Youth & Teen Programs Non-Resident fee in addition to registration fee	\$5
Youth & Teen Programs Non-Resident fee in addition to registration fee (offered only once)	\$2
BUILD A FORT	Charge
Build a Fort Camp	\$175
Build a Fort Program Non-Resident fee in addition to registration fee	\$5
Junior Build a Fort Camp	\$85
ADULT PROGRAMS	Charge
Adult Programs Non-Resident fee in addition to registration fee	\$5
Adult Programs Non-Resident fee in addition to registration fee (offered only once)	\$2
Day Hikes	\$10 - \$40
Drop-in Pickleball (annual pass)	\$30
Drop-in Pickleball (1 day pass)	\$2
Drop-in Table Tennis (annual pass)	\$30
Drop-in Table Tennis (1 day guest pass)	\$2
Excursion to parks or cultural centers (i.e. Richard Nixon Library, Getty Center, etc.)	\$20 - \$75
Hiking Club/Hiking 101	\$30 - \$40
New Adult class/activity fee range	\$10 - \$75
ADULT SPORTS LEAGUES	Charge
Adult Basketball League per team season fee	\$325
Adult Softball League per team season fee	\$350
Adult Volleyball League per team season fee	\$225
New Adult Sports league fee range	\$225 - \$350
Per game official/umpire fee	\$12 - \$30
OPEN GYM	Charge
Adult Open Gym Basketball (annual pass) resident	\$30
Adult Open Gym Basketball (annual pass) non-resident	\$35
Children and Teen Open Gym Basketball	\$0
CIRCLE OF FRIENDS PROGRAMS	Charge
Circle of Friends Bingo Night	\$5
Circle of Friends Bowling Night	\$10
Circle of Friends Craft and BBQ	\$5
Circle of Friends Dances	\$10
Circle of Friends Game Night	\$5

For activities offered and led by City staff

Circle of Friends Karaoke Night	\$5
Circle of Friends Pizza & Movie Night	\$5
New Circle of Friends class/activity fee range	\$5 - \$10
COMMUNITY/SPECIAL EVENTS	Charge
A Ghostly Affair (no non-resident fee)	\$0 - \$5
Breakfast with Santa	\$0 - \$10
Breakfast with Santa non-resident	\$12
Daddy Daughter Dinner Dance (adult)	\$15
Daddy Daughter Dinner Dance (adult) non-resident	\$17
Daddy Daughter Dinner Dance (child)	\$10
Daddy Daughter Dinner Dance (child) non-resident	\$12
Haunted Hills (no non-resident fee)	\$10
4th of July carnival rides	\$2
4th of July Resident Non-Profit Food Vendor Booth Rental	\$100
New community/special event fee range	\$0 - \$25
MEMORIAL DAY RACE EVENT	Charge
Beer Garden Ticket	\$10
Booth Rental for Race Expo (resident non-profit)	\$150
Booth Rental for Race Expo	\$350
Half Marathon Race	\$80 - \$110
Kids Diaper Dash	\$15
Kids Half Mile Race	\$13 - \$21
Virtual goodie bag advertising	\$200
5K Race	\$27 - \$40
10K Race	\$32 - \$45
MISC. REGISTRATION FEES	Charge
Class/activity Cancellation Service Charge	\$5
Returned checks	\$35

EXHIBIT 2

City of Laguna Hills Recreation Activity Guides

Spring 2018

Summer 2018

Fall 2018

Winter 2018/2019

COMMUNITY SERVICES

ACTIVITYGUIDE

CITY OF LAGUNA HILLS



LH
TECHNOLOGY
LIBRARY



VOLUNTEER
CONNECTION
DAY



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25555 ALICIA PARKWAY LAGUNA HILLS CA 92653

City of Laguna Hills REGISTRATION INFORMATION

Register...

On-Line

www.lagunahillscsca.gov

Walk-In

Laguna Hills Community Center
at 25555 Alicia Parkway

Phone-In

Call (949) 707-2680, for credit card users only

Mail-In

Make check payable to
City of Laguna Hills,
and mail it to:
City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653

Spring Registration begins Tuesday, February 13, 2018

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class canceled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

LAGUNA HILLS TECHNOLOGY LIBRARY



25555 Alicia Parkway
Laguna Hills, CA 92653
949.707.2699
ocpl.ltk@occr.ocgov.com

Monday-Thursday:
10am – 7pm
Friday-Closed
Saturday: 9am-5pm
Sunday: Closed

The library offers computer tutoring on a one-to-one setting to learn skills from basic computer, email, internet, and Microsoft Word. Call or stop by to schedule a free session at your convenience! The library has many programs for all ages. The library's online calendar is available at: <http://ocpl.org/libloc/lht/calendar>



As you browse the Spring Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.



COMMUNITY SERVICES

ACTIVITY GUIDE

CITY OF LAGUNA HILLS



CLASS ACTIVITY LOCATIONS

- | | |
|-------------------------|---------------------------|
| 1 City Hall | 10 Knotty Pine Park |
| 2 Clarington Park | 11 El Conejo Park |
| 3 Beckenham Park | 12 Valencia Elementary |
| 4 Costeau Park | 13 Mandeville Park |
| 5 Stockport Park | 14 Cabot Park |
| 6 Lomarena Elementary | 15 Veeh Ranch Park |
| 7 LHCC & Sports Complex | 16 San Remo Park |
| 8 Mendocino Park | 17 Santa Vittoria Park |
| 9 Mackenzie Park | 18 San Joaquin Elementary |

> CONTENT

Issue Features

-  SPECIAL EVENTS
-  EARLY CHILDHOOD CULTURAL ARTS
-  EARLY CHILDHOOD PERSONAL DEVELOPMENT
-  CULTURAL ARTS
-  DANCE
-  PERSONAL DEVELOPMENT
-  SPORTS AND FITNESS
-  CIRCLE OF FRIENDS
-  SPORT LEAGUES
-  EXCURSIONS
-  EMERITUS

Events Calendar

- | | |
|--|---|
| FEB 13
Spring Registration Begins | APR 13
Circle of Friends: Karaoke Night |
| FEB 16
Circle of Friends: Valentine's Dance | APR 14
Excursion to Joshua Tree National Park |
| FEB 19
Laguna Hills Community Center & Sports Complex Closed | APR 21
Volunteer Connection Day |
| MAR 2
Circle of friends: Bowling Night | MAY 8
Build A Fort Registration (Laguna Hills Residents Only) |
| MAR 17
Excursion to the Richard Nixon Library & Museum | MAY 11
Circle of Friends: Bingo Night |
| APR 1
Laguna Hills Community Center & Sports Complex Closed | MAY 15
Summer Registration Begins |
| | MAY 28
Memorial Day Half Marathon, 5K & 10K |



SAVE THE DATE BUILD A FORT REGISTRATION-

Due to the popularity of the Build A Fort and Junior Build A Fort Camps, registration for Laguna Hills residents will be collected in person Tuesday, May 8, 2018 – Friday, May 11, 2018 between the hours of 8:00 AM and 5:00 PM at the Laguna Hills Community Center. Please bring a recent utility bill as proof of residency and a copy of your child(ren)'s birth certificate(s) with you. Children may be enrolled by their parent or guardian only. Space is limited and is on a first come, first served basis. Registration for non-residents will begin on Tuesday, May 15, 2018.

REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

SPECIAL EVENTS

VOLUNTEER CONNECTION DAY

In honor of Earth Day and Arbor Day we invite volunteers of all ages to help with several environmental projects including trail cleanups, tree planting and park beautification. This annual event is the perfect opportunity for residents and members of the community to positively impact our community. All volunteers will be invited to a thank you lunch at the conclusion of the event.

Participants ages 12 & under must be accompanied by an adult/guardian.

DATES

4/21

Fee: Free

Ages: All Ages

Location: Meet in front of Laguna Hills Community Center and Sports Complex

TIME

9:00 AM-12:00 PM

DAY

Sa

MEMORIAL DAY HALF MARATHON 2018

On your mark, get set, go! Preparation has already begun for the 20th annual Laguna Hills Memorial Day Half Marathon 5K, and 10K, Honoring the United States Marine Corps Dark Horse Battalion. The race crosses through the cities of Laguna Hills, Aliso Viejo, Laguna Woods, and Laguna Niguel. Runners of all skill levels are welcome to participate in the event of their choice, the Half Marathon (13.1 miles), 10K run/walk (6.2 miles), 5K run/walk (3.1 miles) or Kid's Run (1/2 mile). For standard online registration please visit www.lagunahillshalfmarathon.com. The City of Laguna Hills intends to donate \$3 per participant to the 3/5 Marine support committee. In addition to the running events, the City of Laguna Hills will once again hold a one-day community expo featuring live music and more than 50 vendors and exhibitors from 7:30-11:30 AM. The City of Laguna Hills needs more than 400 volunteers to make this great event take place. Volunteers will receive a free t-shirt, a meal and community service hours. Those interested in volunteering should call (949) 975-8506. Visit www.lagunahillshalfmarathon.com for race times, fees, course descriptions, information regarding sponsorships, entertainment, parking, directions and much more!

DATES

5/28

TIME

7:00 AM-12:00 PM

DAY

M

EARLY CHILDHOOD- CULTURAL ARTS

MUSIC TOGETHER

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit www.svmusictogether.net. Babies under 8 months may attend for free with registered sibling. A \$42 material fee is due to the instructor at the first class meeting.

DATES

Free Trial:

3/28

10 week session:

4/4-6/6

TIME

9:15-10:00 AM

9:15-10:00 AM

DAY

W

W

CLASS

5900

5901



4/4-6/6

10:15-11:00 AM

W

5902

Fee: Resident \$158, Non-Resident \$163

Ages: 4 & under

Location: LHCC

Instructor: Elena Salisbury

TUNES AND TALES

Let's get the wiggles out! Tunes & Tales is a Music and Movement class for children ages 1 1/2 to 4 years. Sing-a-longs and finger-play songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2 1/2-4 year class). The children have a great time while developing their listening and social skills. Parent/Adult supervision is required. Sibling discount: 25% for siblings registered in the same class. *No class 6/5 and 6/12.

DATES

Ages 1 1/2 - 2 1/2:

4/10-5/8

9:30-10:10 AM

Tu

5

\$50/\$55

5923

5/22-6/26

9:30-10:10 AM

Tu

4

\$45/\$50

5925

Ages 2 1/2 - 4:

4/10-5/8

10:15-11:10 AM

Tu

5

\$55/\$60

5924

5/22-6/26

10:15-11:10 AM

Tu

4

\$50/\$55

5926

Location: LHCC

Instructor: Vivian Stapleton

MUSICAL THEATRE:

GOLDILOCKS AND THE THREE BEARS

Have fun being in a darling production of the classic tale "Goldilocks and the Three Bears". The children will have fun being directed by our energetic Tom Thumb Staff. They will love being taught improvisational skills, creating a story on stage and other music, movement and drama exercises. Children pretend all the time-having their imaginations come to life with sets, costumes, and music is a magical thing for them. Musical Theatre helps children in so many ways- memorization skills, expressing themselves, working on a team, self-confidence and many more. Most of all, it is FUN! Your child will be proud to display what they've learned in a performance of "Goldilocks and the Three Bears" for family and friends. All actors will receive a Tom Thumb Players t-shirt and rehearsal CD. **The final performance will be held May 17th at 6:30 PM. *No Class 4/5.**

DATES

3/29, 4/12, 4/19

4/26, 5/1, 5/3,

5/10, 5/17

Fee: Resident \$134, Non-Resident \$139

Ages: 3-6

Location: LHCC

Instructor: Creative Kids Playhouse, Tom Thumb Players

TIME

3:15-4:00 PM

DAY

Th

CLASS

5892

Sessions: 8

EARLY CHILDHOOD- PERSONAL DEVELOPMENT

PLAYTIME!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is



designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child in this class will receive a 25% discount for additional children enrolled.

DATES	TIME	DAY	CLASS
4/10-6/14	11:30 AM-2:00 PM	Tu Th	5987
Fee: Resident \$175, Non-Resident \$180			
Ages: 3-5			
Location: LHCC			
Instructor: Community Services Staff			

KINDERGARTEN, HERE I COME!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science and art. Please bring a snack each day as there will be a daily snack and recess time. Children must have turned 4 years old by September 1, 2017 to register. Parents will only need to register to volunteer in the classroom for four lessons. A \$20 material fee is due to the instructor at the first class meeting. Class curriculum will progress throughout the school year and closely corresponds with the Saddleback School District Calendar.
*NO CLASS 5/28.

DATES	TIME	DAY	CLASS
4/9-6/11	9:30 AM-12:30 PM	M W F	5760
Fee: Resident \$500, Non-Resident \$505			
Ages: 4-5			
Location: LHCC			
Instructor: Jennifer Migliaccio			

CULTURAL ARTS

GLOBAL HARMONY SYMPHONY

The Global Harmony Symphony, comprised of volunteer musicians from our greater community, is using music to help realize the full potential of our citizens, enriching the lives of individuals of all ages, and contributing to the welfare of our community. The following is a listing of Global Harmony Symphony "Symphonic Concerts", and Global Harmony Symphony "Moment Musicale" events sponsored by Global Harmony Symphony, that are scheduled for 2018. If you are interested in participating in the symphony as a musician please contact Maestra Valerie at: maestra@globalharmonysymphony; or visit the Global Harmony Symphony website: www.globalharmonysymphony.com. The Global Harmony Symphony welcomes musicians from all levels of experience and proficiency.

NEW MOMENT MUSICALE CHAMBER SERIES

A mid-day live Chamber Music experience. Free admission for residents and members of the community to 'unplug' and take a break from the hustle and bustle of daily life and decompress to the relaxing, therapeutic, and rejuvenating strains of music from the great masters. Be sure to bring your lunch.

SCHEDULE:

11:30 AM-	Doors open for seating and lunch
12:00-12:30 PM-	Concert
12:30-1:00 PM-	Meet the Artists Reception

DATES

TIME

2nd Tuesday of each month

2/13, 4/10, 5/8, 9/11

11:30 AM - 1:00 PM

10/9, 11/13, 12/11

Fee: Free

Ages: All Ages (Quiet seating throughout performance)

Location: LHCC

Instructor: Global Harmony Symphony



SYMPHONIC CONCERT SERIES

An evening concert series featuring a full symphony orchestra and solo artist(s). Spring and Winter concerts will program music from the classical repertoire. Summer concert will include lighter fare of more contemporary works from film and recordings, along with light classics made popular from contemporary adaptations.

DATES

DAY

TIME

Spring Concert 5/14

M

7:30 PM

Summer Concert 7/9

M

7:30 PM

Winter Concert 12/3

M

7:30 PM

Fee: Free

Ages: All Ages (Quiet seating throughout performance)

Location: LHCC

Instructor: Global Harmony Symphony

YOU CAN'T TAKE IT WITH YOU

Laugh heartily and sigh deeply at one of the funniest comedies of the ages. You Can't Take It With You, by Moss Hart and George S. Kaufman, remains as insightful and delightful as when it opened in 1936. Tony, the attractive young son of the unhappily affluent Kirbys, falls in love with Alice and brings his parents to dine at her joyous quirky family home. In a house where you do as you like, no questions asked-the Kirbys encounter the open circle of family and friends- novel novelist, devoted dancer, ballet master, ex-Grand Duchess waitress, amateur printer, tax evaders, society shirkers and free thinkers. The evening explodes into hysterical, and all too real, fireworks. You Can't Take It With Yopu is produced by Laguna Niguel Community Theatre (www.lagunanigueltheatre.org). Seat reservations may be made by contacting LNCT at Tel. (949) 415-6281, or by email to info@lagunanigueltheatre.org.

Tickets are available for purchase online at www.lagunahillsca.gov (class registration), or purchasing them (cash only) at the door on show days. Personal checks and credit cards will not be accepted for tickets purchased at the door. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
3/9	7:00-9:00 PM	F	5947
3/10	2:00-4:00 PM	Sa	5948
3/10	7:00-9:00 PM	Sa	5949
3/11	2:00-4:00 PM	Su	5950
3/15	7:00-9:00 PM	Th	5951
3/16	7:00-9:00 PM	F	5952

Fee: \$20, per person

Ages: All Ages

Location: LHCC

Instructor: Laguna Niguel Community Theatre

BEGINNING UKULELE

Just one strum of the ukulele brings on a smile. Enjoy learning how to play the world's easiest string instrument in a supportive small group setting. This class will provide all the fundamentals to be able to play songs on your own. Learn simple chords, easy melodies, strum styles, finger picking, and a wide assortment of great songs. Ron Gorman has been teaching music classes for the City of Laguna Hills for 12 years. Bring your own Ukulele to class and let's have fun!

DATES	TIME	DAY	CLASS
3/26-4/23	4:00-5:00 PM	M	5903
Fee: Resident \$99, Non-Resident \$104 Ages: 10 & older Location: LHCC Instructor: Ron Gorman			
Sessions: 5			

BEGINNING GUITAR

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarists in a supportive small group environment. The aim of this class is to transform the novice into a self-reliant musician. Learn to play chords, fun melodies, strum styles, and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Hills for the past 12 years. Have a blast and bring your own guitar to class.

DATES	TIME	DAY	CLASS
3/26-4/23	5:00-6:00 PM	M	5904
Fee: Resident \$99, Non-Resident \$104 Ages: 10 & older Location: LHCC Instructor: Ron Gorman			
Sessions: 5			

CERAMICS CREATIONS

Have a blast learning how to turn clay into wonderful creatures and other fun projects. We will hand build the pieces as we learn techniques such as coiling, scoring, slab construction and decorate them with under glazes. Different projects each week. All pieces will be fired and glazed. Aprons provided for use in class. A \$20 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
5/11-6/8	4:15-5:30 PM	F	5899
Fee: Resident \$79, Non-Resident \$84 Ages: 6-12 Location: LHCC Instructor: Lucia Henry			
Sessions: 5			

DANCE



BEGINNING BALLROOM DANCE

Ballroom dance basics for the absolute beginner, or the social dancer who wants to polish up their fundamental techniques, which will enhance their ballroom dance experience. Dances include the Waltz, Foxtrot, Cha Cha, Rumba, & Swing. For more information, please visit www.usadance-oc.org

DATES	TIME	DAY	CLASS
3/5-3/26	11:00 AM-12:00 PM	M	5979
3/3-3/24	6:00-7:00 PM	Sa	5980
4/9-4/30	11:00 AM-12:00 PM	M	5981
4/7-4/28	6:00-7:00 PM	Sa	5982
Fee: Resident \$40, Non-Resident \$45 Ages: 10 & older Location: LHCC Instructor: USA Dance			
Sessions: 4			



BELLY DANCING

From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years experience in this dance form. For more information, please visit www.enheduanna.com.

DATES	TIME	DAY	CLASS
3/4-3/25	12:15-1:30 PM	Su	5887



4/8-4/29	12:15-1:30 PM	Su	5888
5/6-5/27	12:15-1:30 PM	Su	5889
Fee: Resident \$52, Non-Resident \$57 Level II: 3/4-5/27 1:45-3:00 PM Su 5890 Fee: Resident \$144, Non-Resident \$149 Sessions: 12			
Level III: 3/4-5/27 3:15-4:30 PM Su 5891 Fee: Resident \$144, Non-Resident \$149 Ages: 10 & older Location: LHCC Instructor: Tina Elkins Sessions: 12			



CLOG DANCE

Clogging is a type of folk dance in which the dancer's shoes percussively hits the floor by striking the heel and/or toe creating rhythms usually to the downbeat of many different genres of music.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/7-3/28	8:00-10:00 PM	W	4	\$24/\$29	5983
4/4-4/25	8:00-10:00 PM	W	4	\$24/\$29	5984
5/2-5/30	8:00-10:00 PM	W	5	\$30/\$35	5985
Ages: 6 & older Location: LHCC Instructor: John Habash					



WEST COAST MOVEMENT PROJECT

West Coast Movement Project has proudly provided dance education through the City of Laguna Hills since 2006. Our dance studio offers a diverse, enriching program offering multiple genres for students ages 2 and up. We believe that an education in the arts raises self-esteem and empowers children to succeed. Visit our website for videos and more information at wcmovementproject.com.

What classes can my new student join in quarter 4?

Preschool dance & Budding Ballerinas are open to new students in Q4 only if space allows. Priority registration is for returning students involved in our June recital. All other classes are closed to new enrollment until the summer. Please contact us with questions at mia.alicea@gmail.com. Because of costume timelines, we are unable to add new students to the recital who join in Quarter 4.

Tuition and class selection for new students

-New students must contact WCMP directly to check class space availability and receive an approval code before registering with the City. Priority registration goes to continuing students who have been enrolled since Quarter 1 and are in our year end recital. You can email mia.alicea@gmail.com to check availability and receive an approval code. -After new students receive an approval and class placement, they should register and pay the City of Laguna Hills by the quantity of classes/week chosen for the current quarter. Registration is not considered complete until student names are present on the city's rosters. Separate registrations are required for each family member. Additional family members enjoy discounted rates. See charts below for rates.



Important: Placement in the class must be cleared by WCMP prior to registering through the City. Registering through the City only tells us the quantity of classes chosen but does not tell us which class your child is taking.

DO YOU HAVE A PRESCHOOLER WHO WOULD LIKE TO START IN MARCH?

We have special registration codes for that! Contact WCMP to find out how.

Quarter 3

February 5th-April 14th No class 2/16-2/19, 4/1-4/8

First Family Member

Tuition for Quarter 3

February 5th - April 14th

Classes per week	FEE	Class Code:
	Res/Non-Res	
One	\$150/\$155	5791
Two	\$285/\$290	5792
Three	\$375/\$380	5793
Four	\$445/\$450	5794
Five	\$510/\$515	5795
Six	\$575/\$580	5796
Seven	\$630/\$635	5797
Eight	\$670/\$675	5798

Each Additional Family Member

Classes per week	FEE	Class Code:
	Res/Non-Res	
One	\$128/\$133	#5802
Two	\$242/\$247	#5803
Three	\$319/\$324	#5804
Four	\$378/\$383	#5805
Five	\$434/\$439	#5806

Quarter 4

April 16th - June 25th No class 5/28

First Family Member

Tuition for Quarter 4

Classes per week	FEE	Class Code:
	Res/Non-Res	
One	\$150/\$155	#5906
Two	\$285/\$290	#5907
Three	\$375/\$380	#5912
Four	\$445/\$450	#5913
Five	\$510/\$515	#5914
Six	\$575/\$580	#5915
Seven	\$630/\$635	#5916
Eight	\$670/\$675	#5917

Each Additional Family Member

Classes per week	FEE	Class Code:
	Res/Non-Res	
One	\$128/\$133	#5918
Two	\$242/\$247	#5919
Three	\$319/\$324	#5920
Four	\$378/\$383	#5921
Five	\$434/\$439	#5922

Contact us directly for placement, approval codes and all other inquiries about our program.

Email: mia.alicea@gmail.com (quickest method of contact)

Phone: (949) 495-2119

Website: wcmovementproject.com

FB business page: facebook.com/WestCoastMovementProject

Instagram: Instagram.com/westcoastmovementproject



PRESCHOOL COMBO DANCE CLASSES

*New students must contact WCMP directly to check availability prior to registering with the City.

Our uniquely enhanced tap, ballet, jazz combo builds confidence and self esteem in our young pre-schoolers.

Dancers learn basic steps in tap, ballet and pre-jazz, plus proper dance terminology. Curriculum has been created to support early learning and help enhance your child's feelings of success.

Dress Code: Any color leotard and tights, black tap shoes, pink leather ballet slippers.

AGE	DAY	TIME
3-4	T	9:00-9:45 AM
3-4	F	10:15-11:00



BUDDING BALLERINAS/PRESCHOOL BALLET

*New students must contact WCMP directly to check availability prior to registering with the City.

Combining a perfect blend of technical steps, gentle corrections and play, Budding Ballerinas introduces your young dancer to the magic of classical ballet. Classes include introduction to ballet positions, stretching and basic terminology. Our Budding Ballerinas will explore moving in routines, as they learn to work together as group. We integrate various props such as wands, ribbons, wings and stuffed animals to add enhancement to the learning experience.

Dress Code: Pink leotard, pink tutu, pink tights and pink ballet slippers.

AGE	DAY	TIME
3-4	Th	9:45-10:30 AM
3-4	F	3:30-4:15 PM



TAP & JAZZ COMBO

*New students must contact WCMP directly to check availability prior to registering with the City.

Get an introduction to tap and jazz in this split-design combo class. Dancers will start with 30 minutes of tap working on understanding basic rhythms and vocabulary. The second half of the lesson introduces dancers to jazz where they'll learn to move with basic steps that are characteristic of this classic style. We include plenty of personal attention and emphasize proper technique early on to ensure the success of every child. For six year olds, we recommend Combo I if this is their first year of dance. We recommend Combo II for our returning six year olds.

Combo I:

Dress Code: Solid black leotard, black dance shorts, tan tights, black patent leather tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
5-6	Th	3:30-4:30 PM

Combo II:

Dress Code: Solid black leotard, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
6-7	W	3:15-4:15 PM



BALLET

*New students must contact WCMP directly to check availability prior to registering with the City Ballet teaches grace, elegance, technique and poise as the foundation of all dance forms. Starting as early as five years old with

our Primary Ballet class, dancers will learn the ballet basics and walk away with transferable skills for other dance styles. WCMP utilizes International Dance Acclaim's ballet curriculum. Students from selected classes have the opportunity to take Tier leveled exams or assessments by adjudicator in the Spring.

Dress Code: Solid black leotard, pink tights, pink leather ballet slippers and hair in a bun.

LEVEL	AGE	DAY	TIME
Primary Ballet	5-6	M	3:15-4:00 PM
Tier A	7-9	M	4:00-4:45 PM
Tier B/C*	7-10	M	4:45-5:45 PM
Tier C/D/E Pointe*		M	5:45-6:45 PM
Tier C/D/E Pointe*		F	6:15-7:15 PM

*PREREQUISITE REQUIRED- Instructor Approval



JAZZ

*New students must contact WCMP directly to check availability prior to registering with the City.

This dance style is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic combinations, while developing and showcasing their individual style.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

LEVEL	DAY	TIME
I	T	3:30-4:15 PM
II++*	T	5:45-6:45 PM
III++*	W	5:00-6:00 PM
IV*	W	6:40-7:40 PM

*PREREQUISITE REQUIRED- Instructor Approval



TAP

*New students must contact WCMP directly to check availability prior to registering with the City.

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition the visual beauty of dance.

Dress Code: Solid black dance tank, black dance shorts, tan tights, black tap oxfords, hair secured away from neck and face.

LEVEL	DAY	TIME
II++*	Tu	5:00-5:45 PM
III++*	W	4:15-5:00 PM

*PREREQUISITE REQUIRED- Instructor Approval

MUSICAL THEATRE DANCE

*New students must contact WCMP directly to check availability prior to registering with the City.

Learn dances from a variety of popular musicals! Participants will work to create mini-production numbers while singing and dancing.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

AGE	DAY	TIME
8 & older	Tu	4:15-5:00 PM



WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillsc



LYRICAL & CONTEMPORARY

*New students must contact WCMP directly to check availability prior to registering with the City,

Class will cover both styles. Our Lyrical dance uses the traditional rules of classical ballet combined with jazz to tell a story and transfer emotion and energy to the audience. While working on Contemporary, students will learn how to express themselves beyond the confines of classical dance technique, creating abstract shapes with their bodies and telling dynamic, energetic stories through dance.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

LEVEL	DAY	TIME
II+*	Th	5:15-6:15 PM
III+*	Th	6:15-7:15 PM

*PREREQUISITE REQUIRED- Instructor Approval



HIP HOP

*New students must contact WCMP directly to check availability prior to registering with the City.

Dancers will learn to move and groove to contemporary hip hop styles gaining confidence and rhythmic awareness. Music is age appropriate.

Dress Code: Joggers or sweatpants, tee shirt and sneakers.

AGE	DAY	TIME
6-10	S	10:30-11:15 AM
11 & older	S	11:15-12:00 PM



M*POWER DANCE TEAM

*New students must contact WCMP directly to check availability prior to registering with the City.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DAY	TIME
W*	6:00-6:40 PM (pre-teen/ teen group)
W*	5:00-5:40 PM (mini team)

*PREREQUISITE REQUIRED- Invitation Only

PERSONAL DEVELOPMENT



HEALTHY EATING & LIFESTYLE, TIPS FOR YOUR NEW YEAR

Join us as a registered dietitian presents healthy nutrition information and tips for lifestyle changes. She'll help you weed-out common misinformation about nutrition and exercise from various sources, so you'll be on the right track for a healthier year!

DATES	TIME	DAY
4/4	12:00-1:00 PM	W
Fee: Free		
Ages: All Ages		
Location: LHCC		
Instructor: Saddleback Medical Center		



BALANCE & FALL PREVENTION

This presentation includes information about the prevalence of falls, self-tests, strategies to decrease the risk of falls, and balance exercises in order to prevent them.

DATES

5/9

Fee: Free
Ages: All Ages
Location: LHCC

Instructor: Saddleback Medical Center

TIME

12:00-1:00 PM

DAY

W



EAT HEALTHY THIS SUMMER!

Discover ways to improve your nutrition this season. From beach days to barbecues, we'll show you recipes and teach you strategies to stay healthy this summer.

DATES

6/6

Fee: Free
Ages: All Ages
Location: LHCC

Instructor: Saddleback Medical Center

TIME

12:00-1:00 PM

DAY

W



MEG'S COMMUNITY KITCHEN WORKSHOPS MCKW #12 "APRIL SHOWERS"

In Meg's Community Kitchen Workshops, April will be all about the "showers" - baby and bridal of course! Come join me in the LHCC classroom as I share my best TT&R's (Tips, Tools, and Recommendations) for the perfect DIY, Pinterest-worthy food and décor elements for your next bridal or baby shower. Space is limited so please register right away, as registration for MCKW #12 will close 4/7/18. A \$5 registration discount will be extended to "Early Birds" who register by 3/15/18. Spring will be here before you know it and so will April Showers!

The Menu for MCKW #12: "April Showers"

Coconut Baby Bottle Punch
Creative Carved Fruit Basket
Baked Slider Sandwiches
Baby Bundle Kolaches
Italian Cream Wedding Cake

DATES

4/14

Fee: Resident \$30, Non-Resident \$32
Ages: 14 & older
Location: LHCC
Instructor: Meg Gorham

TIME

1:00-3:00 PM

DAY

Sa

CLASS

5897



MCKW #13 "INSPECT- YOUR GADGETS"

Have you ever cleaned out your kitchen drawer to discover odds and ends, gadgets and gizmos that you haven't a clue what they are, much less how to use them? Are the terms mandolin or spiralizer foreign to you? Do you even need to know the difference between a microplane, a zester, and a spice grater? How do you use Cushy Cupboards or a Magic Baking Sheet? MCKW #13 will be a ton of fun focusing on the tools as much as the food. The "Inspect-Your Gadgets" menu will be a variety of appetizers and small plate samples using a variety of my favorite "Tips, Tools, and Rec's" for kitchen gadgets that are worthy of space in MY kitchen drawer! Who

knows what kind of unintended uses you will find for stuff you already have! A \$5 registration discount will be extended to "Early Birds" who register by 4/21/18 so get to the super-sleuthing and inspect YOUR gadgets today!

The Menu MCKW #13: "Inspect-Your Gadgets"

Spinach Artichoke Turnovers
Cheesecake-Filled Strawberries
Spiralizer Veggie "Pasta"
Stacked Salads & More

DATES

5/21

Fee: Resident \$30, Non-Resident \$32
Ages: 14 & older
Location: LHCC
Instructor: Meg Gorham

TIME

6:00-8:00 PM

DAY

M

CLASS

5898

SPORTS AND FITNESS



CHILDREN'S RUNNING PROGRAM

Calling all future marathon runners! The City of Laguna Hills Community Services Staff is here to help you train for a fun 5K run this Memorial Day. As part of the City's Get Fit Campaign, this program has been designed for children of all fitness levels to work towards the goal of competing in the City of Laguna Hills Memorial Day Half Marathon and 5K. Come out two days a week for six weeks to train, prepare and participate in the 5K run this Memorial Day. This program will teach you proper stretching exercises, build endurance and conclude with the 5K run on Monday, May 28th. All participants will receive a t-shirt and entrance into the 5K run. Families enrolling more than 1 child in this class will receive a 25 % discount for additional children enrolled.

DATES

4/17-5/24

Fee: Resident \$30, Non-Resident \$35
Ages: 8-13
Location: LHCC
Instructor: Community Services Staff

TIME

4:30-5:30 PM

DAY

TuTh

CLASS

5327

Sessions: 12



CHILDREN & TEEN OPEN GYM BASKETBALL

Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES

Ongoing

Fee: Free
Ages: 17 & under
Location: LHCC

TIME

2:00-4:00 PM
12:00-2:00 PM

DAY

Mon-Fri
Sun

COMMUNITY CENTER FOSSIL TOUR

Join us for a free 40 minute guided tour of the City's fossil collection, which is a showcase for regional fossil discoveries and is an educational treasure. This free tour introduces you to the ancient life that occupied Laguna Hills during the last 17 million years of the Earth's history. Participants meet at the Laguna Hills Community Center. Tours are by reservation only, please call (949) 707-2692 to join us. DATES: 3/3, 4/7, & 5/5 from 11:00-11:40 AM.



ADULT OPEN GYM BASKETBALL

Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES

Ongoing

TIME

6:30-9:00 PM
2:00-6:00 PM

DAY

F
Sun

Fee: Resident \$30, Non-Resident \$40

Ages: 18 & older

Location: LHCC



ADULT TABLE TENNIS ANNUAL PASS

Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Don't want to pay for the annual pass? No problem, you may pay a day use fee of \$2 per day to play instead, but must

have exact change at time of purchasing a day-use pass. Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

DATES

Annual Pass

TIME

12:00-2:00 PM
1:00-5:00 PM

DAY

TuTh
Sat

Fee: Resident \$30, Non-Resident \$35

1-Day Guest Pass

12:00-2:00 PM
1:00-5:00 PM

TuTh
Sat

Fee: \$2

Ages: 8 & older

Location: LHCC



PICKLEBALL

Pickleball is a racquet sport that incorporates elements of badminton and tennis for two to four players, who use hand-held paddles to hit a perforated plastic ball over the net. It's an easy-to-learn game that is played on a court similar to a

tennis court, but half the size. Pickleball is fun for family and friends of all ages and level of activity, and can start slow for beginners or pick up the pace for advanced players. These low impact workouts promote adult and kids health. This drop-in sport is being offered on a trial basis at the Laguna Hills Community Center's Roller Hockey Rink. Participants must register at the Community Center's front desk prior to play. Days and hours are subject to change.

DATES

Ongoing

TIME

6:00-9:00 PM
9:00 AM-12:00 PM

DAY

MTh
TuW

Fee: Free

Ages: All Ages

Location: LHCC



AFTER SCHOOL SPORTS

Intramural Sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to

intramural tournaments. Session I: Coed Soccer; Session II: Track & Field. All City Track Meet will be held Saturday June 9 from 8am-12pm. NOTE: Class will not meet on school holidays and furlough days. On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.

DATES

TIME

DAY

SCHOOL

SPORT

CLASS

SESSION I:

3/12-4/18 2:45-4:00 PM MW Lomarena Coed Soccer #5989

3/13-4/19 2:15-3:30 PM TuTh San Joaquin Coed Soccer #5990

3/13-4/19 2:45-4:00 PM TuTh Valencia Coed Soccer #5991



SESSION II:

5/7-6/6 2:45-4:00 PM

5/8-6/7 2:15-3:30 PM

5/8-6/7 2:45-4:00 PM

Fee: \$35

Grades: K-6

Instructor: Community Services Staff

MW Lomarena Track & Field #5992

TuTh San Joaquin Track & Field #5993

TuTh Valencia Track & Field #5994

Sessions: 10



WALK LAGUNA HILLS- LEVEL 1

Are you ready to start walking and don't know where to begin? We'll lead the way. Walking is one of the easiest, most enjoyable, and most profitable forms of exercise. All you need is a good pair of walking shoes, comfortable clothing,

and desire. This eight-week program is for the beginner walker who wants to improve overall health and increase energy. Walks start at 15 minutes and gradually work up to 30 minutes. Health experts have found that about 30- minutes a day of regular moderate exercise is effective for improving health and reducing the risk of many diseases. You should consult your personal care physician before starting this or any other fitness program. Class meets at the Laguna Hills Community Center. Call (949) 707-2680 for more information.

DATES

3/14-5/2

Fee: Free

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff

TIME

8:00-9:00 AM

DAY

W

CLASS

5953

Sessions: 8



WALK LAGUNA HILLS- LEVEL 2

Join Community Services Staff for this four-week walking program. Level 2 is for the intermediate level walker and continues skills learned from Level 1. Each walk is approximately 1-2 miles in distance. Walking is one of the

easiest, most enjoyable and most profitable forms of exercise. All you need is a good pair of shoes, comfortable clothing and desire. Health experts have found that about 30 minutes a day of regular moderate exercise is effective for improving health and reducing the risk of many diseases. You should consult your personal physician before starting this or any other fitness program. Class meets at the Laguna Hills Community Center. Call (949) 707-2680 for more information.

DATES

3/15-4/5

Fee: Free

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff

TIME

8:00-9:00 AM

DAY

Th

CLASS

5954

Sessions: 4



HIKING CLUB

The Hiking Club is a series of hikes that explore various wilderness areas in the Orange County area. The hikes are held at intermediate level hiking pace and encounter a more challenging variety of terrain, including hills with distances

of 3-6 miles. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Community Services Staff provide transportation from the Laguna Hills Community Center to each of the trailheads. Call (949) 707-2680 for more information. Sign up soon as space is limited. SCHEDULE: 3/10: Aliso & Wood Canyon Wilderness Park- West Ridge Trail; 3/24: Laguna



Coast Wilderness Park- Big Bend Trail; 4/7: Jim Dilly Preserve- Woods End Loop; 4/28: Whiting Ranch Wilderness Park- Vista Lookout Trail.

DATES	TIME	DAY	CLASS
3/10, 3/24, 4/7, 4/28	8:00 AM-12:00 PM	Sa	5959

Fee: Resident \$35, Non-Resident \$40

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff

Sessions: 4



DAY HIKE AT PALOMAR MOUNTAIN

Join Community Services Staff for a hiking adventure on the Observatory Trail on Palomar Mountain in the Cleveland National Forest. During the hike, you will enjoy this 700 foot elevation gain, 5.1 mile round-trip mountainside hike shaded by a mixed forest of Jeffrey Pines, ponderosa pines, black oaks, live oaks, chaparral and a chance to visit the Palomar Observatory which is home to the 200 inch Hale telescope. Sturdy walking shoes or hiking boots are recommended. Be prepared for sunshine and bring a sack lunch, snacks & water to drink. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trailhead. Call (949) 707-2680 for more information. Space is limited, sign up today! No refunds or exchanges for this 1-day event.

DATES	TIME	DAY	CLASS
5/5	8:00 AM-5:00 PM	Sa	5958

Fee: Resident \$10, Non-Resident \$15

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff



AIKIDO

Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing.

DATES	TIME	DAY	CLASS
Beginning (Ages 6-18):			
3/1-3/31	5:00-6:00 PM	TuTh	5969
	9:30-10:30 AM	Sat	
4/3-4/28	5:00-6:00 PM	TuTh	5970
	9:30-10:30 AM	Sat	
5/1-5/31	5:00-6:00 PM	TuTh	5971
	9:30-10:30 AM	Sat	

Fee: Resident \$75, Non-Resident \$80

Intermediate (Ages 6-18):

3/1-3/31	6:00-7:00 PM	TuTh	5972
	9:30-10:30 AM	Sat	
4/3-4/28	6:00-7:00 PM	TuTh	5973
	9:30-10:30 AM	Sat	
5/1-5/31	6:00-7:00 PM	TuTh	5974
	9:30-10:30 AM	Sat	

Fee: Resident \$75, Non-Resident \$80

All Levels (Ages 19 & older):

3/1-3/31	7:00-9:00 PM	TuTh	5975
	8:30-9:30 AM	Sat	
4/3-4/28	7:00-9:00 PM	TuTh	5976
	8:30-9:30 AM	Sat	
5/1-5/31	7:00-9:00 PM	TuTh	5977
	8:30-9:30 AM	Sat	

Fee: Resident \$115, Non-Resident \$120

Location: LHCC

Instructor: Dale Eisenberg



FUTURE STARS TENNIS

For kids just starting to play. Class focuses on the basics like ground strokes, some serving and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information, please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
3/5-3/26	3:00-3:45 PM	M	5855
4/2-4/23	3:00-3:45 PM	M	5856
4/30-5/21	3:00-3:45 PM	M	5857

Fee: Resident \$56, Non-Resident \$61

Sessions: 4

6/4-6/11	3:00-3:45 PM	M	5858
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Fee: Resident \$28, Non-Resident \$33

Sessions: 2

Ages: 4-5

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



RISING STARS TENNIS

Also for new kids to tennis. This class focuses on teaching the fundamentals of ground strokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
3/5-3/26	3:45-4:45 PM	M	5859
4/2-4/23	3:45-4:45 PM	M	5860
4/30-5/21	3:45-4:45 PM	M	5861

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

6/4-6/11	3:45-4:45 PM	M	5862
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Fee: Resident \$36, Non-Resident \$41

Sessions: 2

Ages: 6-7

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



TENNIS STARS

For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information, please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
3/6-3/27	3:00-4:00 PM	Tu	5863
4/3-4/24	3:00-4:00 PM	Tu	5864
5/1-5/22	3:00-4:00 PM	Tu	5865

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

5/29-6/12	3:00-4:00 PM	Tu	5866
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Fee: Resident \$54, Non-Resident \$59

Sessions: 3

Ages: 8-10

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ALL STAR TENNIS

For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball. For more information please visit

www.WRTennis.com.

DATES	TIME	DAY	CLASS
3/8-3/29	3:00-4:00 PM	Th	5867
4/5-4/26	3:00-4:00 PM	Th	5868
5/3-5/24	3:00-4:00 PM	Th	5869

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

5/31-6/14	3:00-4:00 PM	Th	5870
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Fee: Resident \$54, Non-Resident \$59

Sessions: 3

Ages: 8-11

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



TIER 1 TENNIS

Perfect for kids that are ready for full court play with a full compression ball. For more information please visit WRTennis.com.

DATES	TIME	DAY	CLASS
3/8-3/29	4:00-5:30 PM	Th	5871
4/5-4/26	4:00-5:30 PM	Th	5872
5/3-5/24	4:00-5:30 PM	Th	5873

Fee: Resident \$108, Non-Resident \$113

Sessions: 4

5/31-6/14	4:00-5:30 PM	Th	5874
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Fee: Resident \$81, Non-Resident \$86

Sessions: 3

Ages: 11-17

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- LEARN TO RALLY (BEGINNER TENNIS)

If you have never played before, now it the time. In this class you will learn the basics of tennis and better yet you will be rallying in just the first class. For more information please visit WRTennis.com.

DATES	TIME	DAY	CLASS
3/5-3/26	7:30-8:30 PM	M	5875
4/2-4/23	7:30-8:30 PM	M	5876
4/30-5/21	7:30-8:30 PM	M	5877

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

6/4-6/11	7:30-8:30 PM	M	5878
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Fee: Resident \$36, Non-Resident \$41

Sessions: 2

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- ADVANCED BEGINNER

This class is perfect if you haven't played in a few years or you are just getting the hang of things. Ill help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information please visit WRTennis.com.

DATES	TIME	DAY	CLASS
3/5-3/26	6:00-7:30 PM	M	5879
4/2-4/23	6:00-7:30 PM	M	5880
4/30-5/21	6:00-7:30 PM	M	5881

Fee: Resident \$108, Non-Resident \$113

Sessions: 4

6/4-6/11	6:00-7:30 PM	M	5882
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Fee: Resident \$54, Non-Resident \$59

Sessions: 2

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- INTERMEDIATE

Perfect for more experienced players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play and decision making during points. For more information, please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
3/8-3/29	6:00-7:30 PM	Th	5883
4/5-4/26	6:00-7:30 PM	Th	5884
5/3-5/24	6:00-7:30 PM	Th	5885

Fee: Resident \$108, Non-Resident \$113

Sessions: 4

5/31-6/14	6:00-7:30 PM	Th	5886
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Fee: Resident \$81, Non-Resident \$86

Sessions: 3

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ZUMBA TONING

Zumba Toning is a one hour Zumba, dance fitness class, done to Latin and international rhythms, that incorporates body sculpt movements, utilizing weights or Zumba toning sticks, to help shape and tone the body. There is a focus on each muscle group in the upper body, with exercises that also target the legs and gluteals. We finish up with abdominal exercises and then wrap up the class with a thorough stretch. What to bring to class: 2 lb. hand weights or 2.5 lb. Zumba toning sticks (they can be purchased online), a yoga mat, a towel and bottled water. Wear comfortable clothes that you don't mind sweating in and aerobics shoes, dance sneakers or other athletic shoes with support. No bare-feet please. For more information please contact the instructor, Dina at (949) 697-1753.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/5-3/26	7:00-8:00 PM	M	4	\$40/\$45	5927
4/2-4/30	7:00-8:00 PM	M	5	\$50/\$55	5928
5/7-5/21	7:00-8:00 PM	M	3	\$30/\$35	5929

Ages: 18 & older

Location: LHCC

Instructor: Dina Martin-Rusk



ZUMBA

Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Be prepared to have a great time and expect to sweat. Ditch the workout...Join the PARTY! To learn more about Zumba or the instructor visit www.southcozumba.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/6-3/27	7:00-8:00 PM	Tu	4	\$36/\$41	5930
3/1-3/29	7:30-8:30 PM	Th	5	\$45/\$50	5931
4/3-4/24	7:00-8:00 PM	Tu	4	\$36/\$41	5932
4/5-4/26	7:30-8:30 PM	Th	4	\$36/\$41	5933
5/1-5/29	7:00-8:00 PM	Tu	5	\$45/\$50	5934
5/3-5/31	7:30-8:30 PM	Th	5	\$45/\$50	5935



Two Days per week:

3/1-3/29	7:00-8:00 PM	Tu	9	\$77/\$82	5936
	7:30-8:30 PM	Th			
4/3-4/26	7:00-8:00 PM	Tu	8	\$68/\$73	5937
	7:30-8:30 PM	Th			
5/1-5/31	7:00-8:00 PM	Tu	10	\$85/\$90	5938
	7:30-8:30 PM	Th			

Three Month option:

3/6-5/29	7:00-8:00 PM	Tu	13	\$117/\$122	5939
3/1-5/31	7:30-8:30 PM	Th	14	\$126/\$131	5940
3/1-5/31	7:00-8:00 PM	Tu	27	\$229/\$234	5941
	7:30-8:30 PM	Th			

Ages: 16 & older

Location: LHCC

Instructor: Dina Martin-Rusk



BASICS OF SKATEBOARDING: BEGINNING

A hands-on camp designed to bring children together within the community. Children develop and enhance their skateboarding skills while creating friendships. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/10-3/31	9:00-11:00 AM	Sa	4	\$150/\$155	5847
4/3-4/6	9:00-11:00 AM	Tu-F	4	\$150/\$155	5848
4/14-4/28	9:00-11:00 AM	Sa	3	\$113/\$118	5849
5/5-5/26	9:00-11:00 AM	Sa	4	\$150/\$155	5850

Ages: 3-12

Location: LHCC

Instructor: Matt Sheridan & Staff



BASICS OF SKATEBOARDING: INTERMEDIATE

A hands-on camp designed for kids who have some experience skateboarding. Camp will address specific skills including dropping in and skating bowls along with creating successful runs and perfecting flat ground tricks. Participants should have basic skills and overall knowledge prior to camp. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
3/10-3/31	11:00 AM-12:00 PM	Sa	4	\$82/\$87	5851
4/3-4/6	11:00 AM-12:00 PM	Tu-F	4	\$82/\$87	5852
4/14-4/28	11:00 AM-12:00 PM	Sa	3	\$62/\$67	5853
5/5-5/26	11:00 AM-12:00 PM	Sa	4	\$82/\$87	5854

Ages: 5-12

Location: LHCC

Instructor: Matt Sheridan & Staff



MEDITATION, EVERYONE SHOULD MEDITATE- WHY?

There are many different ways to Meditate. The goal is to remove what is unnecessary "the clutter" mental, physical, and emotional. Some benefits of Meditation are, quieting you mind, reducing stress, and operating more efficiently with less effort. I will be guiding you through Concentrative Meditation, the practice of restrict awareness whether internal or external.

Free Trial:

3/14	6:00-6:45 PM		
DATES	TIME	DAY	CLASS
3/14-4/11	6:00-6:45 PM	W	5895
Fee: Resident \$50, Non-Resident \$55			Sessions: 5
Ages: 18-80			
Location: LHCC			
Instructor: Karl Ardo			



QI-GONG FOR ALL

Each class is started with a set of Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy passing through specific pathways (or meridians). The class ends with a closing Qigong form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well-being. This form of Qigong can be safely practiced by the beginner, those with limited movement and the most advanced student.

FREE TRIAL:

3/14	7:00-8:00 PM		
DATES	TIME	DAY	CLASS
3/14-5/23	7:00-8:00 PM	W	5896
Fee: Resident \$100, Non-Resident \$105			Sessions: 10
Ages: 18-80			
Location: LHCC			
Instructor: Karl Ardo			



MOVEMENT/MEDITATION CLASS

This Movement/Meditation class is divided into four sections; 15 minutes: music that encourages shaking of the body to loosen up. Second 15 minutes: music more flow and dance like, allowing the body to move the way it feels the music. Having prepared the body and mind to move the way it feels to the music. Having prepared the body and mind, the 3rd part is traditional meditation. Guidelines are given, although students may practice on their own or just notice whatever is happening inside and out. Final 15 minutes: complete relaxation, students are encouraged to be still. All levels and ages can do this. *NO CLASS 3/30.

DATES	TIME	DAY	CLASS
3/23-5/18	10:00-11:00 AM	F	5894
Fee: Resident \$65, Non-Resident \$70			Sessions: 8
Ages: 14 & older			
Location: LHCC			
Instructor: Angie Knight			



GENTLE YOGA

Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. For more information visit <http://yogaknights.com>.

DATES	TIME	DAY	CLASS
3/28-5/16	6:00-7:30 PM	W	5893
Fee: Resident \$99, Non-Resident \$104			Sessions: 8
Ages: 14 & older			
Location: LHCC			
Instructor: Angie Knight			

CIVIC CENTER PUBLIC ARTS TOUR

Join us for a free 40 minute guided tour that gives you a brief look into the City of Laguna Hills' rich Native-American, Spanish Explorers, Mexican Rancho and American Ranch & Farming history through art displays and other exhibits located at the Laguna Hills Civic Center. Participants meet at the Laguna Hills Civic Center, located at 24035 El Toro Rd., Laguna Hills.
Tours are by reservation only, please call (949) 707-2692 to join us.
DATES: 3/3, 4/7, & 5/5 from 10:00-10:40 AM.



CIRCLE OF FRIENDS

CIRCLE OF FRIENDS BOWLING NIGHT

Bring a friend and come out for an exciting evening of bowling at Forest Lanes in Lake Forest! Please RSVP at least one week in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
3/2-3/2	7:00-9:00 PM	F	5964
Fee: \$10			
Ages: 13 & older			
Location: Forest Lanes at Forest Lanes			
Instructor: Community Services Staff			

CIRCLE OF FRIENDS KARAOKE NIGHT

Invite a friend and join us for an exciting evening of karaoke at the Laguna Hills Community Center! Bring your favorite CD to sing-a-long with or use one of ours! Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
4/13	6:30-8:30 PM	F	5965
Fee: \$5			
Ages: 13 & older			
Location: LHCC			
Instructor: Community Services Staff			

CIRCLE OF FRIENDS BINGO NIGHT

Invite a friend and join us for an exciting evening of BINGO at the Laguna Hills Community Center! Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
5/11	6:30-8:30 PM	F	5966
Fee: \$5			
Ages: 3 & older			
Location: LHCC			
Instructor: Community Services Staff			



CHILDREN'S BIRTHDAY PARTY PROGRAM

Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.



SPORTS LEAGUES



ADULT BASKETBALL LEAGUE

Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY
30 and Over	4/23-7/9	6:30, 7:30, 8:30 PM	M
Open League	4/24-7/10	6:30, 7:30, 8:30 PM	Tu
Fee: \$325			
Ages: 18 & older			
Location: LHCC			
Instructor: Community Services Staff			



SLOW PITCH ADULT SOFTBALL

Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Men's "D"	4/23-7/9	6:30, 7:45, 8:50 PM	M
Men's "D"	4/24-7/10	6:30, 7:45, 8:50 PM	Tu
Men's Upper "D"	4/25-7/11	6:30, 7:45, 8:50 PM	W
Coed	4/26-7/12	6:30, 7:45, 8:50 PM	Th
Fee: \$350			
Ages: 18 & older			
Location: LHCC			
Instructor: Community Services Staff			

EMERITUS

SADDLEBACK COLLEGE SENIOR EMERITUS PROGRAM

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DAY	CLASS	TIME
The following classes meet 1/16 to 5/15:		
MW	Yoga	9:00-9:50 AM
MW	Aerobic Exercise	10:00-10:50 AM
MW	Pilates Conditioning	11:00-11:50 AM
TTH	Sequential Stretching	8:30-9:20 AM
TTH	Pilates Conditioning	9:30-10:45 AM
T	Yoga	11:00 AM-12:50 PM
Fri	Tai Chi	8:15-10:20 AM
Fri	Pilates Conditioning	10:30 AM-12:35 PM
Ages: 50 & Older		
Location: LHCC		



SADDLEBACK COLLEGE ART 41X: ART MEDIA STUDIES

Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Materials fee of \$10.00 payable at registration. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/22-5/14

Ages: 50 & older

Location: LHCC

TIME

1:30-4:35 PM

DAY

Mon

SADDLEBACK COLLEGE SPAN 231X: INTERMEDIATE PRACTICAL SPANISH

Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/16-5/15

Ages: 50 & older

Location: LHCC

TIME

9:00-10:50 AM

DAY

Tu

SADDLEBACK COLLEGE ART BIO226X: BIRDS OF THE WORLD

Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territory, migration) and techniques of field identification of birds. Designed for older adults who wish to actively participate in a course outdoors, including field trips to local sites. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/17-5/9

Ages: 50 & older

Location: LHCC

TIME

1:00-3:50 PM

DAY

W

SADDLEBACK COLLEGE ART 59X: INTERMEDIATE/ADVANCED WATERCOLOR

Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5 payable at registration. Additional art supplies may be required. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/17-5/9

Ages: 50 & older

Location: LHCC

TIME

1:30-4:20 PM

DAY

W

SADDLEBACK COLLEGE ART 20X:

ART APPRECIATION

Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/18-5/10

Ages: 50 & older

Location: LHCC

TIME

10:00-11:50 AM

DAY

Th

SADDLEBACK COLLEGE ART 80X: BEGINNING SKETCHING

Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and location work will be done in simple classic media of pencil, charcoal and pastel. Materials fee of \$5 is payable at registration. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/19-5/11

Ages:

50 & older

Location:

LHCC

TIME

1:30-4:40 PM

DAY

F

SADDLEBACK COLLEGE PHIL 231X: FREETHOUGHT

Freethought belief systems and their impact on culture. Conflicts between church and state, science and religion, and advances in philosophical thought will be discussed by the older adult participants. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES

1/19-5/11

Ages: 50 & older

Location: LHCC

TIME

1:30-3:20 PM

DAY

F



SAVE THE DATE SKATE PARK EVENT APRIL 7TH

Contact the Community Services Department at (949) 707-2680 for more information



WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillssc

COMMUNITY SERVICES

ACTIVITYGUIDE

CITY OF LAGUNA HILLS



LH
TECHNOLOGY
LIBRARY



4TH OF JULY
CELEBRATION



LAGUNA HILLS, CA
PERMIT NO. 741
PAID
U.S. POSTAGE
PRESORTED STD

City of Laguna Hills REGISTRATION INFORMATION

Register...

On-Line

www.lagunahillscsca.gov

Walk-In

Laguna Hills Community Center
at 25555 Alicia Parkway

Phone-In

Call (949) 707-2680, for credit card users only

Mail-In

Make check payable to
City of Laguna Hills,
and mail it to:
City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653

**Summer Registration begins
Tuesday, May 15, 2018**

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class canceled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

LAGUNA HILLS TECHNOLOGY LIBRARY



25555 Alicia Parkway
Laguna Hills, CA 92653
949.707.2699
ocpl.ltk@occr.ocgov.com

Monday-Thursday:
10am – 7pm
Friday-Saturday:
9am-5pm
Sunday: Closed

The library offers computer tutoring on a one-to-one setting to learn skills from basic computer, email, internet, and Microsoft Word. Call or stop by to schedule a free session at your convenience! The library has many programs for all ages. The library's online calendar is available at: <http://ocpl.org/libloc/lht/calendar>



Orange County, CA
Public Libraries
Open Doors. Free Access. Community.



As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

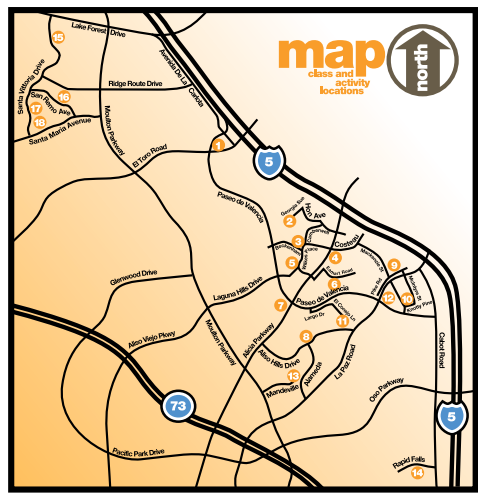
The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.



COMMUNITY SERVICES

ACTIVITY GUIDE

CITY OF LAGUNA HILLS



CLASS ACTIVITY LOCATIONS

- | | |
|-------------------------|---------------------------|
| 1 City Hall | 10 Knotty Pine Park |
| 2 Clarington Park | 11 El Conejo Park |
| 3 Beckenham Park | 12 Valencia Elementary |
| 4 Costeau Park | 13 Mandeville Park |
| 5 Stockport Park | 14 Cabot Park |
| 6 Lomarena Elementary | 15 Veeh Ranch Park |
| 7 LHCC & Sports Complex | 16 San Remo Park |
| 8 Mendocino Park | 17 Santa Vittoria Park |
| 9 Mackenzie Park | 18 San Joaquin Elementary |

> CONTENT

Issue Features

- SPECIAL EVENTS
- CAMPS
- EARLY CHILDHOOD CULTURAL ARTS
- EARLY CHILDHOOD PERSONAL DEVELOPMENT
- CULTURAL ARTS
- DANCE
- PERSONAL DEVELOPMENT
- SPORTS AND FITNESS
- CIRCLE OF FRIENDS
- SPORT LEAGUES
- EMERITUS

Events Calendar

- | | |
|--------|---|
| MAY 8 | Build A Fort Registration (Laguna Hills Residents Only) |
| MAY 11 | Circle of Friends: Karaoke Night |
| MAY 15 | Summer Registration Begins |
| MAY 28 | Memorial Day Half Marathon, 5K & 10K |
| JUN 22 | Circle of Friends: Summer Dance |
| JUL 4 | Fourth of July Celebration |
| JUL 6 | Circle of Friends Bowling Night |
| AUG 7 | National Night Out |
| AUG 14 | Fall Registration Opens |
| AUG 18 | Circle of Friends BBQ & Craft |

STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, www.lagunahillscsca.gov.

WE'RE ON FACEBOOK!
Check us out! www.facebook.com/lagunahillscsca

REGISTER EARLY FOR CLASSES!
Help us avoid cancelling a class due to low enrollment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

Attachment: Exhibit 2 - Laguna Hills Recreation Activity Guides (1786 : Recreation Class Fees)

SPECIAL EVENTS

FOURTH OF JULY CELEBRATION

Come celebrate America's birthday at the City of Laguna Hills' annual Fourth of July Celebration! Bring your family and friends to enjoy the fun, food and festivities! Carnival rides and games, live music, patriotic crafts and face painting will all be part of the celebration along with a fabulous fireworks show to conclude the evening. Food and drinks will be available for purchase. Seating is not provided so don't forget your lawn chairs and umbrellas!

DATES	TIME	DAY
7/4	4:00-9:30 PM	W

Schedule of Events:

4:00 PM	Carnival Rides, Activities, Music, Food Booths Open
4:00-8:00 PM	Patriotic Crafts & Face Painting
9:00 PM	Mayor's Welcome
9:10 AM	Fireworks

Fee: Free
Ages: All Ages
Location: LHCC

NATIONAL NIGHT OUT

Music, games, and fun! Laguna Hills Police Services invites you and your family to be part of a night out against crime. National Night Out will be celebrated by millions of people throughout the country in an effort to promote unity and safety in our communities. Bring your family and friends and join us at the Laguna Hills Community Center for some outdoor fun! For more information, please call (949) 707-2641.

DATES	TIME	DAY	CLASS
8/7	5:00-8:00 PM	Tu	6173

Fee: Free
Ages: All Ages
Location: LHCC
Instructor: Laguna Hills Police Services

CAMPS

BUILD A FORT CAMP

Hey future carpenters - it is time to build a fort! This fun-filled camp includes pre-designed plots for children to designate as their summer forts and utilize supplies provided to create incredible fun. Participants will have the opportunity to work with various tools, including hammers, saws and nails- all in a safe supervised environment. Please wear old clothes and tennis shoes and bring a sack lunch each day. Camp also includes games, sports and water play activities. Please Note: No refunds or transfers for camps unless the participant's spot is filled.

Jr. Build A Fort (Ages 6-8):

DATES	TIME	DAY	CLASS
6/25-6/29	9:00 AM-2:00 PM	M-F	6064

Fee: Resident \$85, Non-Resident \$90

Class Sessions: 5

Build A Fort (Ages 8-12):

DATES	TIME	DAY	CLASS
7/9-7/20	9:00 AM-2:00 PM	M-F	6065
7/30-8/10	9:00 AM-2:00 PM	M-F	6066

Fee: Resident \$175, Non-Resident \$180

Class Sessions: 10

Ages: 8-12

Location: El Conejo Park

Instructor: Community Services Staff



Due to the popularity of the Build A Fort and Junior Build A Fort programs, registration for **Laguna Hills Residents** will be collected in person **Tuesday, May 8, 2018 to Friday May 11, 2018** between the hours of 8:00 AM-5:00 PM at the Laguna Hills Community Center. Please bring a recent utility bill as proof of residency and a copy of your child(ren)'s birth certificate(s) with you. Children may be enrolled by a parent or legal guardian only. Space is limited and is on a first come first served basis. Registration for **Non-Residents** will be on **Tuesday, May 15, 2018 at 8:00 AM.**

SUMMER CAMP

Come join the City of Laguna Hills Summer Camp program! Children will be immersed in a week of never ending fun that includes arts and crafts, water activities, excursions, games, cooking and more! Participants should bring a snack, sack lunch, swimsuit, towel and sunscreen each day. Each child receives one t-shirt for the summer. Additional t-shirts may be purchased for \$10 each. Please Note: No refunds or exchanges for camps.

DATES	TIME	DAY	EXCURSION	CLASS
7/9-7/13	8:30 AM-5:30 PM	M-F	Natural History Museum	6143
7/16-7/20	8:30 AM-5:30 PM	M-F	Medieval Times	6144
7/23-7/27	8:30 AM-5:30 PM	M-F	Pump It Up/Tanaka Farms	6145
7/30-8/3	8:30 AM-5:30 PM	M-F	Castle Park	6146
8/6-8/10	8:30 AM-5:30 PM	M-F	San Diego Zoo	6147
8/13-8/17	8:30 AM-5:30 PM	M-F	Knott's Berry Farm	6148

Fee: Resident \$175, Non-Resident \$180

Class Sessions: 5

Ages: 6-10

Location: LHCC

Instructor: Community Services Staff

SUMMER TEEN CAMP

Summer Teen Camp is an excursion based program created for boys and girls who are 11-14 years old. Campers will meet at the Laguna Hills Community Center for a week of fun-filled trips and much more! Camp is held in one-week sessions. Register early as space is limited. Please Note: No refunds or exchanges for camps.

DATES	TIME	DAY	CLASS
7/9-7/13	8:30 AM-5:30 PM	M-F	6174
7/16-7/20	8:30 AM-5:30 PM	M-F	6175
7/23-7/27	8:30 AM-5:30 PM	M-F	6176
7/30-8/3	8:30 AM-5:30 PM	M-F	6177
8/6-8/10	8:30 AM-5:30 PM	M-F	6178
8/13-8/17	8:30 AM-5:30 PM	M-F	6179

Fee: Resident \$190, Non-Resident \$195

Class Sessions: 5

Ages: 11-14

Location: LHCC

Instructor: Community Services Staff

SURF CREW

Would you like to hit some of the best surf spots in Orange County? The Laguna Hills Surf Crew will be surfing the waves of Newport Beach, Huntington Beach, and Salt Creek; transportation will be provided in City van. You must be a strong swimmer and have ocean experience to participate. Spongers can participate too! This crew will be supervised by a 26 year surf veteran. Instruction on tides and swells will be an



important part of our Surf Crew. Participants need to provide their own surf equipment, lunch and sunscreen. The City is not responsible for any lost, stolen, or damaged equipment. Lunch will be provided on the last day. For more information, please call (949) 707-2690. Please note: No refunds or transfers for camps.

DATES	TIME	DAY	CLASS
7/11-8/15	9:00 AM-4:00 PM	W	6181
Fee: Resident \$50, Non-Resident \$55			
Class Sessions: 6			
Ages: 11-14			
Location: LHCC			
Instructor: Community Services Staff			

CULINARY KIDS

Unleash your inner chef! Let's cook, create and collaborate in the kitchen! With our flavorful healthy dishes, expert chefs and teachers, and fun filled atmosphere, your young chef will develop lifelong essential cooking skills while sautéing their way around tasty menu masterpieces! Young chefs will be working in small groups to be hands on in the kitchen. **A \$50 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
6/18-6/22	9:00 AM-12:00 PM	M-F	6122
6/25-6/29	9:00 AM-12:00 PM	M-F	6123
7/9-7/13	9:00 AM-12:00 PM	M-F	6124
Fee: Resident \$200, Non-Resident \$205			
Class Sessions: 5			
Ages: 5-13			
Location: LHCC			
Instructor: Culinary Kids			

SUMMER OF ART-CAMP

This ART Camp is filled with creative and fun projects. Explore a variety of media such as acrylics on canvas, watercolors, pastels, clay sculpture and more! We will enjoy Summer time thru art as we draw and paint landscapes, still-life, animals and other themes. Clay projects will be glazed and fired. All art supplies and aprons will be provided. **A \$20 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
6/25-6/28	1:00-3:00 PM	M-Th	6165
Fee: Resident \$95, Non-Resident \$100			
Class Sessions: 4			
Ages: 6-12			
Location: LHCC			
Instructor: Lucia Henry			

JEDI ENGINEERING USING LEGO

The Force Awakens in the introductory engineering course for young Jedi! Explore engineering principles by designing and building projects such as LEGO X-Wings, R2 Units, Energy Catapults, Defense Turrets, and Settlements from a galaxy far, far away. Create motorized and architectural projects with imagination and engineering to defeat the Empire! ***No class 7/4**

DATES	TIME	DAY	CLASS
7/2-7/6	9:00 AM-12:00 PM	MTuThF	6133
Fee: Resident \$145, Non-Resident \$150			
Class Sessions: 4			
Ages: 5-6			
Location: LHCC			
Instructor: Play-Well TEKologies			

JEDI MASTER ENGINEERING USING LEGO

The Force Awakens in this advanced engineering course for young Jedi! Discover key engineering concepts such as gear trains, worm drives, pneumatics, and eccentric motion. Build LEGO X-Wings, AT-AT walkers, Pod Racers, Star Destroyers, Cloud Cities, Settlements, Fortresses and other complex machines and structures from a galaxy far, far away. ***No class 7/4**

DATES	TIME	DAY	CLASS
7/2-7/6	1:00 PM-4:00 PM	MTuThF	6134
Fee: Resident \$145, Non-Resident \$150			
Class Sessions: 4			
Ages: 7-12			
Location: LHCC			
Instructor: Play-Well TEKologies			

INTRO TO STEM WITH LEGO MATERIALS

Give your imagination a boost with tens of thousands of LEGO parts! Build engineer-designed projects such as: Cities, Garbage Trucks, Catamarans, and Dinosaurs. Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

DATES	TIME	DAY	CLASS
8/20-8/24	9:00 AM-12:00 PM	M-F	6135
Fee: Resident \$175, Non-Resident \$180			
Class Sessions: 5			
Ages: 5-6			
Location: LHCC			
Instructor: Play-Well TEKologies			

STEM CHALLENGE WITH LEGO MATERIALS

Gear up your engineering skills with Play-Well TEKologies and tens of thousands of LEGO parts! Apply real-world engineering concepts in physics, engineering, and architecture through engineer-designed projects such as: Forklifts, Houseboats, Mini Golf Courses, and the London Tower Bridge Design and build as never before, and explore your craziest ideas in a supportive environment. There are no prerequisites for this course.

DATES	TIME	DAY	CLASS
8/20-8/24	1:00 PM-4:00 PM	M-F	6136
Fee: Resident \$175, Non-Resident \$180			
Class Sessions: 5			
Ages: 7-12			
Location: LHCC			
Instructor: Play-Well TEKologies			



SKYHAWKS SPORTS FLAG FOOTBALL CAMP

Campers learn skills on both side of the football including the core components of passing, catching, and defense- all in a fun and positive environment. The week ends with the Skyhawks Super Bowl! All participants receive a t-shirt, football, and player evaluation.

DATES	TIME	DAY	CLASS
7/16-7/20	9:00 AM-12:00 PM	M-F	6117
Fee: Resident \$175, Non-Resident \$180			
Class Sessions: 5			
Ages: 6-12			
Location: LHCC			
Instructor: Skyhawk Sports Academy			

SKYHAWKS SPORTS BASEBALL CAMP

Skyhawks baseball staff teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork, and responsibility. All participants receive a t-shirt and player evaluation.

DATES	TIME	DAY	CLASS
7/30-8/3	9:00 AM-12:00 PM	M-F	6120

Fee: Resident \$175, Non-Resident \$180

Class Sessions: 5

Ages: 6-12

Location: LHCC

Instructor: Skyhawk Sports Academy

MINI HAWK MULTI-SPORT (SOCCER AND BASEBALL)

This soccer and baseball program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. All participants receive a t-shirt, ball a merit award.

DATES	TIME	DAY	CLASS
8/6-8/10	9:00 AM-12:00 PM	M-F	6121

Fee: Resident \$175, Non-Resident \$180

Class Sessions: 5

Ages: 4-7

Location: LHCC

Instructor: Skyhawk Sports Academy

SKYHAWKS SPORTS BASKETBALL CAMP

This fun, skill-intensive program is designed for beginning to intermediate players. An active week of passing, shooting, dribbling, and rebounding makes this one of our most popular programs. Our basketball staff will also focus on respect, teamwork and responsibility. All participants receive a t-shirt, basketball and player evaluation.

DATES	TIME	DAY	CLASS
8/13-8/17	9:00 AM-12:00 PM	M-F	6119

Fee: Resident \$175, Non-Resident \$180

Sessions: 5

Ages 6-12:

DATES	TIME	DAY	CLASS
8/13-8/17	9:00 AM-3:00 PM	M-F	6118

Fee: Resident \$195, Non-Resident \$200

Sessions: 5

Location: LHCC

Instructor: Skyhawk Sports Academy

MINECRAFT: VIDEO GAME DESIGN

Don't just play Minecraft, learn to create it! In this camp designed for quick learners or those with coding experience, campers will immerse themselves in the language of computers through Minecraft! Using Java, a text-based coding language, campers will create Minecraft mods like "craft a sword out of mushy bananas".

DATES	TIME	DAY	CLASS
8/6-8/10	9:00 AM-12:00 PM	M-F	6129

Fee: Resident \$170, Non-Resident \$175

Sessions: 5

Ages: 7-12

Location: LHCC

Instructor: Code To The Future



MINECRAFT MODDING

Don't just play Minecraft, learn to create it! In this camp designed for quick learners or those with coding experience, campers will immerse themselves in the language of computers through Minecraft! Using Java, a text-based coding language, campers will create Minecraft mods like "craft a sword out of mushy bananas".

DATES	TIME	DAY	CLASS
8/6-8/10	1:00-4:00 PM	M-F	6130

Fee: Resident \$220, Non-Resident \$225

Sessions: 5

Ages: 9-14

Location: LHCC

Instructor: Code To The Future

LITTLE RED HEN

Have fun being in a darling production of the classic tale "Little Red Hen". The children will have fun while being directed by our energetic Tom Thumb Staff. They will love being taught improvisational skills, creating a story on stage and other music, movement and drama exercises. Children pretend all the time- having their imaginations come to life with sets, costumes and music is a magical things for them. Musical Theatre helps children in so many ways- memorization skills, expressing themselves, working on a team, self-confidence, and many more. Most of all, it is FUN! Your child will be proud to display what they've learned in a performance of Little Red Hen for family and friends. All actors will receive a Tom Thumb Players t-shirt and rehearsal CD. **The final performance will be held August 17th at 5:00 PM.**

DATES	TIME	DAY	CLASS
8/7-8/16	2:00-3:00 PM	TuWTh	6027

Fee: Resident \$134, Non-Resident \$139

Class Sessions: 6

Ages: 3-6

Location: LHCC

Instructor: Creative Kids Playhouse

ALICE IN WONDERLAND, A MUSICAL

Be in a musical! Alice in Wonderland is a musical version of the classic Lewis Carroll book, with many fun characters to play for both boys and girls. Creative Kids Playhouse staff are professionals in drama, dance and voice who coach kids in a fun, effective style. Participants completely produce a one-act musical that they are proud of in just one week. Creativity is encouraged as actors have input into blocking, set design, costumes and more. Immerse yourself in every aspect of the theatre; together with you cast you will create an impressive show! If enrollment is high, there will be two different casts. For more information, please visit www.creativekidsplayhouse.com. **Final performance will take place 8/17 at 6:00 PM and 7:30 PM.**

DATES	TIME	DAY	CLASS
8/13-8/17	9:00 AM-12:30 PM	M-F	6059

Fee: Resident \$178, Non-Resident \$183

Sessions: 5

Ages: 6-13

Location: LHCC

Instructor: Creative Kids Playhouse



EARLY CHILDHOOD- CULTURAL ARTS

INTRODUCTION TO MUSIC TOGETHER

Come and experience what Music Together is all about. We will dance and sing to the music of Family Favorites 1 Collection. For more information, please visit www.svmusictogether.net.

DATES	TIME	DAY	CLASS
6/20-6/27	9:15-10:00 AM	W	6161
6/20-6/27	10:15-11:00 AM	W	6162

Fee: Resident \$30, Non-Resident \$35

Class Sessions: 2

Ages: 4 and under

Location: LHCC

Instructor: Elena Salisbury

MUSIC TOGETHER

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit www.svmusictogether.net. Babies under 8 months may attend for free with registered sibling. **A \$36 material fee is due to the instructor at the first class meeting.**

DATES	TIME	DAY	CLASS
7/11-8/29	9:15-10:00 AM	W	6163
7/11-8/29	10:15-11:00 AM	W	6164

Fee: Resident \$130, Non-Resident \$135

Class Sessions: 8

Ages: 4 and under

Location: LHCC

Instructor: Elena Salisbury

TUNES AND TALES

Let's get the wiggles out! Tunes & Tales is a Music and Movement class for children ages 1 1/2 to 4 years. Sing-a-longs and finger-play songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2 1/2 to 4 year class only). The children have a great time while developing their listening and social skills. Parent/Adult supervision is required. Sibling discount: 25% for siblings registering in the same class.

DATES	TIME	DAY	CLASS
AGES 1 1/2 - 2 1/2:			
7/10-8/14	9:30-10:10 AM	Tu	6038

Fee: Resident \$50, Non-Resident \$55

DATES	TIME	DAY	CLASS
AGES 2 1/2 - 4:			
7/10-8/14	10:15-11:10 AM	Tu	6039

Fee: Resident \$55, Non-Resident \$60

Sessions: 5

Location: LHCC

Instructor: Vivian Stapleton

EARLY CHILDHOOD- PERSONAL DEVELOPMENT

PLAYTIME!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child in this class will receive a 25% discount for additional children enrolled.

DATES	TIME	DAY	CLASS
7/10-9/13	11:30 AM-2:00 PM	Tu Th	6142

Fee: Resident \$175, Non-Resident \$180

Sessions: 20

Ages: 3-5

Location: LHCC

Instructor: Community Services Staff

CULTURAL ARTS

BEGINNING UKULELE

Just one strum of the ukulele brings on a smile. Enjoy learning how to play the world's easiest string instrument in a supportive small group setting. This class will provide all the fundamentals to be able to play songs on your own. Learn simple chords, easy melodies, strum styles, finger picking and a wide assortment of great songs. Ron Gorman has been teaching music classes for the City of Laguna Hills for 14 years. Bring your own Ukulele to class and let's have fun!

DATES	TIME	DAY	CLASS
8/2-8/30	4:00-5:00 PM	Th	6062

Fee: Resident \$89, Non-Resident \$94

Sessions: 4

Ages: 10 & older

Location: LHCC

Instructor: Ron Gorman



ADULT ACTING

Whether you want to start an acting career, audition for community theatre or improve public speaking skills, we will help you achieve your goal. Lean techniques of improvisation, character building and preparation for auditioning. This class is feared toward all levels of experience whether you are a first-timer wondering in acting is for you or a veteran thespian looking to hone your craft. Presented by Laguna Niguel Community Theatre and taught by LNCT Artistic Director, Jeremy Golden.

DATES	TIME	DAY	CLASS
6/9-7/28	10:00 AM-12:00 PM	Sat	6189

Fee: Resident \$200, Non-Resident \$205

Class Sessions: 8

Ages: 16 & older

Location: LHCC

Instructor: Laguna Niguel Community Theatre, Jeremy Golden

ACTING PREPARATION FOR HIGH SCHOOL THEATRE



Looking to reach the next level in actor training? Getting ready to enter one of the area's top-notch high school theatre programs? This one-week, intensive course gives students professional-level acting education and prepares them for the rigorous world of secondary school theatre. The course will culminate in a shared class presentation.

DATES 6/25-6/29 **TIME** 10:00 AM-12:00 PM **DAY** M-F **CLASS** 6090
 Fee: Resident \$150, Non-Resident \$155
 Class Sessions: 5
 Ages: 10-14
 Location: LHCC
 Instructor: Laguna Niguel Community Theatre, Jeremy Golden

BEGINNING GUITAR

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarists in a supportive small group environment. The aim of this class is to transform the novice into a self reliant musician. Learn to play chords, fun melodies, strum styles, and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Hills for the past 14 years. Have a blast and bring your own guitar to class.

DATES 8/2-8/30 **TIME** 5:00-6:00 PM **DAY** Th **CLASS** 6063
 Fee: Resident \$89, Non-Resident \$94
 Sessions: 4
 Ages: 10 & older
 Location: LHCC
 Instructor: Ron Gorman

FAIRY GARDEN WORKSHOP

Enjoy an enchanted affair where children and caregiver create their own miniature fairy garden together! All materials will be provided as we assist step by step in the process of creating a whimsical world to take home and enjoy year-round. Because materials must be ordered in advance, registration must be completed by July 12th. Each participant must have a parent to assist. For more info, call Mia at (949) 945-2119.
***A \$30 material fee is due on the first day of camp.**

DATES 7/26 **TIME** 3:00-4:00 PM **DAY** Th **CLASS** 6037
 Fee: Resident \$10, Non-Resident \$12
 Ages: 5-10
 Location: LHCC
 Instructor: West Coast Movement Project

SHAKESPEARE IN THE HILLS

"A Comedy of Errors"

This summer, join Shakespeare in the Hills for Shakespeare's zany comedy of adventure, mayhem, and mistaken identity! The Comedy of Errors tells the tale of two sets of twins split apart by a tragic shipwreck at a young age. Years later, unbeknownst to them, they have all ended up in the same town, unaware that they are being mistake for each other! With slapstick humor, immersive staging, and Shakespeare's comedic writing, this production for all ages is not to be missed! Bring a blanket or your lawn chair, bring your meal and make it a picnic event for Shakespeare in the Hills' outdoor performance presented by On The Edge Theatre Productions (www.otetheatre.com). All performances are held at the Laguna Hills Community Center & Sports Complex's Gazeco and Town Green. Snacks and refreshments will be available for purchase at this family event. All participants of age 12 and under must be accompanied by a paying adult. Tickets are sold (cash only) on the day of the show. You may also purchase your tickets early online (class registration). No refunds or transfers for this event. Call (949) 707-2680 for more information.

DATES 8/3 **TIME** 7:00-9:00 PM **DAY** F **CLASS** 6149
 8/4 **TIME** 7:00-9:00 PM **DAY** Sa **CLASS** 6150
 8/10 **TIME** 7:00-9:00 PM **DAY** F **CLASS** 6151
 8/11 **TIME** 7:00-9:00 PM **DAY** Sa **CLASS** 6152
 8/17 **TIME** 7:00-9:00 PM **DAY** F **CLASS** 6153
 8/18 **TIME** 7:00-9:00 PM **DAY** Sa **CLASS** 6154

Fee: \$10 per person, Children Ages 12 & under free with paying adult



Ages: All Ages
 Location: LHCC
 Instructor: On The Edge Theatre Production

DANCE



BELLY DANCING

From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years experience in this dance form. For more information, please visit www.enheduanna.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
LEVEL I:					
6/3-6/24	12:15-1:30 PM	Su	4	\$52/\$57	6042
7/1-7/29	12:15-1:30 PM	Su	5	\$65/\$70	6043
8/5-8/26	12:15-1:30 PM	Su	4	\$52/\$57	6044

DATES	TIME	DAY	SESSIONS	FEE	CLASS
LEVEL II:					
6/3-8/26	1:45-3:00 PM	Su	13	\$156/\$161	6045

DATES	TIME	DAY	SESSIONS	FEE	CLASS
LEVEL III:					
6/3-8/26	3:15-4:30 PM	Su	13	\$156/\$161	6046

Ages: 10 & older
 Location: LHCC
 Instructor: Tina Elkins



CLOG DANCE

Clogging is a type of folk dance in which the dancer's shoes percussively hits the floor by striking the heel and/or toe creating rhythms usually to the downbeat of many different genres of music.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
6/6-6/20	8:00-10:00 PM	W	3	\$27/\$32	6125
6/27	8:00-10:00 PM	W	1	\$7/\$9	6126
7/11	8:00-10:00 PM	W	1	\$7/\$9	6127
7/25	8:00-10:00 PM	W	1	\$7/\$9	6128

Ages: 6 & older
 Location: LHCC
 Instructor: John Habash

WEST COAST MOVEMENT PROJECT

West Coast Movement Project has proudly provided dance education through the City of Laguna Hills since 2006. WE offer a diverse, enriching program for students ages 3 and up. We believe that an education in the arts raises self-esteem and empowers children to succeed. Our goal is not just to raise great performers, but to raise great people.

We would love to answer any questions you may have about your child's placement, dress code or our program.
 Mia Alicea/Artistic Director
mia.alicea@gmail.com (quickest method of contact)
 Phone: (949) 495-2119 | wcmovementproject.com
facebook.com/WestCoastMovementProject
 Instagram: @westcoastmovementproject



"HAKUNA MATATA" PRESCHOOL DANCE & PLAY SERIES

Imaginations roam the Pride Lands of Africa in our 5 week dance series for 3-5 year olds. We'll dance and play with theme-related props and create crafts while learning the basics of tap & ballet. All participants will take home a "Hakuna Matata" certificate of completion! ***A \$10 material fee is due to the instructor on the first day.**

Dress Code: Leggings & a tee shirt. Tap shoes and ballet slippers preferred but not required.

DATES	TIME	DAY	CLASS
7/13-8/10	10:00-11:00 AM	F	6032
Fee: Resident \$75, Non-Resident \$80			
Sessions: 5			
Ages: 3-5			
Location: LHCC			
Instructor: West Coast Movement Project			



"LET'S GET FROZEN" PRESCHOOL DANCE & PLAY SERIES

Do You Want To Build A Snowman? Our 5 week dance series for 3-5 year olds will have your dancer immersed in the music and the magic of Arendelle. We'll dance and play with theme-related props and create crafts while learning the basics of tap and ballet. All participants will take home a "Let's Get Frozen" certificate of completion! ***A \$10 material fee is due to the instructor on the first day.**

Dress Code: Leggings & a tee shirt. Tap shoes and ballet slippers preferred but not required.

DATES	TIME	DAY	CLASS
7/9-8/6	3:30-4:30 PM	M	6030
Fee: Resident \$75, Non-Resident \$80			
Sessions: 5			
Ages: 3-5			
Location: LHCC			
Instructor: West Coast Movement Project			



"UNDER THE SEA" PRESCHOOL DANCE & PLAY SERIES

Join us for 5 weeks of fabulous fun as dancers explore the enchantment of a world Under the Sea. We'll dance and play with theme-related props and create crafts while integrating the basics of tap & ballet. All participants will take home an "Under the Sea" certificate of completion! ***A \$10 material fee is due to the instructor on the first day.**

Dress Code: Leggings & tee shirt. Tap shoes and ballet slippers preferred but not required.

DATES	TIME	DAY	CLASS
7/10-8/7	3:30-4:30 PM	Tu	6031
Fee: Resident \$75, Non-Resident \$80			
Sessions: 5			
Ages: 3-5			
Location: LHCC			
Instructor: West Coast Movement Project			



TOTAL TECHNIQUE

Concentrated technical workshop including 3 hours of immersion each week in various genres.

*Prerequisite Required- Instructor Approval/Dancers must be recommended

DATES	TIME	DAY	CLASS
7/10-8/9	4:30-6:00 PM	Tu Th	6036
Fee: Resident \$225, Non-Resident \$230			
Sessions: 10			
Ages: 10-17			
Location: LHCC			
Instructor: West Coast Movement Project			



BEGINNER BALLET

Ballet teaches grace, elegance, technique and poise as the foundation of all dance forms. Beginner Ballet is the perfect introduction to the world of ballet.

Dress Code: Any color leotard and tights, pink leather ballet slippers and hair in a bun.

DATES	TIME	DAY	CLASS
7/11-8/8	3:30-4:15 PM	W	6033
Fee: Resident \$75, Non-Resident \$80			
Sessions: 5			
Ages: 5-7			
Location: LHCC			
Instructor: West Coast Movement Project			



TAP & JAZZ COMBO

Young dancers get an introduction to tap and jazz in this split-design combo class. Dancers will start with 30 minutes of tap learning basic rhythms and vocabulary. The second half of the lesson introduces dancers to jazz where they'll learn to move with basic steps that are characteristic of this classic style. We include plenty of personal attention and emphasize proper technique early on to ensure the success of every child. Demonstration for parents on the last day!

Dress Code: Any color leotard and tights, black patent leather tap shoes, tan pull on jazz oxfords and hair secured away from face.

DATES	TIME	DAY	CLASS
7/11-8/8	4:15-5:15 PM	W	6034
Fee: Resident \$75, Non-Resident \$80			
Class Sessions: 5			
Ages: 5-7			
Location: LHCC			

MUSICAL THEATRE DANCE & SING

Ready, set, SHOW! Join us for a lively musical theatre experience where participants will sing and dance to music from a variety of age-appropriate Broadway plays. This is a great musical sampler for kids! Dress code: Leggings, tee shirt and sneakers.

DATES	TIME	DAY	CLASS
7/18-8/1	5:15-6:30 PM	W	6035
Fee: Resident \$55, Non-Resident \$60			
Sessions: 3			
Ages: 6-10			
Location: LHCC			
Instructor: West Coast Movement Project			

PERSONAL DEVELOPMENT

MEG'S COMMUNITY KITCHEN WORKSHOPS #14

"Layers 2.0"

Italian Pesto Torte

Stacked Cobb Salad

Banana Split Dessert in Spring-Form Pan

Sometimes it's not just how food tastes, but how it LOOKS that makes it special and appealing. In MCKW #14 we will focus on all things layered, but the star of the show will be a knock-out, beautiful Stacked Salad. Each attendee will make their own personal entrée salad and take home the recipes & tools needed to recreate it at home, again and again. (This menu will be particularly appealing if you have dietary restrictions, as each individual will be able to select their own salad ingredients). It will be a fun, hands-on experience that will make you look like a rock-star in the kitchen! The two-hour workshop will include a full lunch menu, fabulous layered dessert and plenty of my TT&Rs (my Tips, Tools & Recommendations). Registration closes June 21st.

Register by June 1st for Early-Bird discount Resident \$20, Non-Resident \$22.

DATES	TIME	DAY	CLASS
6/27	10:00 AM-12:00 PM	W	6131

Fee: Resident \$25, Non-Resident \$27

Ages: 14 & older

Location: LHCC

Instructor: Meg Gorham

MEG'S COMMUNITY KITCHEN WORKSHOPS #15

"Summer's Freshest Picks"

Fresh Peach "Fruit Leather"

Carved Melon Fruit Basket

Jamaican Jerk Pork Salad w/ Fresh Mango

Parfaits, Frappes, Smoothies & Salads

Cobblers, Pies, Tarts & More

There's nothing that spells summer like fresh fruit and a tropical beach party. MCKW #15 will focus on the "best of" the summer harvest and creative tropical décor. I'll keep the fruit chilled and "lite" but with a full dose of hot tips for getting creative with summer fruit...packing serving, picnicking, and more. There will be plenty of DIY, hands on applications, recipes, TT&Rs and a full service lunch. The workshop is suitable for adults or students age 14 and older and early registration is encouraged. Registration closes July 5th.

Register by June 13th for Early-Bird discount Resident \$20, Non-Resident \$22.

DATES	TIME	DAY	CLASS
7/11	10:00 AM-12:00 PM	W	6132

Fee: Resident \$25, Non-Resident \$27

Ages: 14 & older

Location: LHCC

Instructor: Meg Gorham

SPORTS AND FITNESS



CHILDREN & TEEN OPEN GYM BASKETBALL

Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
ONGOING	2:00-4:00 PM 12:00-2:00 PM	MON-FRI SUN

Fee: Free

Ages: 17 & under

Location: LHCC



ADULT OPEN GYM BASKETBALL

Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
ONGOING	6:30-9:00 PM 2:00-6:00 PM	F SUN

Fee: Resident \$30, Non-Resident \$40

Ages: 18 & older

Location: LHCC



ADULT TABLE TENNIS ANNUAL PASS

Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Don't want to pay for the annual pass? No problem, you may pay a day use fee of \$2 per day to play instead, but must have exact change at the time of purchasing a day-use pass. Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

DATES	TIME	DAY
ONGOING	1:00-5:00 PM 12:00-2:00 PM	SAT TUTH

Fee: Resident \$30, Non-Resident \$35

DATES	TIME	DAY
1 DAY GUEST PASS	1:00-5:00 PM 12:00-2:00 PM	SAT TUTH

Fee: \$2

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff



PICKLEBALL

Pickleball is a racquet sport that incorporates elements of badminton and tennis for two to four players, who use hand-held paddles to hit a perforated plastic ball over the net. It's an easy-to-learn game that is played on a court

similar to a tennis court, but half the size. Pickleball is a fun for family and friends of all ages and level of activity, and can start slow for beginners or pick up the pace for advanced players. These low impact workouts promote adult and kids health. This drop-in sport is being offered on a trial basis at the Laguna Hills Community Center's Roller Hockey Rink. Participants must register at the Community Center's front desk prior to play. Days and hours are subject to change.

DATES	TIME	DAY
Ongoing	6:00-9:00 PM 9:00 AM-12:00 PM	MTH TuW

Fee: Free

Ages: All Ages

Location: LHCC

Instructor: Community Services Staff

**AIKIDO**

Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing.

DATES	TIME	DAY	CLASS
Beginning (Ages 6-18):			
6/2-6/30	5:00-6:00 PM	TTh	6068
	9:30-10:30 AM	Sat	
7/3-7/31	5:00-6:00 PM	TTh	6071
	9:30-10:30 AM	Sat	
8/2-8/30	5:00-6:00 PM	TTh	6074
	9:30-10:30 AM	Sat	
Fee: Resident \$75, Non-Resident \$80			
Intermediate (Ages 6-18):			
6/2-6/30	6:00-7:00 PM	TTh	6069
	9:30-10:30 AM	Sat	
7/3-7/31	6:00-7:00 PM	TTh	6072
	9:30-10:30 AM	Sat	
8/2-8/30	6:00-7:00 PM	TTh	6075
	9:30-10:30 AM	Sat	
Fee: Resident \$75, Non-Resident \$80			
All Levels (Ages 19 & older):			
6/2-6/30	7:00-9:00 PM	TTh	6070
	8:30-9:30 AM	Sat	
7/3-7/31	7:00-9:00 PM	TTh	6073
	8:30-9:30 AM	Sat	
8/2-8/30	7:00-9:00 PM	TTh	6076
	8:30-9:30 AM	Sat	

Fee: Resident \$115, Non-Resident \$120

Location: LHCC

Instructor: Dale Eisenberg

**ZUMBA**

Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do.

Burn 500-800 calories an hour! Be prepared to have a great time and expect to sweat. Ditch the workout...join the PARTY! To learn more about Zumba or the instructor visit www.southcozumba.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
6/5-6/26	7:00-8:00 PM	Tu	4	\$36/\$41	6081
6/7-6/28	7:30-8:30 PM	Th	4	\$36/\$41	6082
7/3-7/31	7:00-8:00 PM	Tu	5	\$45/\$50	6083
7/5-7/26	7:30-8:30 PM	Th	4	\$36/\$41	6084
8/7-8/28	7:00-8:00 PM	Tu	4	\$36/\$41	6085
8/2-8/30	7:30-8:30 PM	Th	5	\$45/\$50	6086

Two Days per week:

6/5-6/28	7:00-8:00 PM	Tu	8	\$68/\$73	6087
	7:30-8:30 PM	Th			
7/3-7/31	7:00-8:00 PM	Tu	9	\$77/\$82	6088
	7:30-8:30 PM	Th			
8/2-8/30	7:30-8:00 PM	Tu	9	\$77/\$82	6089

Three Month Option:

6/5-8/28	7:00-8:00 PM	Tu	13	\$117/\$122	6090
6/7-8/30	7:30-8:30 PM	Th	13	\$117/\$122	6091
6/5-8/30	7:00-8:00 PM	Tu	26	\$221/\$226	6092
	7:30-8:30 PM	Th			

Ages: 16 & older

Location: LHCC

Instructor: Dina Martin-Rusk

**ZUMBA TONING**

Zumba Toning is a one hour Zumba, dance fitness class, done to Latin and international rhythms, that incorporates body sculpt movements, utilizing weights or Zumba toning sticks, to help shape and tone the body. There is a focus on each muscle group in the upper body, with exercises that also target the legs and gluteals. We finish up with abdominal exercises and then wrap up the class with a thorough stretch. What to bring to class: 2 lb. hand weights or 2.5 lb. Zumba Toning sticks(they can be purchased online), a yoga mat, a towel and bottled water. Wear comfortable clothing that you don't mind sweating in and aerobics shoes, dance sneakers or athletic shoes with support. No bare-feet please. For more information please contact the instructor, Dina at (949) 697-1753.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
6/4-6/25	7:00-8:00 PM	M	4	\$40/\$45	6078
7/2-7/30	7:00-8:00 PM	M	5	\$50/\$55	6079
8/6-8/27	7:00-8:00 PM	M	4	\$40/\$45	6080

Ages: 18 & older

Location: LHCC

Instructor: Dina Martin-Rusk

**FUTURE STARS TENNIS**

For kids just starting to play. Class focuses on the basics like ground strokes, some serving and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information visit www.WRTennis.com. ***No class 7/2**

DATES	TIME	DAY	CLASS
6/18-7/16	3:00-3:45 PM	M	6093
7/23-8/13	3:00-3:45 PM	M	6094

Fee: Resident \$56, Non-Resident \$61

Sessions: 4

Ages: 4-5

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

**RISING STARS TENNIS**

Also for new kids to tennis. This class focuses on teaching the fundamentals of ground-strokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable. For more information, visit www.WRTennis.com. ***No class 7/2**

DATES	TIME	DAY	CLASS
6/18-7/16	3:45-4:45 PM	M	6095
7/23-8/13	3:45-4:45 PM	M	6096

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

Ages: 6-7

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



TENNIS STARS

For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses

lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information, visit www.WRTennis.com. ***No class 7/3**

DATES	TIME	DAY	CLASS
6/19-7/17	3:00-4:00 PM	Tu	6097
7/24-8/14	3:00-4:00 PM	Tu	6098

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

Ages: 8-10

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ALL STAR TENNIS

For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball. For more information please

visit WRTennis.com. ***No class 7/5**

DATES	TIME	DAY	CLASS
6/21-7/19	3:00-4:00 PM	Th	6099
7/26-8/16	3:00-4:00 PM	Th	6100

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

Ages: 8-11

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



TIER 1 TENNIS

Perfect for kids that are ready for full court play with a full compression ball. For more information please visit WRTennis.com. ***No class 7/5**

DATES	TIME	DAY	CLASS
6/21-7/19	4:00-5:30 PM	Th	6103
7/26-8/16	4:00-5:30 PM	Th	6104

Fee: Resident \$108, Non-Resident \$113

Sessions: 4

Ages: 11-17

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- LEARN TO RALLY (BEGINNER TENNIS)

If you have never played before, now it the time. In this class you will learn the basics of tennis and better yet you will be rallying in just the first class. For more information please

visit WRTennis.com. ***No class 7/2**

DATES	TIME	DAY	CLASS
6/18-7/16	7:30-8:30 PM	M	6105
7/23-8/13	7:30-8:30 PM	M	6106

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- ADVANCED BEGINNER

This class is perfect if you haven't played in a few years or you are just getting the hang of things. Ill help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information

please visit WRTennis.com. ***No class 7/2**



DATES	TIME	DAY	CLASS
6/18-7/16	6:00-7:30 PM	M	6107
7/23-8/13	6:00-7:30 PM	M	6108

Fee: Resident \$108, Non-Resident \$113

Sessions: 4

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- INTERMEDIATE

Perfect for more experienced players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play

and decision making during points. ***No class 7/5**

DATES	TIME	DAY	CLASS
6/21-7/19	6:00-7:30 PM	Th	6109
7/26-8/16	6:00-7:30 PM	Th	6110

Fee: Resident \$108, Non-Resident \$113

Sessions: 4

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



MINI TENNIS CAMP (AGES 5-8)

Summer tennis camps are a perfect way for your kids to be active, and learn continue improving their tennis game. A typical day at camp includes a warm-up, fundamental stroke development, game play and a hit for prizes game. All participants receive a free t-shirt.

DATES	TIME	DAY	CLASS
6/18-6/21	8:30-9:30 AM	M-Th	6111
7/16-7/19	8:30-9:30 AM	M-Th	6113
8/6-8/9	8:30-9:30 AM	M-Th	6115

Fee: Resident \$70, Non-Resident \$75

Sessions: 4

Ages: 5-8

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



MINI TENNIS CAMP (AGES 8-12)

Summer tennis camps are a perfect way for your kids to be active, and learn continue improving their tennis game. A typical day at camp includes a warm-up, fundamental stroke development, game play and a hit for prizes game. All participants receive a free t-shirt.

DATES	TIME	DAY	CLASS
6/18-6/21	10:00-11:30 AM	M-Th	6112
7/16-7/19	10:00-11:30 AM	M-Th	6114
8/6-8/9	10:00-11:30 AM	M-Th	6116

Fee: Resident \$100, Non-Resident \$105

Sessions: 4

Ages: 8-12

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



BASICS OF SKATEBOARDING: BEGINNING

A hands-on camp designed to bring children together within the community. Children develop and enhance their skateboarding skills while creating friendships. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
6/19-6/22	9:00-11:00 AM	Tu-F	6047
6/26-6/29	9:00-11:00 AM	Tu-F	6048
7/10-7/13	9:00-11:00 AM	Tu-F	6049
7/24-7/27	9:00-11:00 AM	Tu-F	6050
8/7-8/10	9:00-11:00 AM	Tu-F	6051
8/21-8/24	9:00-11:00 AM	Tu-F	6052

Fee: Resident \$140, Non-Resident \$145

Sessions: 4

Ages: 3-12

Location: LHCC

Instructor: Matt Sheridan & Staff

BASICS OF SKATEBOARDING: INTERMEDIATE

A hands-on camp designed for kids who have some experience skateboarding. Camp will address specific skills including dropping in and skating bowls along with creating successful runs and perfecting flat ground tricks. Participants should have basic skills and overall knowledge prior to camp. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
6/19-6/22	11:00 AM-12:00 PM	Tu-F	6053
6/26-6/29	11:00 AM-12:00 PM	Tu-F	6054
7/10-7/13	11:00 AM-12:00 PM	Tu-F	6055
7/24-7/27	11:00 AM-12:00 PM	Tu-F	6056
8/7-8/10	11:00 AM-12:00 PM	Tu-F	6057
8/21-8/24	11:00 AM-12:00 PM	Tu-F	6058

Fee: Resident \$72, Non-Resident \$77

Sessions: 4

Ages: 5-12

Location: LHCC

Instructor: Matt Sheridan & Staff



GENTLE YOGA

Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. ***No class 7/4**

DATES	TIME	DAY	CLASS
6/20-8/8	6:00-7:30 PM	W	6029

Fee: Resident \$87, Non-Resident \$92

Sessions: 7

Ages: 14 & older

Location: LHCC

Instructor: Angie Knight



CHILDREN'S BIRTHDAY PARTY PROGRAM

Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.



MEDITATION, EVERYONE SHOULD MEDITATE- WHY?

There are many different ways to Meditate. The goal is to remove what is unnecessary "the clutter" mental, physical, and emotional. Some benefits of Meditation are, quieting you mind, reducing stress, and operating more efficiently with less effort. I will be guiding you through Concentrative Meditation, the practice of restrict awareness whether internal or external.

DATES	TIME	DAY	CLASS
7/18-8/15	6:00-6:45 PM	W	6067

Fee: Resident \$50, Non-Resident \$55

Sessions: 5

Ages: 18-80

Location: LHCC

Instructor: Karl Ardo



QIGONG FOR ALL

Each class is started with a set of Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy passing through specific pathways (or meridians). The class ends with a closing Qigong form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well-being. This form of Qigong can be safely practiced by the beginner, those with limited movement and the most advanced student.

DATES	TIME	DAY	CLASS
7/18-9/5	7:00-8:00 PM	W	6077

Fee: Resident \$80, Non-Resident \$85

Sessions: 8

Ages: 18-80

Location: LHCC

Instructor: Karl Ardo

REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

CIRCLE OF FRIENDS

CIRCLE OF FRIENDS SUMMER KICK-OFF DANCE

Come dance the night away at the Circle of Friends Summer Kick-off Dance! Bring a friend and join us for a special evening at the Laguna Hills Community Center. We hope you can come! Please RSVP to (949) 707-2683.

DATES	TIME	DAY	CLASS
6/22	7:00-9:00 PM	F	6172

Fee: \$5
Ages: 13 & older
Location: LHCC
Instructor: Community Services Staff

CIRCLE OF FRIENDS BOWLING NIGHT

Bring a friend and come out for an exciting evening of bowling at Forest Lanes in Lake Forest! Please RSVP at least one week in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
7/6	7:00-9:00 PM	F	6170

Fee: \$10
Ages: 13 & older
Location: Forest Lanes
Instructor: Community Services Staff

CIRCLE OF FRIENDS BBQ & CRAFT

Come celebrate summer with us as we barbeque in the park and create masterpieces, all while spending quality time with friends. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
8/18	11:30 AM-1:30 PM	Sa	6171

Fee: \$5
Ages: 13 & older
Location: LHCC
Instructor: Community Services Staff

LEAGUES



ADULT BASKETBALL LEAGUE

Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY
Open League	9/11-11/27	6:30, 7:30, 8:30 PM	Tu

Fee: \$325
Ages: 18 & older
Location: LHCC
Instructor: Community Services Staff



SLOW PITCH ADULT SOFTBALL

Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Men's "D"	9/10-11/26	6:30, 7:45, 8:50 PM	M
Men's "D"	9/11-11/27	6:30, 7:45, 8:50 PM	Tu
Men's Upper "D"	9/12-11/28	6:30, 7:45, 8:50 PM	W
Coed	9/13-11/29	6:30, 7:45, 8:50 PM	Th

Fee: \$350
Ages: 18 & older
Location: LHCC
Instructor: Community Services Staff



SPEAKER SERIES: HEALTHY LIVING LECTURE-EAT HEALTHY THIS SUMMER!

Discover ways to improve your nutrition this season. From beach days to barbecues, we'll show you recipes and teach you strategies to stay healthy this summer.

DATES	TIME	DAY	CLASS
6/6	12:00-1:00 PM	W	5945

Fee: Free
Ages: All Ages
Location: LHCC
Instructor: Saddleback Medical Center

EMERITUS

SADDLEBACK COLLEGE SENIOR EMERITUS PROGRAM

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DAY	CLASS	TIME
MW	Yoga	9:00-9:50 AM
MW	Aerobics	10:00-10:50 AM
MW	Sequential Stretching	11:00-11:50 AM
TuTh	Sequential Stretching	8:30-9:20 AM
TuTh	Pilates	9:30-10:50 AM
Tu	Yoga	11:00 AM-12:50 PM
Fri	Tai Chi	8:15-10:05 AM
Fri PM	Pilates	10:30 AM-12:20

Ages: 50 & older
Location: LHCC

SADDLEBACK COLLEGE ART 41X

Art Media Studies Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Material fee of \$10 payable at registration. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
6/1-7/23	1:30 PM-4:20 PM	MF

Ages: 50 & older
Location: LHCC

SADDLEBACK COLLEGE ART BIO226X: BIRDS OF THE WORLD

Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territory, migration) and techniques of field identification of birds. Designed for older adults who wish to actively participate in a course outdoors, including field trips to local sites. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

**DATES****5/29-7/24**

Ages: 50 & older

Location: LHCC

TIME**9:00-10:50 AM****DAY****T****SADDLEBACK COLLEGE ART 59X**

Intermediate/Advanced WatercolorRec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5 payable at registration. Additional art supplies may be required. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES**5/30-7/25**

Ages: 50 & older

Location: LHCC

TIME**1:30-4:20 PM****DAY****W****SADDLEBACK COLLEGE ART 20X**

Art Appreciation focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES**5/31-7/19**

Ages: 50 & older

Location: LHCC

TIME**10:00-11:50 AM****DAY****Th****SADDLEBACK COLLEGE PHIL 231X**

Free Thought Free Thought belief systems and their impact on culture. Conflicts between church and state, science and religion, and advances in philosophical thought will be discussed by the older adult participants. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES**6/1-7/20**

Ages: 50 & older

Location: LHCC

TIME**1:00-2:50 PM****DAY****F**

Join us for Oscar Wilde's endlessly entertaining comedy
"THE IMPORTANCE OF BEING EARNEST".

The show takes the Laguna Hills Community Center's stage
September 21-30, 2018.

TICKETS GO ON SALE AUGUST 14TH.

Details at www.lagunaniqueltheatre.org.

**MEMORIAL DAY HALF MARATHON**

Online registration is now open for the City's 20th annual Memorial Day Half Marathon, 5k and 10k, which will be held on Monday, May 28.

Runners of all skill levels are welcome for this family-friendly event. In addition to the 13.1-mile half marathon, the 6.2-mile 10k and the 3.1-mile 5k, the event features a Kid's Run of 1/2 mile and a 50-Yard Diaper Dash for children 3 and under! The City will once again hold a Family Expo featuring a kid's fun zone and more than 50 vendors and exhibitors from 7:30 a.m. to 12:00 p.m.

The City intends to donate three dollars from each paid 5K, 10K, and half marathon race entry to Team Dark Horse, the support committee for the City's adopted 3rd Battalion, 5th Marine regiment, of the 1st Marine Division based out of Camp Pendleton.

The City of Laguna Hills needs more than 400 volunteers for this great event. Volunteers receive a free t-shirt, a meal and community service hours. Those interested in volunteering should call 949-975-8506 or email questions@lagunahillshalfmarathon.com for more information.

Visit www.lagunahillshalfmarathon.com for race times, fees, registration, course descriptions, parking, directions, and other information.

REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

COMMUNITY SERVICES

ACTIVITYGUIDE

CITY OF LAGUNA HILLS



LH
TECHNOLOGY
LIBRARY



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City of Laguna Hills REGISTRATION INFORMATION

Register...

On-Line

www.lagunahillscsca.gov

Walk-In

Laguna Hills Community Center
at 25555 Alicia Parkway

Phone-In

Call (949) 707-2680, for credit card users only

Mail-In

Make check payable to
City of Laguna Hills,
and mail it to:
City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653

**Summer Registration begins
Tuesday, August 14, 2018**

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity, a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian (No exceptions).
- Full refunds are issued for any class canceled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.



LAGUNA HILLS TECHNOLOGY LIBRARY



25555 Alicia Parkway
Laguna Hills, CA 92653
949.707.2699
ocpl.ltk@occr.ocgov.com

Monday-Thursday:
10am – 7pm
Saturday:
9am-5pm
Friday & Sunday: Closed

The library offers computer tutoring on a one-to-one setting to learn skills from basic computer, email, internet, and Microsoft Word. Call or stop by to schedule a free session at your convenience! The library has many programs for all ages. The library's online calendar is available at: <http://ocpl.org/libloc/lht/calendar>



Orange County, CA
Public Libraries
Open Doors. Free Access. Community.



As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

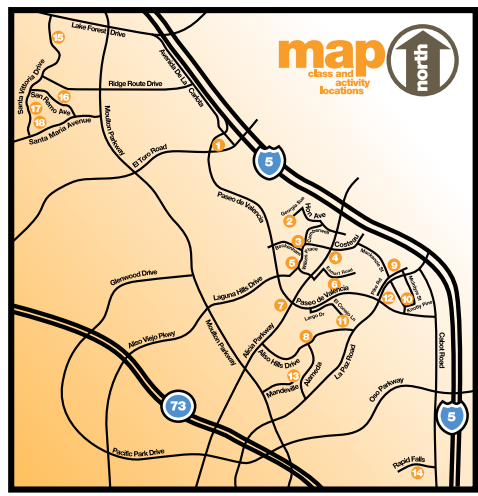
The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.



COMMUNITY SERVICES

ACTIVITY GUIDE

CITY OF LAGUNA HILLS



CLASS ACTIVITY LOCATIONS

- | | |
|-------------------------|---------------------------|
| 1 City Hall | 10 Knotty Pine Park |
| 2 Clarington Park | 11 El Conejo Park |
| 3 Beckenham Park | 12 Valencia Elementary |
| 4 Costeau Park | 13 Mandeville Park |
| 5 Stockport Park | 14 Cabot Park |
| 6 Lomarena Elementary | 15 Veeh Ranch Park |
| 7 LHCC & Sports Complex | 16 San Remo Park |
| 8 Mendocino Park | 17 Santa Vittoria Park |
| 9 Mackenzie Park | 18 San Joaquin Elementary |

> CONTENT

Issue Features

- SPECIAL EVENTS
- EARLY CHILDHOOD CULTURAL ARTS
- EARLY CHILDHOOD PERSONAL DEVELOPMENT
- CULTURAL ARTS
- PERSONAL DEVELOPMENT
- DANCE
- SPORTS AND FITNESS
- CIRCLE OF FRIENDS
- SPORT LEAGUES
- EXCURSIONS
- EMERITUS

Events Calendar

- | | |
|------------------------|--|
| AUG 14 | Fall Registration Begins |
| AUG 18 | Circle of Friends BBQ & Craft |
| SEP 3 | Community Center & Sports Complex Closed |
| SEP 14 | Circle of Friends Pizza & Movie Night |
| OCT 12 | Circle of Friends Halloween Dance |
| NOV 11 | Community Center & Sports Complex Closed |
| NOV 13 | Winter Registration Begins |
| NOV 16 | Circle of Friends Game Night |
| NOV 22 & 23 | Community Center & Sports Complex Closed |
| DEC 8 | Breakfast with Santa |

STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs, and events please visit our website, www.lagunahillsc.gov.

WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillsc

REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment... Remember to register early!

Attachment: Exhibit 2 - Laguna Hills Recreation Activity Guides (1786 : Recreation Class Fees)

SPECIAL EVENTS

BREAKFAST WITH SANTA

Ho, Ho, Ho! Santa will be arriving at the Laguna Hills Community Center for a morning full of holiday fun! Join us for a special celebration complete with a scrumptious breakfast, photos with Santa, and holiday crafts! Children must be accompanied by a paying adult. PLEASE NOTE: No refunds or transfers for special events.

****Registration closes December 5th****

DATES	TIME	DAY	CLASS
12/8	9:00 AM-11:00 AM	Sa	6361

Fee: Child/Adult Resident \$10, Child/Adult Non-Resident \$15, per person
Ages: All Ages
Location: LHCC
Instructor: Community Services Staff

EARLY CHILDHOOD CULTURAL ARTS

MUSIC TOGETHER

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance, and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent participation is required. For more information, please visit www.svmusictogether.net. Babies under 8 months may attend for free with registered sibling. A \$42 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	CLASS
9/12-11/14	9:15-10:00 AM	W	6240
9/12-11/14	10:15-11:00 AM	W	6241

Fee: Resident \$160, Non-Resident \$165
Class Sessions: 10
Ages: 4 & under
Location: LHCC
Instructor: Elena Salisbury

TUNES AND TALES

Let's get the wiggles out! Tunes & Tales is a Music and Movement class for children ages 1 1/2 to 4 years. Sing-a-longs and fingerplay songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments, and a parachute. We will even have a chance to read a short story each week (2^{1/2} to 4 year class only). The children have a great time while developing their listening and social skills. Parent/Adult supervision is required. Sibling discount: 25% for siblings registering in the same class.

DATES	TIME	DAY	CLASS
AGES 1 ^{1/2} - 2 ^{1/2} ;			
9/13-10/4	9:30-10:10 AM	Th	6253
10/25-11/15	9:30-10:10 AM	Th	6255

Fee: Resident \$45, Non-Resident \$50
Class Sessions: 4

AGES 2 ^{1/2} - 4;			
9/13-10/4	10:15-11:10 AM	Th	6254
10/25-11/15	10:15-11:10 AM	Th	6256

Fee: Resident \$50, Non-Resident \$55
Class Sessions: 4
Location: LHCC
Instructor: Vivian Stapleton



CHRISTMAS TUNES AND TALES

Join us as we sing and play our way through Christmas carols and holiday music. We'll use jungle bells, instruments, a parachute and more as we sing about Rudolph and Santa. We'll also have time to read a holiday story. Let's get ready for "the most wonderful time of the year" together! Each registered child will receive a small gift. Parent Participation is required.

DATES	TIME	DAY	CLASS
12/13	9:30-10:25 AM	Th	6257
12/13	10:30-11:25 AM	Th	6258

Fee: Resident \$15, Non-Resident \$17
Ages: 2-4
Location: LHCC
Instructor: Vivian Stapleton

EARLY CHILDHOOD PERSONAL DEVELOPMENT

KINDERGARTEN, HERE I COME!

Taught by a fully credentialed teacher, this exciting kindergarten readiness program will offer pre-schoolers crucial social and academic skills to prepare them for school. This parent participation program is designed for 4-5 year olds and will be thematically planned with lessons including language arts, math, social studies, science and art. Please bring a snack each day as there will be a daily snack and recess time. Children must have turned 4 years old by September 1, 2018 to register. Parents will only need to register to volunteer in the classroom for four lessons. A \$20 material fee is due to the instructor at the first class meeting. Class curriculum will progress throughout the school year and closely corresponds with the Saddleback School District Calendar. ***NO CLASS 9/19, 10/29, 11/12, 11/19-11/23.**

DATES	TIME	DAY	CLASS
9/10-12/19	9:30 AM-12:30 PM	M W F	6356

Fee: Resident \$500, Non-Resident \$505
Class Sessions: 38
Ages: 4-5
Location: LHCC
Instructor: Jennifer Migliaccio

PLAYTIME!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination, and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child in this class will receive a 25% discount for additional children enrolled.

DATES	TIME	DAY	CLASS
10/9-12/13	11:30 AM-2:00 PM	Tu Th	6357

Fee: Resident \$175, Non-Resident \$180
Class Sessions: 19
Ages: 3-5
Location: LHCC
Instructor: Community Services Staff



CULTURAL ARTS

SNOW WHITE 1 ACT MUSICAL

Be in a musical! Snow White is a musical version of the classic fairy tale, with many fun characters to play for both boys and girls. Creative Kids Playhouse staff are professionals in drama, dance, and voice who coach kids with in a fun, effective style. If enrollment is high, there will be two different casts. **Dress Rehearsal 12/4 from 4:00-8:00 PM. Show 12/5 at 5:00 and 7:30 PM.** Learn more online www.CreativeKidsPlayhouse.com.
*NO CLASS 10/23, 11/6, 11/20.

DATES	TIME	DAY	CLASS
10/2-11/27	4:00-5:30PM	Tu	4088

Fee: Resident \$178, Non-Resident \$183

Ages: 6-14

Location: LHCC

Instructor: Creative Kids Playhouse, Musical Theatre Camp

BEGINNING GUITAR

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarists in a supportive small group environment. The aim of this class is to transform the novice into a self reliant musician. Learn to play chords, fun melodies, strum styles, and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Hills for the past 12 years. Have a blast and bring your own guitar to class.

DATES	TIME	DAY	CLASS
9/11-10/9	6:00 PM-7:00 PM	Tu	6251

Fee: Resident \$89, Non-Resident \$94

Class Sessions: 5

Ages: 10 & older

Location: LHCC

Instructor: Ron Gorman

BEGINNING UKULELE

Just one strum of the ukulele brings on a smile. Enjoy learning how to play the world's easiest string instrument in a supportive small group setting. This class will provide all the fundamentals to be able to play songs on your own. Learn simple chords, easy melodies, strum styles, finger picking, and a wide assortment of great songs. Ron Gorman has been teaching music classes for the City of Laguna Hills for 12 years. Bring your own Ukulele to class and let's have fun!

DATES	TIME	DAY	CLASS
9/11-10/9	7:00-8:00 PM	Tu	6252

Fee: Resident \$89, Non-Resident \$94

Class Sessions: 5

Ages: 10 & older

Location: LHCC

Instructor: Ron Gorman

OSCAR WILDE'S: THE IMPORTANCE OF BEING EARNEST

Renaissance Theatre Company (formerly Laguna Niguel Community Theatre) presents a wildly entertaining comedy sparkling with dazzling word play and unlikely situations, The Importance of Being Earnest, as it's never been seen before. Oscar Wilde's play, subtitled "A trivial comedy for serious people," was written to satirize Victorian social customs and manners. RTC's innovative production re-imagines Wilde's farce into London of the 1960s, complete with mod-style, British-Rock sound and social conventions not so unlike Wilde's Victorian targets. Come enjoy RTC's Wilde romp through London and a night of theatre you will never forget!

DATES	TIME	DAY	CLASS
9/21	7:00-9:00 PM	F	6228
9/22	2:00-4:00 PM	Sa	6229
9/22	7:00-9:00 PM	Sa	6230
9/23	2:00-4:00 PM	Su	6231
9/27	7:00-9:00 PM	Th	6232
9/28	7:00-9:00 PM	F	6233
9/29	2:00-4:00 PM	Sa	6234
9/29	7:00-9:00 PM	Sa	6235
9/30	2:00-4:00 PM	Su	6236

Fee: \$22, per person; Senior/Student \$20

Ages: All Ages

Location: LHCC

Instructor: Renaissance Theatre Company

THE THREE PIGGY OPERA

Have fun being in a darling production of the classic tale "The Three Piggy Opera". The children will have fun being directed by our energetic Tom Thumb Staff. They will love being taught improvisational skills, creating a story on stage and other music, movement, and drama exercises. Children pretend all the time having their imaginations come to life with sets, costumes, and music is a magical thing for them! Musical Theatre helps children in so many ways-memorization skills, expressing themselves, working on a team, self-confidence, and many more. Most of all, it is FUN! Your child will be proud to display what they've learned in a performance of "The Three Piggy Opera" for family and friends. All actors will receive a Tom Thumb Players t-shirt and rehearsal CD. **The final performance will be held November 15 at 6:30 PM.**

DATES	TIME	DAY	CLASS
9/27-11/15	9:30-10:15 AM	Th	6299

Fee: Resident \$134, Non-Resident \$139

Class Sessions: 8

Ages: 3-6

Location: LHCC

Instructor: Creative Kids Playhouse

DANCE



WEST COAST MOVEMENT PROJECT

Since 2006, WCMP has provided a family-centric dance studio environment through the City of Laguna Hills. Highly personalized instruction coupled with strong technical training raises our students confidence helping them to learn, grow and thrive. Your child's dance education is important to us, and so is your child. Come join us and see what makes us unique.

FREE TRIAL WEEK FOR NEW STUDENTS!

August 27-September 1 new students may try any class at their level that we offer! Liability forms for the City of Laguna Hills must be filled out to participate and can be signed the day of class. SPACE IS LIMITED and must be reserved to guarantee participation. To reserve space email us at mia.alicea@gmail.com.

WCMP HOLIDAY SHOW

Enrolled students are eligible to participate in our Holiday Show in December. Holiday Show participation is optional and is a non-City sponsored event. More information will be distributed the first week of class.

WCMP JUNE RECITAL

Enrolled students are eligible to participate in our annual June Recital. Recital participation requires students to continue taking classes through all four quarters. Recital participation is optional and is a non-City sponsored event. More information will be distributed the first week of class.

OUR LEVELS/DIVISIONS

Our divisions include four categories based on age, experience and skill attainment: FIRST STEPS, ROOTS, WINGS & FLIGHT.

CLASS SELECTION, TUITION AND REGISTRATION

Registration is a two step process. Parents must sign up online via WCMP's online studio registration portal. This will hold your child's place in their selected class. WCMP does not collect tuition through the portal. To pay tuition for the total number of classes chosen, families must complete registration with the City of Laguna Hills. Students are considered fully registered only when both steps are completed.

STEP 1: SIGN UP AND HOLD YOUR CLASSES THROUGH WCMP'S ONLINE PORTAL

-Create a WCMP parent account and sign up for your chosen classes at dancestudio-pro.com/online/wcmp

STEP 2: PAY FOR TUITION THROUGH THE CITY OF LAGUNA HILLS

-Register and pay the City of Laguna Hills the total tuition for the number of classes you've selected. See chart below for tuition and class codes. Separate registrations are required for each family member. Additional family members enjoy discounted rates.

QUARTER 1

August 27th- November 3rd
No Class 9/3, 10/31 (afternoon)

First Family Member Cost for Quarter 1
August 27th-November 3rd

CLASSES PER WEEK:	COST	CODE:
ONE	\$160	#6260
TWO	\$300	#6261
THREE	\$400	#6262
FOUR	\$480	#6263
FIVE	\$550	#6264
SIX	\$600	#6265
SEVEN	\$675	#6266

Each Additional Family Member Cost for Quarter 1
August 27th-November 3rd

CLASSES PER WEEK:	COST	CODE:
ONE	\$136	#6267
TWO	\$255	#6268
THREE	\$340	#6269
FOUR	\$408	#6270
FIVE	\$467	#6271
SIX	\$510	#6272
SEVEN	\$574	#6273



QUARTER 2

November 5th- February 2nd
No Class 11/12, 11/19-11/25, 12/22-1/4, 1/24 (morning)

First Family Member Cost for Quarter 2
November 5th- February 2nd

CLASSES PER WEEK:	COST	CODE:
ONE	\$160	#6275
TWO	\$300	#6276
THREE	\$400	#6277
FOUR	\$480	#6278
FIVE	\$550	#6279
SIX	\$600	#6280
SEVEN	\$675	#6281

Each Additional Family Member Cost for Quarter 2
November 5th-February 3rd

CLASSES PER WEEK:	COST	CODE:
ONE	\$136	#6282
TWO	\$255	#6283
THREE	\$340	#6284
FOUR	\$408	#6285
FIVE	\$467	#6286
SIX	\$510	#6287
SEVEN	\$574	#6288

We are happy to answer any questions regarding your child's placement, dress code or our program. Email: mia.alicea@gmail.com (quickest method of contact)

Phone: (949) 495-2119

Website: wcmovementproject.com

FB business page: facebook.com/WestCoastMovementProject

Instagram: instagram.com/westcoastmovementproject



FIRST STEPS COMBO DANCE

Our tap, ballet, jazz combo programming was lovingly developed for pre-school aged children. Dancers learn basic steps while exploring fun-filled themed units. In addition, we introduce vital social skills including communication, cooperation, and self control while engaging their curiosity and building their confidence. Our First Steps students are taught with caring instruction and attention is paid to the growth and development of each student.

Dress Code: Any color leotard and tights, black tap shoes, pink leather ballet slippers.

DIVISION	AGE	DAY	TIME
FIRST STEPS	3-4	T	9:00-9:45 AM
FIRST STEPS	3-4	Th	9:00-9:45 AM
FIRST STEPS	3-4	Th	3:30-4:15 PM
FIRST STEPS	3-4	F	10:15-11:00 AM



TAP & JAZZ

Tap & Jazz are the building blocks of a rounded dance education and our Roots Level Combo classes provide the perfect beginning. Class time is divided between the two genres and provides the skills required for our Wings and Flight levels. Tap explores basic rhythms while building basic tap



vocabulary, while Jazz focuses on placement and the foundational technique characteristic of this classic style. NOTE: For six year olds, we recommend Combo I if this is their first year of dance.

Combo I:

Dress Code: Solid black leotard or tank, black dance shorts, tan tights, black patent leather tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	5-6	W	3:30-4:30 PM

Combo II:

Dress Code: Solid black leotard or tank, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	6-8	Th	4:15-5:15 PM

Combo III:

Dress Code: Solid black leotard or tank, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	8-10	T	3:30-4:45 PM



BALLET

Ballet instills grace, elegance, poise, and technique. Dancers are taught ballet basics and walk away with vital transferable skills for other dance styles. Ballet is considered the foundational form for most other dance styles and is an important part of any dance education. We recommend ballet for all students.

Dress Code: Solid black leotard, pink tights, pink leather ballet slippers, and hair in a bun. Dancers may also choose to wear a black ballet skirt if they wish.

DIVISION	AGE	DAY	TIME
ROOTS	5-6	M	3:30-4:15 PM
ROOTS	7-9	M	4:15-5:00 PM
ROOTS	7-9	F	3:30-4:15 PM
WINGS*	9-12	M	5:00-5:50 PM
FLIGHT*	12+	M	5:50-6:50 PM
FLIGHT*	12+	F	6:15-7:15 PM

*PREREQUISITE REQUIRED- Instructor Approval



JAZZ

Jazz is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic combinations, while developing and showcasing their individual style.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS*	9-12	T	5:30-6:45 PM
FLIGHT*	12 +	W	6:45-7:45 PM

*PREREQUISITE REQUIRED- Instructor Approval



TAP

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing, and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition the visual beauty of dance.

Dress Code: Solid black dance tank, black dance shorts, tan tights, black tap oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS & FLIGHT	11+	W	5:15-6:00 PM

*PREREQUISITE REQUIRED- Instructor Approval



MUSICAL THEATRE DANCE

Learn dances from a variety of popular musicals! Participants will work to create mini-production numbers while singing and dancing. Musical Theatre is an open division class and students in the age range from any level are encouraged to participate.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
OPEN	8-12	W	4:30-5:15 PM



LYRICAL

Lyrical incorporates the traditional lines of classical ballet combined with jazz to tell a story and express emotions. Lyrical is a wonderful entry point for young dancers who wish to ultimately take Contemporary.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	7-9	Th	5:15-6:00 PM



CONTEMPORARY

Lyrical incorporates the traditional lines of classical ballet combined with jazz to tell a story and express emotions. Lyrical is a wonderful entry point for young dancers who wish to ultimately take Contemporary.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS*	9-12	F	4:15-5:15 PM
FLIGHT*	12 +	F	5:15-6:15 PM

*PREREQUISITE REQUIRED- Instructor Approval



M*POWER DANCE TEAMS

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

TEAM	DAY	TIME
TEAL*	T*	4:45-5:30 PM
PURPLE*	W	6:00-6:45 PM

*PREREQUISITE REQUIRED- Invitation Only



Hip Hop

Dancers will learn to move and groove to contemporary hip hop styles gaining confidence and rhythmic awareness. Music is age appropriate.

Dress Code: Joggers or sweat pants, tee shirt and sneakers.

DIVISION	AGE	DAY	TIME
Roots	6-9	Sat	10:00-10:45 AM
Flight	Teens	Sat	10:45-11:30 AM



CLOG DANCE

Clogging is a type of folk dance in which the dancer's shoes percussively hits the floor by striking the heel and/or toe creating rhythms usually to the downbeat of many different genres of music. No class 11/21

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/5-9/19	8:00-10:00 PM	W	3	\$21/\$26	6349
9/26	8:00-10:00 PM	W	1	\$7/\$9	6350
10/3-10/17	8:00-10:00 PM	W	3	\$21/\$26	6351
10/24	8:00-10:00 PM	W	1	\$7/\$9	6352
11/7-11/28	8:00-10:00 PM	W	3	\$21/\$26	6353
12/5-12/12	8:00-10:00 PM	W	2	\$14/\$19	6354
12/19	8:00-10:00 PM	W	1	\$7/\$9	6355

Ages: 6 & older

Location: LHCC

Instructor: John Habash



BELLY DANCING

From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years experience in this dance form. For more information, please visit www.enhedyanna.com.

DATES	TIME	DAY	CLASS
9/9-9/30	12:15-1:30 PM	Su	6339
10/7-10/28	12:15-1:30 PM	Su	6340
11/4-11/25	12:15-1:30 PM	Su	6341
12/2-12/23	12:15-1:30 PM	Su	6342

Fee: Resident \$52, Non-Resident \$57

LEVEL II:

9/9-11/25	1:45-3:00 PM	Su	6343
12/2-12/23	1:45-3:00 PM	Su	6344

Fee: Resident \$52, Non-Resident \$57

LEVEL III:

9/9-11/25	3:15-4:30 PM	Su	6345
12/2-12/23	3:15-4:30 PM	Su	6346

Fee: Resident \$52, Non-Resident \$57

Ages: 10 & older

Location: LHCC

Instructor: Tina Elkins



SOCIAL BALLROOM DANCE

Students will learn the foundations of the most useful dances such as Foxtrot, Waltz, Swing, Salsa and more. Lessons will include new dance patterns and variations, as well as lead/follow techniques with the goal of being able

to dance comfortable in most social environments such as weddings, reunions, and dance clubs.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/4-9/25	8:15-9:15 PM	Tu	4	\$40/\$45	#6194
10/2-10/30	8:15-9:15 PM	Tu	5	\$50/\$55	#6195
11/6-11/27	8:15-9:15 PM	Tu	4	\$40/\$45	#6196

Ages: 8 & older

Location: LHCC

Instructor: Sway Ballroom Dance



PERSONAL DEVELOPMENT



JR. CARPENTRY

If you've got a love for building, this camp is for you! This fun-filled camp includes pre-designed crafts that any future carpenter is sure to love! Participants will utilize provided wood supplies and tools to construct awesome items, all in a safe and supervised environment.

DATES	DAY	TIME	CLASS
9/28-10/19	F	3:30-5:00 PM	6372

Fee: Resident \$35, Non-Resident \$40
Ages: 6-12
Location: El Conejo Park
Instructor: Community Services Staff

SPORTS AND FITNESS



CHILDREN & TEEN OPEN GYM BASKETBALL

Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
ONGOING	12:00-2:00 PM 2:00-4:00 PM	SU M-F

Fee: Free

Ages: 17 & under

Location: LHCC



ADULT OPEN GYM BASKETBALL

Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
ONGOING	2:00-6:00 PM 6:30-9:30 PM	SU FRI

Fee: Resident \$30, Non-Resident \$40

Ages: 18 & older

Location: LHCC



ADULT TABLE TENNIS ANNUAL PASS

Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Don't want to pay for the annual pass? No problem, you may purchase a one day pass for \$2. Exact change only.

Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

DATES	TIME	DAY
ONGOING	12:00-2:00 PM 1:00-5:00 PM	T TH SAT
Fee: Resident \$30, Non-Resident \$35		
1-DAY GUEST PASS	12:00-2:00 PM 1:00-5:00 PM	T TH SAT
Fee: \$2		



PICKLEBALL

Pickleball is a racquet sport that incorporates elements of badminton and tennis for two to four players, who use hand-held paddles to hit a perforated plastic ball over the net. It's an easy-to-learn game that is played on a court similar to a tennis court, but half the size. Pickleball is fun for family and friends of all ages and levels of activity. These low impact workouts promote adult and kids health. This drop-in sport is being offered on a trial basis at the Laguna Hills Community Center's Roller Hockey Rink. Participants must register at the Community Center's front desk prior to any play. Day and hours are subject to change.

DATES	TIME	DAY
ONGOING	9:00 AM-12:00 PM 6:00-9:00 PM	TU W M TH
Fee: No cost at this time		
Ages: All Ages		
Location: LHCC		



AFTER SCHOOL SPORTS

Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Sessions I and II are open to 3rd, 4th, 5th and 6th graders. Session I: Boys Flag Football and Girls Volleyball; Session II: Coed Basketball. NOTE: Class will not meet on school holidays and furlough days. On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
SESSION I:					
9/24-10/24	2:45-4:00 PM	M W	Lomarena	B.Flag Football	#6363
9/24-10/24	2:45-4:00 PM	M W	Lomarena	G.Volleyball	#6364
9/25-10/25	2:15-3:30 PM	T Th	S. Joaquin	B.Flag Football	#6365
9/25-10/25	2:15-3:30 PM	T Th	S. Joaquin	G.Volleyball	#6366
9/25-10/25	2:45-4:00 PM	T Th	Valencia	B.Flag Football	#6367
9/25-10/25	2:45-4:00 PM	T Th	Valencia	Girls Volleyball	#6368

SESSION II:					
11/5-12/12	2:45-4:00 PM	M W	Lomarena	Coed Basketball	#6369
11/6-12/13	2:15-3:30 PM	T Th	S. Joaquin	Coed Basketball	#6370
11/6-12/13	2:45-4:00 PM	T Th	Valencia	Coed Basketball	#6371
Fee: \$35					
Class sessions: 10					
Grades: 3-6					
Instructor: Community Services Staff					



HIKING CLUB

The Hiking Club is a series of hikes that explore various wilderness areas in the Orange County area. The hikes are held at intermediate level hiking pace and encounter a more challenging variety of terrain, including hills with distances of 3-7 miles. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Community Services Staff provides transportation from the Laguna Hills Community Center to each of the trailheads. Call (949) 707-2680 for more information. Sign up today, space is limited. SCHEDULE 8/25: San Onofre State Beach- Bluff and Beach Loop; 9/8: San Clemente Trails- Forster Ranch Ridgeline; 9/22: Aliso & Wood Canyons Wilderness Park- West Ridge; 10/6: San Juan Capistrano Trails- Patriots Hills; 10/20: Crystal Cove State Park- Morrow Ridge Trail.

DATES	TIME	DAY	CLASS
8/25, 9/8, 9/22, 10/6, 10/20	8:00 AM-12:00 PM	Sa	6220
Fee: Resident \$40, Non-Resident \$45			
Class Sessions: 5			
Ages: 18 & older			
Location: LHCC			
Instructor: Community Services Staff			



DAY HIKE AT JULIAN WITH AN OPTION FOR PIE

Hike up Volcan Mountain to the summit via the Five Oaks Trail for spectacular views from the desert to the coast. Volcan Mountain Wilderness Preserve offers approximately 2,900 acres of mixed conifer forest. This roughly 5 mile round trip hike is considered moderately-difficult, with steep inclines. Be sure to dress in layers, bring plenty of water, some snacks, wear good footwear, and sun protection. Bring a sack lunch or purchase while exploring Main Street for the perfect slice of pie. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trailhead. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
9/15	8:00 AM-7:00 PM	Sa	6221
Fee: Resident \$30, Non-Resident \$35			
Ages: 18 & older			
Location: LHCC			
Instructor: Community Services Staff			



DAY HIKE AT BIG BEAR & CHICKEN DANCE

Seek the peak on a hiking adventure on the San Bernardino National Forest's Cougar Trail which leads to the top of Bertha Peak. This is a moderate 6.5 mile trail and has an elevation gain of just over 1600 feet. The hike has many opportunities to view a variety of birds and flowers, woodlands and expansive views. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring snacks, lunch and water to have during the hike. Afterwards, throw on your lederhosen for the chicken dance to celebrate Oktoberfest at the

REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment..Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

Attachment: Exhibit 2 - Laguna Hills Recreation Activity Guides (1786 : Recreation Class Fees)

Convention Center Participants meet at the Laguna Hills Community Center where City Staff will provide transportation to the trail-head. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
10/13	8:00 AM-7:00 PM	Sa	6222
Fee: Resident \$40, Non-Resident \$45			
Ages: 18 & older			
Location: LHCC			
Instructor: Community Services Staff			



DAY HIKE AT POTATO CHIP ROCK

Hike out and back to Potato Chip Rock via Mt. Woodson Trail located near Poway, California in San Diego County. This 7 mile steep and narrow trail is rated difficult, but is one of the most popular trails for photo ops and scenic views of the Pacific Ocean. The Mount Woodson trail-head starts at the end of Lake Poway Road at Lake Poway and offers hikers a challenging trail up to the famous potato chip boulder and Mount Woodson Summit. This is a great place for a good workout and is a very exposed trail. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring snacks, lunch, and water to have during the hike. Participants meet at the Laguna Hills Community Center where City Staff will provide transportation to the trail-head. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
11/3	8:00 AM-7:00 PM	Sa	6223
Fee: Resident \$30, Non-Resident \$35			
Ages: 18 & older			
Location: LHCC			
Instructor: Community Services Staff			



AIKIDO

Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness, and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and coordination. Adults are welcome to train with their families. Ranks and belt testing available- additional fees and membership required. Please see instructor about uniform pricing and sizing. No class 9/8, 9/22, 11/22

DATES	TIME	DAY	CLASS
Beginning (Ages 6-18):			
9/1-9/29	5:00-6:00 PM	Tu Th	6211
	9:30-10:30 AM	Sat	
10/2-10/30	5:00-6:00 PM	Tu Th	6214
	9:30-10:30 AM	Sat	
11/1-11/29	5:00-6:00 PM	Tu Th	6217
	9:30-10:30 AM	Sat	
Fee: Resident \$75, Non-Resident \$80			
Intermediate (Ages 6-18):			
9/1-9/29	6:00-7:00 PM	Tu Th	6212
	9:30-10:30 AM	Sat	
10/2-10/30	6:00-7:00 PM	Tu Th	6215
	9:30-10:30 AM	Sat	
11/1-11/29	6:00-7:00 PM	Tu Th	6218
	9:30-10:30 AM	Sat	
Fee: Resident \$75, Non-Resident \$80			
All levels (Ages 19 & older):			
9/1-9/29	7:00-9:00 PM	Tu Th	6213
	10:30-11:30 AM	Sat	
10/2-10/30	7:00-9:00 PM	Tu Th	6216
	10:30-11:30 AM	Sat	
11/1-11/29	7:00-9:00 PM	Tu Th	6219
	10:30-11:30 AM	Sat	
Fee: Resident \$115, Non-Resident \$120			
Location: LHCC			
Instructor: Dale Eisenberg			



ZUMBA

Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno, and Salsa) with a highly effective cardio training system that is fun and easy

to do. Burn 500-800 calories an hour! Be prepared to have a great time and expect to sweat. Ditch the workout... join the PARTY! To learn more about Zumba or the instructor visit www.southcozumba.com. No class 11/22

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/4-9/25	7:00-8:00 PM	Tu	4	\$36/\$41	6199
9/6-9/27	7:30-8:30 PM	Th	4	\$36/\$41	6200
10/2-10/30	7:00-8:00 PM	Tu	5	\$45/\$50	6201
10/4-10/25	7:30-8:30 PM	Th	4	\$36/\$41	6202
11/6-11/27	7:00-8:00 PM	Tu	4	\$36/\$41	6203
11/1-11/29	7:30-8:30 PM	Th	4	\$36/\$41	6204
Two Days per Week:					
9/4-9/27	7:00-8:00 PM	Tu	8	\$68/\$73	6205
	7:30-8:30 PM	Th			
10/2-10/30	7:00-8:00 PM	Tu	9	\$77/\$82	6206
	7:30-8:30 PM	Th			
11/1-11/29	7:00-8:00 PM	Tu	8	\$68/\$73	6207
	7:30-8:30 PM	Th			
Three Month Option:					
9/4-11/27	7:00-8:00 PM	Tu	13	\$117/\$122	6208
9/6-11/29	7:30-8:30 PM	Th	12	\$108/\$113	6209
9/4-11/29	7:00-8:30 PM	Tu	25	\$213/\$218	6210
	7:30-8:30 PM	Th			

Ages: 16 & older
Location: LHCC
Instructor: Rocio Trevino



BODY SCULPT & STRENGTH

Body Sculpt & Strength is a one hour Zumba, dance fitness class, done to Latin and international rhythms, that incorporates body sculpt movements, utilizing weights or Zumba toning sticks, to help shape and tone the body. There is a focus on each muscle group in the upper body, with exercises that also target the legs and gluteals. We finish up with abdominal exercises and then wrap up the class with a thorough stretch. What to bring to class: 2 lb. hand weights or 2.5 lb. Zumba toning sticks (they can be purchased online) a yoga mat, a towel, and bottled water. Wear comfortable clothing that you don't mind sweating in and aerobics shoes, dance sneakers, or athletic shoes with support. No bare-feet please.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/10-9/24	7:00-8:00 PM	M	3	\$30/\$35	6196
10/1-10/29	7:00-8:00 PM	M	5	\$50/\$55	6197
11/5-11/26	7:00-8:00 PM	M	4	\$40/\$45	6198
Ages: 18 & older					
Location: LHCC					
Instructor: Dina Martin-Rusk					

**GENTLE YOGA**

Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. No class 10/31, 11/21

DATES	TIME	DAY	CLASS
9/5-11/28	6:00-7:30 PM	W	6237
Fee: Resident \$137, Non-Resident \$142			
Class Sessions: 11			
Ages: 14 & older			
Location: LHCC			
Instructor: Angie Knight			

**FUTURE STARS TENNIS**

For kids just starting to play. Class focuses on the basics like ground strokes, some serving, and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/10-9/24	3:00-3:45 PM	M	3	\$44/\$49	6300
9/8-9/29	8:30-9:15 AM	Sa	4	\$58/\$63	6301
10/1-10/22	3:00-3:45 PM	M	4	\$58/\$63	6302
10/6-10/27	8:30-9:15 AM	Sa	4	\$58/\$63	6303
10/29-11/19	3:00-3:45 PM	M	4	\$58/\$63	6304
11/3-11/17	8:30-9:15 AM	Sa	3	\$44/\$49	6305

Ages: 4-5

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

**RISING STARS TENNIS**

Also for new kids to tennis. This class focuses on teaching the fundamentals of ground strokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable. For more information, please visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/10-9/24	3:45-4:45 PM	M	3	\$56/\$61	6306
9/8-9/29	9:15-10:15 AM	Sa	4	\$75/\$80	6307
10/1-10/22	3:45-4:45 PM	M	4	\$75/\$80	6308
10/6-10/27	9:15-10:15 AM	Sa	4	\$75/\$80	6309
10/29-11/19	3:45-4:45 PM	M	4	\$75/\$80	6310
11/3-11/17	9:15-10:15 AM	Sa	3	\$56/\$61	6311

Ages: 6-7

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

**TENNIS STARS**

For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses

lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information, please visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/4-9/25	3:00-4:00 PM	Tu	4	\$75/\$80	6312
9/8-9/29	10:30-11:30 AM	Sa	4	\$75/\$80	6313
10/2-10/23	3:00-4:00 PM	Tu	4	\$75/\$80	6314
10/6-10/27	10:30-11:30 AM	Sa	4	\$75/\$80	6315
10/30-11/20	3:00-4:00 PM	Tu	4	\$75/\$80	6316
11/3-11/17	10:30-11:30 AM	Sa	3	\$56/\$61	6317

Ages: 8-10

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

**ALL STAR TENNIS**

For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball. For more information please

visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/10-9/24	4:45-5:45 PM	M	3	\$56/\$61	6318
9/6-9/27	3:00-4:00 PM	Th	4	\$75/\$80	6319
10/1-10/22	4:45-5:45 PM	M	4	\$75/\$80	6320
10/4-10/25	3:00-4:00 PM	Th	4	\$75/\$80	6321
10/29-11/19	4:45-5:45 PM	M	4	\$75/\$80	6322
11/1-11/15	3:00-4:00 PM	Th	3	\$56/\$61	6323

Ages: 8-11

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

**TIER 1 TENNIS**

Perfect for kids that are ready for full court play with a full compression ball. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/6-9/27	4:00-5:30 PM	Th	4	\$112/\$117	6324
9/8-9/29	11:30 AM-1:00 PM	Sa	4	\$112/\$117	6325
10/4-10/25	4:00-5:30 PM	Th	4	\$112/\$117	6326
10/6-10/27	11:30 AM-1:00 PM	Sa	4	\$112/\$117	6327
11/1-11/15	4:00-5:30 PM	Th	3	\$84/\$89	6328
11/3-11/17	11:30 AM-1:00 PM	Sa	3	\$84/\$89	6329

Ages: 11-17

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell

**ADULT TENNIS- LEARN TO RALLY (BEGINNER TENNIS)**

If you have never played before, now it the time. In this class you will learn the basics of tennis and better yet you will be rallying in just the first class. For more information please

visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/10-9/24	7:30-8:30 PM	M	3	\$56/\$61	6330
10/1-10/22	7:30-8:30 PM	M	4	\$75/\$80	6331
10/29-11/19	7:30-8:30 PM	M	4	\$75/\$80	6332

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- ADVANCED BEGINNER

This class is perfect if you haven't played in a few years or you are just getting the hang of things. I'll help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/10-9/24	6:00-7:30 PM	M	3	\$84/\$89	6333
10/1-10/22	6:00-7:30 PM	M	4	\$112/\$117	6334
10/29-11/19	6:00-7:30 PM	M	4	\$112/\$117	6335

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



ADULT TENNIS- INTERMEDIATE

Perfect for more experienced players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play and decision making during points. For more information, please visit www.WRTennis.com.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
9/6-9/27	6:00-7:30 PM	Th	4	\$112/\$117	6336
10/4-10/25	6:00-7:30 PM	Th	4	\$112/\$117	6337
11/1-11/15	6:00-7:30 PM	Th	3	\$84/\$89	6338

Ages: 18 & older

Location: Mackenzie Park Tennis Courts

Instructor: Wyatt Russell



QIGONG FOR ALL

Each class is started with a set of Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy passing through specific pathways (or meridians).

The class ends with a closing Qigong form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well-being. This form of Qigong can be safely practiced by the beginner, those with limited movement, and the most advanced student. No class 10/31

DATES	TIME	DAY	CLASS
9/12-11/14	7:00-8:00 PM	W	6239

Fee: Resident \$90, Non-Resident \$95

Class Sessions: 9

Ages: 18-80

Location: LHCC

Instructor: Karl Ardo



Basics of Skateboarding

A hands-on camp designed to bring children together within the community. Children develop and enhance their skateboarding skills while creating friendships. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	B ? W	QCQCMLQ	DCC	AJ ? QQ
9/8-9/29	9:00-11:00AM	Sat	2	\$150/\$155	6375
10/6-10/27	9:00-11:00AM	Sat	4	\$150/\$155	6376
11/18-11/21	9:00-11:00AM	Sat	3	\$114/\$119	6377

Ages: 3-12

Location: LHCC

Instructor: Matt Sheridan & Staff



CIRCLE OF FRIENDS

The Circle of Friends Program is for individuals with disabilities who are age thirteen and older. Activities are designed to foster social skills, increase leisure opportunities and create friendships while enhancing developmental needs for teens and adults of all abilities. Programs include movie nights, local excursions, social dances and more! To be added to our Circle of Friends quarterly newsletter mailing list or to find out more about the program, please call (949) 707-2683.

PIZZA AND MOVIE NIGHT

Invite a friend and join us for a fun night of pizza and a movie at the Laguna Hills Community Center! Please RSVP in advance to (949) 707-2683.

DATES	TIME	DAY	CLASS
9/14	6:30-9:00 PM	F	6358

Fee: \$5

Ages: 13 & older

Location: LHCC

HALLOWEEN DANCE

Wear your favorite costume and come dance the night away at the Circle of Friends Halloween Dance! Bring a friend and join us for an exciting evening at the Laguna Hills Community Center. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
10/12	7:00-9:00 PM	F	6359

Fee: \$5

Ages: 13 & older

Location: LHCC

GAME NIGHT

Invite a friend and join us for a fun night of games at the Laguna Hills Community Center! We will have a variety of games to choose from or bring your favorite one from home!

DATES	TIME	DAY	CLASS
11/16	7:00-9:00 PM	F	6360

Fee: \$5

Ages: 13 & older

Location: LHCC

SPORTS LEAGUES

ADULT BASKETBALL LEAGUE

Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY
Open League	9/11-11/27	6:30, 7:30, 8:30 PM	Tu

Fee: \$325

Ages: 18 & older

Location: LHCC

Instructor: Community Services Staff



SLOW PITCH ADULT SOFTBALL

Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Men's "D"	9/10-11/26	6:30, 7:45, 8:50 PM	M
Men's "D"	9/11-11/27	6:30, 7:45, 8:50 PM	Tu
Men's Upper "D"	9/12-11/28	6:30, 7:45, 8:50 PM	W
Coed	9/13-11/29	6:30, 7:45, 8:50 PM	Th

Fee: \$350
Ages: 18 & older
Location: LHCC
Instructor: Community Services Staff

EXCURSIONS

EXCURSION TO MIRAMAR AIRSHOW

The largest and best airshow in the nation will showcase amazing aerial performances by both military and civilian aviators who will amaze you with their unmatched flying skills in the skies over northern San Diego. Scheduled to perform are the U.S. Navy's Blue Angels, the F-35B Lightning Joint Strike Fighter, the Golden Knights U.S. Navy Leap Frog Parachute Teams, the Shockwave Jet Truck and much more. Ample time to explore the static displays of planes, helicopters, and other Marine vehicles and weapons. Bring a sack lunch or purchase from the air show concessions. NOTE: Be prepared to show photo ID to show security; only one clear (see-thru) bag (Ziplock or commercially purchased) is permitted per person. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trail-head. Call (949) 707-2680 for more information. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
9/29	8:00 AM-7:00 PM	Sa	6224

Fee: Resident \$40, Non-Resident \$45
Ages: All Ages
Location: Meet at LHCC

EXCURSION TO WHALEY HOUSE HAUNTED TOUR & OLD TOWN

Tour inside the Whaley House, which is known as the Most Haunted House in America. It is here that the spirits of many original Old Town San Diego Citizens are said to roam from room to room and through many of the hallways. Continue through Old Town, by way of El Campo Santo Cemetery, where many paranormal occurrences have been reported. Bring a sack lunch or purchase while exploring Old Town San Diego. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. Call (949) 707-2680 for more information. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
10/27	9:45 AM-6:00 PM	Sa	6225

Fee: Resident \$35, Non-Resident \$40
Ages: All Ages
Location: Meet at LHCC



CHILDREN'S BIRTHDAY PARTY PROGRAM

Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.

EXCURSION TO THE GETTY VILLA

Partake in an Orientation Tour of the historic Roman villa and gardens J. Paul Getty built on the property and discover the Museum's antiquities collection. The Getty Villa in Malibu houses approximately 44,000 works of art from the Museum's extensive collection of Greek, Roman, and Etruscan antiquities, of which over 2,100 are on view. Bring a sack lunch or purchase from onsite concessions. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. Call (949) 707-2680 for more information. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
11/10	9:45 AM-5:00 PM	Sa	6226

Fee: Resident \$30, Non-Resident \$35
Ages: All Ages
Location: Meet at LHCC

EXCURSION TO THE CALIFORNIA SCIENCE CENTER

The California Science Center offers fun and informative permanent exhibits, such as NASA's Space Shuttle Endeavor. You'll learn about human inventions and innovations, the life processes of living things, and more. NOTE: If patrons want to see Special Exhibit or movie additional out of pocket fee is required for King Tut: Treasures of the Golden Pharaoh and to watch King Tut I-MAX. Celebrate the 100 year anniversary of the discovery of King Tut's tomb. Discover over 15 authentic artifacts of the famous pharaoh as well as how scientific analysis has revealed new information about this 3,000 year old mummy. Bring a sack lunch or purchase from on site concessions. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. Call (949) 707-2680 for more information. No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
11/17	9:00 AM-5:00 PM	Sa	6227

Fee: Resident \$30, Non-Resident \$35
Ages: All Ages
Location: Meet at LHCC

EMERITUS

SADDLEBACK COLLEGE SENIOR EMERITUS PROGRAM

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DAY	CLASS	TIME
The following classes meet 8/20-12/19:		
MW	Yoga Fitness	9:00-9:50 AM
MW	Aerobic Exercise	10:00-10:50 AM
MW	Sequential Stretching	11:00-11:50 AM
T Th	Sequential Stretching	8:30-9:20 AM
T Th	Pilates Conditioning	9:30-10:45 AM
T	Yoga Fitness	11:00 AM - 12:50 PM
Fri	Tai Chi	8:15-10:05 AM
Fri	Pilates Conditioning	10:30 AM - 12:20 PM

Ages: 50-& older
Location: LHCC

SADDLEBACK COLLEGE ART 41X

Art Media Studies Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Material fee of \$10 payable at registration. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/20-12/17	1:30-4:35 PM	M

Ages: 50 & older
Location: LHCC

SADDLEBACK COLLEGE SPAN 231X

Intermediate Practical Spanish Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/21-12/18	9:00-10:50 AM	Tu

Ages: 50-& older
Location: LHCC

SADDLEBACK COLLEGE ART 59X

Intermediate/Advanced Watercolor Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with the medium. Materials fee of \$5 payable at registration. Additional art supplies may be required. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/22-12/19	1:30-4:20 PM	W

Ages: 50 & older
Location: LHCC



SADDLEBACK COLLEGE ART 20X

Art Appreciation Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/23-12/13	10:00-11:50 AM	Th

Ages: 50 & older
Location: LHCC

SADDLEBACK COLLEGE ART 80X

Beginning Sketching Basic drawing techniques will be presented as students are encouraged in individual artistic expression. Still life, student model, and location work will be done in simple classic media of pencil, charcoal and pastel. Materials fee of \$5 is payable at registration. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/24-12/14	1:30-4:35 PM	F

Ages: 50 & older
Location: LHCC

SADDLEBACK COLLEGE BIO226X

Birds of the World Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territory, migration) and techniques of the field identification of birds. Designed for the older adult who wish to actively participate in a course outdoors, including field trips to local sites. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/29-12/19	1:00-3:50 PM	W

Ages: 50 & older
Location: LHCC

SADDLEBACK COLLEGE PHIL 231X

Free Thought Free Thought belief systems and their impact on culture. Conflicts between church and state, science and religion, and advances in philosophical thought will be discussed by the older adult participants. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
8/31-12/14	1:30-3:20 PM	F

Ages: 50 & older
Location: LHCC



WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillsc



Join us for Oscar Wilde's endlessly entertaining comedy
"THE IMPORTANCE OF BEING EARNEST".

The show takes the Laguna Hills Community Center's stage
 September 21-30, 2018.

TICKETS GO ON SALE AUGUST 14TH.

Details at www.lagunanigueltheatre.org.

REGISTER EARLY FOR CLASSES!

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.

ACTIVITYGUIDE

CITY OF LAGUNA HILLS

COMMUNITY SERVICES



LH TECHNOLOGY LIBRARY



BREAKFAST WITH SANTA

LAGUNA HILLS, CA
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City of Laguna Hills REGISTRATION INFORMATION

Register...

On-Line

www.lagunahillscsca.gov

Walk-In

Laguna Hills Community Center
at 25555 Alicia Parkway

Phone-In

Call (949) 707-2680, for credit card users only

Mail-In

Make check payable to
City of Laguna Hills,
and mail it to:
City of Laguna Hills
Community Services
25555 Alicia Parkway
Laguna Hills, CA 92653

**Winter Registration begins
Tuesday, November 13, 2018**

- A \$35 fee is charged on all returned checks.
- Visa, American Express, and MasterCard accepted.
- If you need special accommodations for any of our activities, please notify staff 72 hours prior to the event at 949.707.2680.
- Fees are subject to change.
- Incomplete forms will not be processed which includes receipt of proper payment.
- Prior to any participation in City of Laguna Hills' recreation activity a signed and completed Registration Form and release and waiver is required.
- All minor participants must be registered by parent or legal guardian. (No exceptions).
- Full refunds are issued for any class cancelled by the City. Refund requests made prior to the start of any activity will be granted subject to a \$5 service charge per request.
- Refund requests must be made prior to the second class meeting. No refund will be granted after that time. Special events, one day programs and camps do not receive refunds unless the participant's spot is filled. Refund processing takes 3-4 weeks from the date of the request. The City will mail all refund checks.

LAGUNA HILLS TECHNOLOGY LIBRARY



25555 Alicia Parkway
Laguna Hills, CA 92653
949.707.2699
ocpl.ltk@occr.ocgov.com

Monday-Thursday:
10am – 7pm
Saturday:
9am – 5pm
Friday & Sunday:
Closed

The library offers computer tutoring on a one-to-one setting to learn skills from basic computer, email, internet, and Microsoft Word. Call or stop by to schedule a free session at your convenience! The library has many programs for all ages. The library's online calendar is available at: <http://ocpl.org/libloc/lht/calendar>



Orange County, CA
Public Libraries
Open Doors. Free Access. Community.



As you browse the Fall Class and Activity Schedule, be sure to note those programs designated with one of the "Get Fit" logos. These programs are offered as part of the City's Get Fit Campaign and are provided to support your nutrition and exercise goals.

The City of Laguna Hills supports the health and wellness of the community through the provision of programs and facilities that promote fitness and well-being.

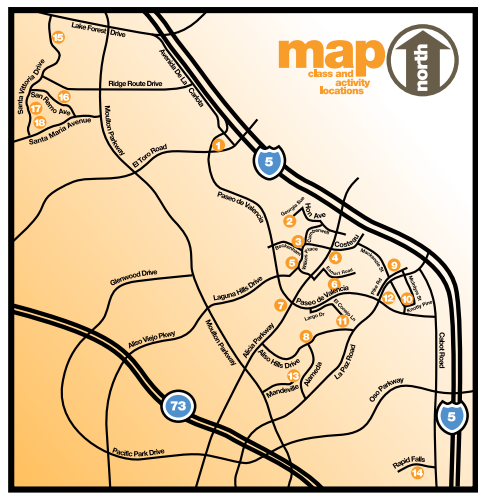
The City of Laguna Hills conducts state criminal background checks on all of its employees and contract instructors for all youth related recreational activity including its athletic programs. The City does not receive subsequent arrest notification information for employees or contract instructors for whom criminal background checks were requested. For more information on the City's background check policy contact the Community Services Department at (949) 707-2680.



COMMUNITY SERVICES

ACTIVITYGUIDE

CITY OF LAGUNA HILLS



CLASSACTIVITYLOCATIONS

- | | |
|-------------------------|---------------------------|
| 1 City Hall | 10 Knotty Pine Park |
| 2 Clarington Park | 11 El Conejo Park |
| 3 Beckenham Park | 12 Valencia Elementary |
| 4 Costeau Park | 13 Mandeville Park |
| 5 Stockport Park | 14 Cabot Park |
| 6 Lomarena Elementary | 15 Veeh Ranch Park |
| 7 LHCC & Sports Complex | 16 San Remo Park |
| 8 Mendocino Park | 17 Santa Vittoria Park |
| 9 Mackenzie Park | 18 San Joaquin Elementary |

>CONTENT

Issue Features

- SPECIAL EVENTS
- EARLY CHILDHOOD CULTURAL ARTS
- EARLY CHILDHOOD PERSONAL DEVELOPMENT
- CULTURAL ARTS
- DANCE
- SPORTS AND FITNESS
- CIRCLE OF FRIENDS
- SPORT LEAGUES
- EXCURSIONS
- EMERITUS

Events Calendar

- NOV 13**
Winter Registration Begins
- NOV 22 & 23**
Community Center & Sports Complex Closed
- DEC 8**
Breakfast with Santa
- DEC 14**
Circle of Friends: Holiday Dinner Dance
- DEC 25**
Laguna Hills Community Center & Sports Complex Closed
- JAN 1**
Laguna Hills Community Center & Sports Complex Closed
- JAN 18**
Circle of Friends: Bowling Night
- FEB 1**
Circle of Friends: Valentine's Dance
- FEB 8**
Daddy Daughter Dinner Dance
- FEB 12**
Spring Registration Begins
- FEB 18**
Laguna Hills Community Center & Sports Complex Closed

STAY INFORMED

If you'd like to receive email notifications with City Information or on upcoming classes, programs and events please visit our website, www.lagunahillscsca.gov.

WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillscscc

Attachment: Exhibit 2 - Laguna Hills Recreation Activity Guides (1786 : Recreation Class Fees)

SPECIAL EVENTS

BREAKFAST WITH SANTA

Ho, Ho, Ho! Santa will be arriving at the Laguna Hills Community Center for a morning full of holiday fun! Join us for a special celebration complete with a scrumptious breakfast, photos with Santa, and holiday crafts! Children must be accompanied by a paying adult. *Registration closes 12/5 at 10pm.

DATES	TIME	DAY	CLASS
12/8	9:00-11:00 AM	Sa	5703
Fee: Child/Adult Resident \$10, Child/Adult Non-Resident \$15			
Ages: All Ages			
Location: LHCC			
Instructor: Community Services Staff			

DADDY DAUGHTER DINNER DANCE

Dance and dine the night away with that special man in your life- father, grandfather, uncle- whomever it may be Dress up for a magical evening of fun and dancing. Register early, space is limited. Adults and Children must register for event to participate. Register early, space is limited. Please Note: No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
2/8	6:30-8:30 PM	F	6450
Fee: Resident Adult \$15, Child \$10; Non-Resident Adult \$20, Child \$15			
Ages: All Ages			
Location: LHCC			
Instructor: Community Services Staff			

EARLY CHILDHOOD- CULTURAL ARTS

HOLIDAYS WITH MUSIC TOGETHER

Jingle those bells and deck the halls for a special Holiday Music Together class! Sing and dance to your favorite holiday songs with bells, shakers, scarves, finger plays, and a holiday instrument jam session. Join us for juice, cookies, and holiday cheer! Parent participation is required.

DATES	TIME	DAY	CLASS
12/5-12/12	9:15-10:00 AM	W	6429
12/5-12/12	10:15-11:00 AM	W	6430
Fee: Resident \$32, Non-Resident \$37			
Class Sessions: 2			
Ages: 4 & under			
Location: LHCC			
Instructor: Elena Salisbury			

MUSIC TOGETHER

Here is your chance to experience a nationwide, research-based program packed with songs, rhymes, dance and instrumental jam sessions! Outstanding teachers with early childhood and music experience will lead participants in a wonderful musical learning experience. Parent/guardian participation is required. For more information, please visit www.svmusictogogether.net. Babies under 8 months may attend for free with registered sibling. A \$42 material fee is due to the instructor at the first class meeting. *NO CLASS 3/9 & 3/16.

DATES	TIME	DAY	CLASS
1/16-3/20	9:15-10:00 AM	W	6385
1/16-3/20	10:15-11:00 AM	W	6386
Fee: Resident \$160, Non-Resident \$165			
Class Sessions: 10			
1/19-3/23	10:45-11:30 AM	Sa	6387
Fee: Resident \$128, Non-Resident \$133			
Class Sessions: 8			
Ages: 4 & under			
Location: LHCC			
Instructor: Elena Salisbury			



CHRISTMAS TUNES AND TALES

Join us as we sing and play our way through Christmas carols and holiday music. We'll use jungle bells, instruments, a parachute and more as we sing about Rudolph and Santa. We'll also have time to read a holiday story. Let's get ready for "the most wonderful time of the year" together! Each registered child will receive a small gift. Parent Participation is required.

DATES	TIME	DAY	CLASS
12/13	9:30-10:25 AM	Th	6257
12/13	10:30-11:25 AM	Th	6258
Fee: Resident \$15, Non-Resident \$17			
Ages: 2-4			
Location: LHCC			
Instructor: Vivian Stapleton			

TUNES AND TALES

Let's get the wiggles out! Tunes & Tales is a Music and Movement class for children ages 1 1/2 to 4 years. Sing-a-longs and fingerplay songs start off this fun filled class followed by music activities using beanbags, rhythm sticks, instruments and a parachute. We will even have a chance to read a short story each week (2^{1/2} to 4 year class only). The children have a great time while developing their listening and social skills. Parent/Adult participation is required. Sibling discount: 25% for siblings registering in the same class. *No class 1/24/18 and 3/14/18.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
AGES 1 ^{1/2} - 2 ^{1/2} :					
1/10-2/7	9:30-10:10 AM	Th	4	\$45/\$50	6380
2/21-3/21	9:30-10:10 AM	Th	4	\$45/\$50	6382
AGES 2 ^{1/2} - 4:					
DATES	TIME	DAY	SESSIONS	FEE	CLASS
1/10-2/7	10:15-11:10 AM	Th	4	\$50/\$55	6381
2/21-3/21	10:15-11:10 AM	Th	4	\$50/\$55	6383
Location: LHCC					
Instructor: Vivian Stapleton					

REGISTER EARLY FOR CLASSES!



Help us avoid cancelling a class due to low enrollment... Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.



EARLY CHILDHOOD- PERSONAL DEVELOPMENT

PLAYTIME!

Fun time, game time, craft time, PLAYTIME! Join us for days of fun-filled activities from music, arts and crafts, sports, and games. This program is designed for lively little people and packed full of activities that initiate creativity, stimulate the imagination and encourage making new friends. Please send a sack lunch with your child each day. Participants must be potty trained. Families enrolling more than 1 child will receive a 25% discount for additional children enrolled. *NO CLASS 1/24.

DATES	TIME	DAY	CLASS
1/8-3/14	11:30 AM-2:00 PM	Tu Th	6508
Fee: Resident \$175, Non-Resident \$180			
Class Sessions: 19			
Ages: 3-5			
Location: LHCC			
Instructor: Community Services Staff			

CULTURAL ARTS

BEGINNING UKULELE

Just one strum of the ukulele brings on a smile. Enjoy learning how to play the world's easiest string instrument in a supportive small group setting. This class will provide all the fundamentals to be able to play songs on your own. Learn simple chords, easy melodies, strum styles, finger picking and a wide assortment of great songs. Ron Gorman has been teaching music classes for the City of Laguna Hills for 12 years. Bring your own Ukulele to class and let's have fun!

DATES	TIME	DAY	CLASS
2/12-3/12	6:00-7:00 PM	Tu	6403
Fee: Resident \$99, Non-Resident \$104			
Class Sessions: 5			
Ages: 10 & older			
Location: LHCC			
Instructor: Ron Gorman			

BEGINNING GUITAR

Playing the guitar is an enjoyable and relaxing way to enrich your life with music. Experience interaction with other beginning guitarists in a supportive small group environment. The aim of this class is to transform the novice into a self reliant musician. Learn to lay chords, fun melodies, strum styles and many popular songs. Instructor Ron Gorman has enjoyed teaching this class for the City of Laguna Hills for the past 12 years. Have a blast and bring your own guitar to class.

DATES	TIME	DAY	CLASS
2/12-3/12	7:00-8:00 PM	Tu	6404
Fee: Resident \$99, Non-Resident \$104			
Class Sessions: 5			
Ages: 10 & older			
Location: LHCC			
Instructor: Ron Gorman			

DANCE

WEST COAST MOVEMENT PROJECT

Since 2006, WCMP has provided a family-centric dance studio environment through the City of Laguna Hills. Highly personalized instruction coupled with strong technical training raises our students confidence helping them to learn, grow and thrive. Your child's dance education is important to us. So is your child. Come join us and see what makes us unique.

WCMP JUNE RECITAL

NEW STUDENTS MAY BE ABLE TO PARTICIPATE IN THE RECITAL BASED ON COSTUME TIMELINES & CLASS AVAILABILITY. Recital participation is optional and is a non-City sponsored event. More information will be distributed the first week of class.

OUR LEVELS/DIVISIONS

Our divisions include four categories based on age, experience and skill attainment: FIRST STEPS, ROOTS, WINGS & FLIGHT.

CLASS SELECTION, TUITION AND REGISTRATION

We occasionally have schedule alterations and add new classes to our schedule. To view our most up to date, full dance schedule along with current class times, please visit us at wcmovementproject.com. Before registering for classes please check with WCMP first to verify space by emailing us at mia.alicea@gmail.com.

Registration is a two step process. Parents must sign up online via WCMP's online studio registration portal. This will hold your child's place in their selected class. WCMP does not collect tuition through the portal. To pay tuition for the total number of classes chosen, families must complete registration with the City of Laguna Hills. Students are considered fully registered only when both steps are completed.
STEP 1: SIGN UP AND HOLD YOUR CLASSES THROUGH WCMP'S ONLINE PORTAL

-Create a WCMP parent account and sign up for your chosen classes at dancestudio-pro.com/online/wcmp

STEP 2: PAY FOR TUITION THROUGH THE CITY OF LAGUNA HILLS

-Register and pay the City of Laguna Hills the total tuition for the number of classes you've selected.

See chart below for tuition and class codes. Separate registrations are required for each family member. Additional family members enjoy discounted rates.

Quarter 2 - November 5th- February 2nd

No Class 11/12, 11/19-11/25, 12/22-1/4, 1/24 (morning)

First Family Member

Cost for Quarter 2 - November 5th- February 2nd

CLASSES PER WEEK	FEE CLASS	CODE
One	\$160	#6275
Two	\$300	#6276
Three	\$400	#6277
Four	\$480	#6278
Five	\$550	#6279
Six	\$600	#6280

Each Additional Family Member

Cost for Quarter 2 - November 6th-February 3rd

CLASSES PER WEEK	FEE CLASS	CODE
One	\$136	#6282
Two	\$255	#6283
Three	\$340	#6284

Quarter 3 - February 4th- April 13th

No Class 2/15-2/18, 4/1-4/7

First Family Member

Cost for Quarter 3 - February 4th - April 13th

CLASSES PER WEEK	FEE CLASS	CODE
One	\$160	#6440
Two	\$300	#6441
Three	\$400	#6442
Four	\$480	#6443
Five	\$550	#6444
Six	\$600	#6445

Each Additional Family Member

Cost for Quarter 3 - February 4th - April 13th

CLASSES PER WEEK	FEE CLASS	CODE
One	\$136	#6446
Two	\$255	#6447
Three	\$340	#6448

We are happy to answer any questions regarding your child's placement, dress code or our program.

Email: mia.alicea@gmail.com (quickest method of contact)

Phone: (949) 495-2119

Website: wcmovementproject.com

FB business page: facebook.com/WestCoastMovementProject

Instagram: instagram.com/westcoastmovementproject



FIRST STEPS COMBO DANCE

Our tap, ballet, jazz combo programming was lovingly developed for pre-school aged children. Dancers learn basic steps while exploring fun-filled themed units. In addition, we introduce vital social skills including communication, cooperation and self control while engaging their curiosity and building their confidence. Our First Steps students are taught with caring instruction and attention is paid to the growth and development of each student.

Dress Code: Any color leotard and tights, black tap shoes, pink leather ballet slippers.

DIVISION	AGE	DAY	TIME
FIRST STEPS	3-4	Th	9:00-9:45 AM
FIRST STEPS	3-4	F	9:30-10:15 AM
FIRST STEPS	3-4	F	10:15-11:00 AM

Instructor: West Coast Movement Project



TAP & JAZZ

Tap & Jazz are the building blocks of a rounded dance education and our Roots Level Combo classes provide the perfect beginning. Class time is divided between the two genres and provides the skills required for our Wings and Flight levels. Tap explores basic rhythms while building basic tap vocabulary while Jazz focuses on placement and the foundational technique characteristic of this classic style. NOTE: For six year olds, we recommend Combo I if this is their first year of dance.

Combo I:

Dress Code: Solid black leotard or tank, black dance shorts, tan tights, black patent leather tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.



DIVISION	AGE	DAY	TIME
ROOTS	5-6	W	4:15-5:15 PM

Combo II:

Dress Code: Solid black leotard or tank, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	6-8	Th	4:15-5:15 PM

Combo III:

Dress Code: Solid black leotard or tank, black dance shorts, tan tights, black oxford lace up tap shoes, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	8-10	T	3:45-5:00 PM

Instructor: West Coast Movement Project



HIP HOP

Dancers will learn to move and groove to contemporary hip hop styles gaining confidence and rhythmic awareness. Music is age appropriate.

Dress Code: Joggers or sweatpants, tee shirt and sneakers.

DIVISION	AGE	DAY	TIME
ROOTS	6-9	S	10:00-10:45 AM

Instructor: West Coast Movement Project



BALLET

Ballet instills grace, elegance, poise and technique. Dancers are taught ballet basics and walk away with vital transferrable skills for other dance styles. Ballet is considered the foundational form for most other dance styles and is an important part of any dance education. We recommend ballet for all students.

Dress Code: Solid black leotard, pink tights, pink leather ballet slippers and hair in a bun. Dancers may also choose to wear a black ballet skirt if they wish.

DIVISION	AGE	DAY	TIME
ROOTS	5-6	M	3:30-4:15 PM
ROOTS	7-9	M	4:15-5:00 PM
WINGS*	9-12	M	5:00-5:50 PM
FLIGHT*	12+	M	5:50-6:50 PM
FLIGHT*	12+	F	6:15-7:15 PM

*PREREQUISITE REQUIRED- Instructor Approval

Instructor: West Coast Movement Project

**REGISTER EARLY
FOR CLASSES!**

Help us avoid cancelling a class due to low enrollment...Remember to register early! For details on how to register for classes, see the sample registration form at the front of the brochure.



WE'RE ON FACEBOOK!

Check us out! www.facebook.com/lagunahillsc



JAZZ

Jazz is rooted in American musical theatre and is known for its iconic fast pace and dynamic energy. Students learn to express themselves with energetic combinations, while developing and showcasing their individual style.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS*	9-12	T	5:45-6:45 PM
FLIGHT*	12 +	W	6:45-7:45 PM

*PREREQUISITE REQUIRED- Instructor Approval
Instructor: West Coast Movement Project



TAP

Through a combination of Broadway and Rhythm Tap styles, we emphasize improving and developing rhythmic skills, the importance of clarity through timing and the articulation of sound. With proper technique, dancers have the opportunity to create music with their tap shoes in addition the visual beauty of dance.

Dress Code: Solid black dance tank, black dance shorts, tan tights, black tap oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS & FLIGHT	11+	W	5:15-6:00 PM

*PREREQUISITE REQUIRED- Instructor Approval
Instructor: West Coast Movement Project



LYRICAL

Lyrical incorporates the traditional lines of classical ballet combined with jazz to tell a story and express emotions. Lyrical is a wonderful entry point for young dancers who wish to ultimately take Contemporary.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
ROOTS	7-9	Th	5:15-6:00 PM

Instructor: West Coast Movement Project



CONTEMPORARY

Lyrical incorporates the traditional lines of classical ballet combined with jazz to tell a story and express emotions. Lyrical is a wonderful entry point for young dancers who wish to ultimately take Contemporary.

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

DIVISION	AGE	DAY	TIME
WINGS*	9-12	F	4:15-5:15 PM
FLIGHT*	12 +	F	5:15-6:15 PM

*PREREQUISITE REQUIRED- Instructor Approval
Instructor: West Coast Movement Project



M*POWER DANCE TEAM

Dress Code: Solid black dance tank, black dance shorts, tan tights, tan pull on jazz oxfords, hair secured away from neck and face.

TEAM	DAY	TIME
Teal*	T*	5:00-5:45 PM

*PREREQUISITE REQUIRED- Invitation Only
Instructor: West Coast Movement Project



SOCIAL BALLROOM DANCE

Students will learn the foundations of the most useful dances such as Foxtrot, Waltz, Swing, Salsa and more. Lessons will include new dance patterns and variations as well as lead/follow techniques with the goal of being able to dance in most social environments such as weddings, reunions, and dance clubs.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
12/4-12/18	8:15-9:15 PM	Tu	3	\$30/\$35	6503
1/8-1/29	8:15-9:15 PM	Tu	4	\$40/\$45	6504
2/5-2/26	8:15-9:15 PM	Tu	4	\$40/\$45	6505

Ages: 8 & older

Location: LHCC

Instructor: Sway Ballroom Dance



CLOG DANCE

Clogging is a type of folk dance in which the dancer's shoes percussively hits the floor by striking the heel and/or toe creating rhythms usually to the downbeat of many different genres of music.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
12/5-12/12	8:00-10:00 PM	W	2	\$14/\$19	6354
12/19	8:00-10:00 PM	W	1	\$7/\$9	6355
1/9-1/30	8:00-10:00 PM	W	4	\$28/\$33	6517
2/6-2/27	8:00-10:00 PM	W	4	\$28/\$33	6518

Ages: 6 & older

Location: LHCC

Instructor: John Habash



BELLY DANCING

From beginning muscle isolations and hip shimmies to advanced technique and choreography, these courses cover it all! You will enjoy this great overall workout in a fun, supportive atmosphere. Wear comfortable clothes and dance shoes, or go barefoot. Instructor has over 20 years of experience in this dance form. For more information, please visit www.bellydanceorangecounty.com.

INTRO:

DATES	TIME	DAY	SESSIONS	FEE	CLASS
1/6-1/27	12:30-1:30 PM	Su	4	\$52/\$57	6451
2/3-2/24	12:30-1:30 PM	Su	4	\$52/\$57	6452
3/3-3/31	12:30-1:30 PM	Su	5	\$65/\$70	6453

LEVEL I:

1/6-3/31	1:30-2:30 PM	Su	13	\$156/\$161	6454
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LEVEL II:

1/6-3/31	2:30-3:30 PM	Su	13	\$156/\$161	6455
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LEVEL III:

1/6-3/31	3:30-4:30 PM	Su	13	\$156/\$161	6456
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Ages: 10 & older

Location: LHCC

Instructor: Tina Elkins

SPORTS AND FITNESS



DAY HIKE AT BEAR CANYON

Join Community Services Staff on a hiking adventure in the San Mateo Canyon Wilderness Area. The Bear Canyon Loop is a moderate 6.8 mile trail and has an elevation gain of just over 1100 feet. This hike has many opportunities to view many varieties of birds and flowers, oak woodlands, expansive views and interesting geological formations. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring a snack, sack lunch and water. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trailhead. Call (949) 707-2680 for more information. Please Note: No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
1/19	8:00 AM-3:00 PM	Sa	6432
Fee: Resident \$15, Non-Resident \$20			
Ages: All Ages			
Location: LHCC			
Instructor: Community Services Staff			



DAY HIKE TO THE BRIDGE TO NOWHERE

Hike up and back East Fork San Gabriel River to the Bridge to Nowhere. The trail crosses the river several times along the route, and each time you'll be shaded by alder trees. This roughly 10-mile round-trip hike is considered moderately-difficult. Plan on getting your feet wet and bring bug repellent. Be sure to dress in layers, bring plenty of water, some snacks, sack lunch, wear good footwear and sun protection. Participants meet at the Laguna Hills Community Center where City staff will provide transportation to the trailhead. Call (949) 707-2680 for mor einformation. PLEASE NOTE: No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
2/2	8:00 AM-7:00 PM	Sa	6433
Fee: Resident \$30, Non-Resident \$35			
Ages: All Ages			
Location: LHCC			
Instructor: Community Services Staff			



FUTURE STARS TENNIS

For kids just starting to play. Class focuses on the basics like ground strokes, some serving and lots of hand eye coordination work. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/26-12/17	3:00-3:45 PM	M	6457
12/1-12/22	8:30-9:15 AM	Sa	6460
1/7-1/28	3:00-3:45 PM	M	6458
1/12-2/2	8:30-9:15 AM	Sa	6461
2/4-2/25	3:00-3:45 PM	M	6459
2/9-3/2	8:30-9:15 AM	Sa	6462
Fee: Resident \$58, Non-Resident \$63			
Class Sessions: 4			
Ages: 4-5			
Location: Mackenzie Park Tennis Courts			
Instructor: Wyatt Russell			



RIISING STARS TENNIS

Also for new kids to tennis. This class focuses on teaching the fundamentals of ground strokes, serves, volleys and footwork skills. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis fun and enjoyable. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/26-12/17	3:45-4:45 PM	M	6463
12/1-12/22	9:15-10:15 AM	Sa	6466
1/7-1/28	3:45-4:45 PM	M	6464
1/12-2/2	9:15-10:15 AM	Sa	6467
2/4-2/25	3:45-4:45 PM	M	6465
2/9-3/2	9:15-10:15 AM	Sa	6468

Fee: Resident \$75, Non-Resident \$80
Class Sessions: 4
Ages: 6-7
Location: Mackenzie Park Tennis Courts
Instructor: Wyatt Russell



TENNIS STARS

For kids who have moved up from Rising Stars Tennis or who are newer to tennis. This class works on ensuring kids are ready for match play by reinforcing proper stroke production, footwork and basic strategy concepts. This class uses lighter and lower compression balls to optimize and accelerate your child's learning and make tennis more fun and enjoyable. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/27-12/18	3:00-4:00 PM	Tu	6469
12/1-12/22	10:30-11:30 AM	Sa	6472
1/8-1/29	3:00-4:00 PM	Tu	6470
1/12-2/2	10:30-11:30 AM	Sa	6473
2/5-2/26	3:00-4:00 PM	Tu	6471
2/9-3/2	10:30-11:30 AM	Sa	6474

Fee: Resident \$75, Non-Resident \$80
Class Sessions: 4
Ages: 8-10
Location: Mackenzie Park Tennis Courts
Instructor: Wyatt Russell



ALL STAR TENNIS

For kids with more than 1 year of experience. This class reinforces the skills learned in previous classes. Players will use green balls on a full court to help them prepare for play with a full compression ball. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/26-12/17	4:45-5:45 PM	M	6475
11/29-12/20	3:00-4:00 PM	Th	6478
1/7-1/28	4:45-5:45 PM	M	6476
1/10-1/31	3:00-4:00 PM	Th	6479
2/4-2/25	4:45-5:45 PM	M	6477
2/7-2/28	3:00-4:00 PM	Th	6480



Fee: Resident \$75, Non-Resident \$80
 Class Sessions: 4
 Ages: 8-11
 Location: Mackenzie Park Tennis Courts
 Instructor: Wyatt Russell



TIER 1 TENNIS

Perfect for kids that are ready for full court play with a full compression ball. For more information please visit [WRTennis.com](http://www.WRTennis.com).

DATES	TIME	DAY	CLASS
11/29-12/20	4:00-5:30 PM	Th	6481
12/1-12/22	11:30-1:00 PM	Sa	6484
1/10-1/31	4:00-5:30 PM	Th	6482
1/12-2/2	11:30-1:00 PM	Sa	6485
2/7-2/28	4:00-5:30 PM	Th	6483
2/9-3/2	11:30-1:00 PM	Sa	6486

Fee: Resident \$112, Non-Resident \$117
 Class Sessions: 4
 Ages: 11-17
 Location: Mackenzie Park Tennis Courts
 Instructor: Wyatt Russell



ADULT TENNIS- LEARN TO RALLY (BEGINNER TENNIS)

If you have never played before, now it the time. In this class you will learn the basics of tennis and better yet you will be rallying in just the first class. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/26-12/17	7:30-8:30 PM	M	6487
1/7-1/28	7:30-8:30 PM	M	6488
2/4-2/25	7:30-8:30 PM	M	6489

Fee: Resident \$75, Non-Resident \$80
 Class Sessions: 4
 Ages: 18-& older
 Location: Mackenzie Park Tennis Courts
 Instructor: Wyatt Russell



ADULT TENNIS- ADVANCED BEGINNER

This class is perfect if you haven't played in a few years or you are just getting the hang of things. Ill help you further your fundamental skills so your consistency and shot making percentages increase to higher levels. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/26-12/17	6:00-7:30 PM	M	6490
1/7-1/28	6:00-7:30 PM	M	6491
2/4-2/25	6:00-7:30 PM	M	6492

Fee: Resident \$112, Non-Resident \$117
 Class Sessions: 4
 Ages: 18 & older
 Location: Mackenzie Park Tennis Courts
 Instructor: Wyatt Russell



ADULT TENNIS- INTERMEDIATE

Perfect for more experienced players with a 3.0-3.5 rating. We'll work on refining strokes as I introduce modern concepts, with proven techniques. Together we'll discuss and implement doubles and singles strategies for smarter play and decision making during points. For more information please visit www.WRTennis.com.

DATES	TIME	DAY	CLASS
11/29-12/20	6:00-7:30 PM	Th	6493
1/10-1/31	6:00-7:30 PM	Th	6494
2/7-2/28	6:00-7:30 PM	Th	6495

Fee: Resident \$112, Non-Resident \$117
 Class Sessions: 4
 Ages: 18-& older
 Location: Mackenzie Park Tennis Courts
 Instructor: Wyatt Russell



AIKIDO

Aikido is a modern Japanese form of self defense that advocates harmony over conflict. Students of Aikido learn self confidence, balance, awareness and mastery of their own bodies. Classes include games and activities that promote cooperation, discipline, and condition. Adults are welcome to train with their families. Ranks and belt testings are available- additional fees and membership required. Please see instructor about uniform pricing and sizing. *NO CLASS 12/15.

BEGINNING (AGES 6-18):

DATES	TIME	DAY	CLASS
12/1-12/29	5:00-6:00 PM	TuTh	6388
	9:30-10:30 AM	Sat	
1/3-1/31	5:00-6:00 PM	TuTh	6396
	9:30-10:30 AM	Sat	
2/2-2/28	5:00-6:00 PM	TuTh	6399
	9:30-10:30 AM	Sat	

Fee: Resident \$75, Non-Resident \$80

INTERMEDIATE (AGES 6-18):

DATES	TIME	DAY	CLASS
12/1-12/29	6:00-7:00 PM	TuTh	6389
	9:30-10:30 AM	Sat	
1/3-1/31	6:00-7:00 PM	TuTh	6397
	9:30-10:30 AM	Sat	
2/2-2/28	6:00-7:00 PM	TuTh	6400
	9:30-10:30 AM	Sa	

Fee: Resident \$75, Non-Resident \$80

ALL LEVELS (19&OLDER):

DATES	TIME	DAY	CLASS
12/1-12/29	7:00-9:00 PM	TuTh	6390
	10:30-11:30 AM	Sa	
1/3-1/31	7:00-9:00 PM	TuTh	6398
	10:30-11:30 AM	Sa	
2/2-2/28	7:00-9:00 PM	TuTh	6401
	10:30-11:30 AM	Sa	

Fee: Resident \$115, Non-Resident \$120
 Location: LHCC
 Instructor: Dale Eisenberg



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BASICS OF SKATEBOARDING: BEGINNING

A hands-on camp designed to bring children together within the community. Children develop and enhance their skateboarding skills while creating friendships. A \$10 material fee is due to the instructor at the first class meeting.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
12/1-12/22	9:00-11:00 AM	Sa	4	\$150/\$155	6436
1/12-1/26	9:00-11:00 AM	Sa	3	\$114/\$119	6437
2/2-2/23	9:00-11:00 AM	Sa	4	\$150/\$155	6438

Ages: 3-12

Location: LHCC

Instructor: Matt Sheridan



BODY SCULPT & STRENGTH

Body Sculpt & Strength is a one hour Zumba inspired, dance fitness class, done to Latin and international rhythms, that incorporates body sculpt movements, utilizing weights or Zumba toning sticks, to help shape and tone the body. There is a focus on each muscle group in the upper body, with exercises that also target the legs and gluteals. We finish up with abdominal exercises and then wrap up the class with a through stretch. What to bring to class: 2 lb. hand weights or 2.5 lb Zumba toning sticks (they can be purchased online), a yoga mat, a towel and bottled water. Wear comfortable clothing that you don't mind sweating in and aerobics shoes, dance sneakers, or athletic shoes with support. No bare-feet please.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
12/3-12/17	7:00-8:00 PM	M	3	\$30/\$35	6405
1/7-1/28	7:00-8:00 PM	M	4	\$40/\$45	6406
2/4-2/25	7:00-8:00 PM	M	4	\$40/\$45	6407

Ages: 18 & older

Location: LHCC

Instructor: Dina Martin-Rusk



ZUMBA

Zumba is an aerobic exercise class that fuses Latin rhythms (Disco, Reggaeton-Cumbia, Conga Hip-Hop, Merengue Hip-Hop, Reggaeton-Belly Dance, Techno and Salsa) with a highly effective cardio training system that is fun and easy to do. Burn 500-800 calories an hour! Be prepared to have a great time and expect to sweat. Ditch the workout... join the PARTY! To learn more about Zumba or the instructor visit www.southcozumba.com. *NO CLASS 1/3.

DATES	TIME	DAY	SESSIONS	FEE	CLASS
12/4-12/18	7:00-8:00 PM	Tu	3	\$27/\$32	6417
12/6-12/27	7:30-8:30 PM	Th	4	\$36/\$41	6418
1/8-1/29	7:00-8:00 PM	Tu	4	\$36/\$41	6419
1/10-1/31	7:30-8:30 PM	Th	4	\$36/\$41	6420
2/5-2/26	7:00-8:00 PM	Tu	4	\$36/\$41	6421
2/7-2/28	7:30-8:30 PM	Th	4	\$36/\$41	6422

Two Days per week:

12/4-12/27	7:00-8:00 PM	Tu	7	\$59/\$64	6423
	7:30-8:30 PM	Th			
1/8-1/31	7:00-8:00 PM	Tu	8	\$68/\$73	6424
	7:30-8:30 PM	Th			
2/5-2/28	7:00-8:00 PM	Tu	8	\$68/\$73	6425
	7:30-8:30 PM	Th			



Three Month Session:

12/4-2/26	7:00-8:00 PM	Tu	11	\$99/\$104	6426
12/6-2/28	7:30-8:30 PM	Th	12	\$108/\$113	6427
12/4-2/28	7:00-8:00 PM	Tu	23	\$195/\$200	6428
	7:30-8:30 PM	Th			

Ages: 16 & older

Location: LHCC

Instructor: Rocio Trevino



GENTLE YOGA

Gentle Yoga's calming restorative stretches will help heal and release stress, and physical tension, with an emphasis on deep yoga breathing and relaxation. Pre-registration required. *NO CLASS 12/26 and 1/2.

DATES	TIME	DAY	CLASS
12/5-2/20	6:00-7:30 PM	W	6402

Fee: Resident \$125, Non-Resident \$130

Class Sessions: 10

Ages: 14- & older

Location: LHCC

Instructor: Angie Knight



QIGONG FOR ALL

Each class is started with a set of Opening Moves to allow the body structure to open in all directions. Next, we move through the 20 Qigong movements. These movements focus on Energy passing through specific pathways (or meridians). The class ends with a closing form (Swimming Dragon) that integrates the mind-body-spirit to a more grounded state of well being. This form of Qigong can be safely practiced by the beginner, those with limited movement, and the most advanced student. *NO CLASS 12/26.

DATES	TIME	DAY	CLASS
FREE TRIAL:			
12/5	7:00-8:00 PM	W	6379
10 week session:			
12/12-2/20	7:00-8:00 PM	W	6378

Fee: Resident \$100, Non-Resident \$105

Ages: 18-80

Location: LHCC



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**CHILDREN & TEEN OPEN GYM BASKETBALL**

Open gym basketball is free of charge to those ages 17 and under. A parent or guardian must complete a registration form at the front counter prior to children accessing the gymnasium. Children under 9 years of age must be accompanied by a parent or guardian.

DATES	TIME	DAY
Ongoing	12:00-2:00 PM 2:00-4:00 PM	Su M-F

Fee: Free

Ages: 17 & under

Location: LHCC

**ADULT OPEN GYM BASKETBALL**

Participants must purchase an annual gym pass and complete a registration form at the front counter prior to accessing the gymnasium.

DATES	TIME	DAY
Ongoing	2:00-6:00 PM 6:30-9:30 PM	Su Fri

Fee: Resident \$30, Non-Resident \$40

Ages: 18 & older

Location: LHCC

**ADULT TABLE TENNIS ANNUAL PASS**

Participants must purchase an annual Table Tennis pass and complete a registration form at the front desk prior to any play. Don't want to pay for the annual pass? No problem, you may pay a day use fee of \$2 per day to play instead, but must have exact change at time of purchasing a day-use pass. Players must provide their own paddle and balls. Player rules are available at the front desk. Call (949) 707-2680 for more information.

DATES	TIME	DAY
Ongoing	12:00-2:00 PM 1:00-5:00 PM	TuTh Sat
1-Day Guest Pass	12:00-2:00 PM 1:00-5:00 PM	TuTh Sat

Fee: \$2

**PICKLEBALL**

Pickleball is a racquet sport that incorporates elements of badminton and tennis for two to four players, who use hand-held paddles to hit a perforated plastic ball over the net. It's an easy-to-learn game that is played on a court similar to a tennis court, but half the size. Pickleball is fun for family and friends of all ages and level of activity, and can start slow for beginners or pick up the pace for advanced players. These low impact workouts promote adult and kids health. This drop-in sport is being offered on a trial basis at the Laguna Hills Community Center's Roller Hockey Rink. Participants must register at the Community Center's front desk prior to any play. Day and hours are subject to change.

DATES	TIME	DAY
Ongoing	9:00 AM-12:00 PM 6:00-9:00 PM	Tu W M Th

Fee: No cost at this time

Ages: All Ages

Location: LHCC

**AFTER SCHOOL SPORTS**

Intramural sports will be offered for boys and girls two days a week after school at each elementary school campus. Sessions begin with skill development and progress to intramural tournaments. Session I: Coed Basketball, grades 3-6; Session II: School Yard Games (Kickball & Dodgeball), grades K-6. NOTE: Class will not meet on school holidays and furlough days. On minimum days practice will be held at 1:30 PM at Lomarena and Valencia and at 1:00 PM at San Joaquin.

DATES	TIME	DAY	SCHOOL	SPORT	CLASS
SESSION I: Grades 3-6					
11/5-12/12	2:45-4:00 PM	MW	Lomarena	Coed Basketball	#6369
11/6-12/13	2:15-3:30 PM	TuTh	San Joaquin	Coed Basketball	#6370
11/6-12/13	2:45-4:00 PM	TuTh	Valencia	Coed Basketball	#6371

SESSION II: Grades K-6

1/30-2/27	2:45-4:00 PM	MW	Lomarena	Sch Yard Games	#6521
1/29-2/28	2:15-3:30 PM	TuTh	San Joaquin	Sch Yard Games	#6522
1/29-2/28	2:45-4:00 PM	TuTh	Valencia	Sch Yard Games	#6523

Fee: \$35

Class Sessions: 10

Instructor: Community Services Staff

**HIKING CLUB**

The Hiking Club is a series of hikes that explore various wilderness areas in the Orange County area. The hikes are held at intermediate level hiking pace and encounter a more challenging variety of terrain, including hills with distances of 3-7 miles. Participants should wear sturdy walking shoes or hiking boots, be prepared for plenty of sunshine and bring water to drink. Community Services Staff will provide transportation from the Laguna Hills Community Center to each of the trailheads. Call (949) 707-2680 for more information. Sign up today, space is limited. SCHEDULE: 12/1: Bolsa Chica Ecologic Reserve- Loop Trail; 12/15: San Clemente Trails- Rancho San Clemente Ridgeline Trail; 1/12: Peter's Canyon Regional Park- Peters Canyon Loop; 1/26: Ladera Ranch Trails- Ridgeline Trail; 2/9: Cleveland National Forest- San Juan Loop Trail.

**CHILDREN'S BIRTHDAY PARTY PROGRAM**

Let us help with your 3-10 years olds next birthday party! Community Services Staff will provide cake, ice cream, pizza, and decorations for up to 24 children and adults, and lead fun activities for the kids while you sit back and enjoy the celebration. Party times are available on Saturdays from 12:00-2:00 pm in either the Community Center's Classroom or outside at the Picnic Shelter. Call (949) 707-2680 for details.

DATES	TIME	DAY	CLASS
12/1, 12/15 1/12, 1/26, 2/9	8:00-12:00 PM	Sa	6431
Fee: Resident \$40, Non-Resident \$45 Class Sessions: 5 Ages: 18 & older Location: LHCC Instructor: Community Services Staff			



CIRCLE OF FRIENDS

HOLIDAY DINNER DANCE

Tis' the season to celebrate! Get dressed up and come dance the night away at the Circle of Friends Holiday Dinner Dance! Join us for this special evening at the Laguna Hills Community Center. Please RSVP in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
12/14	6:30-9:00 PM	F	6416
Fee: \$10 Ages: 13 & older Location: LHCC Instructor: Community Services Staff			

BOWLING NIGHT

Bring a friend and come out for an exciting evening of bowling at Forest Lanes in Lake Forest! Please RSVP at least one week in advance at (949) 707-2683.

DATES	TIME	DAY	CLASS
1/18	7:00-9:00 PM	F	6510
Fee: \$10 Ages: 13 & older Location: Forest Lanes Instructor: Community Services Staff			

VALENTINE'S DANCE

Invite a friend and join us for a special evening at the Circle of Friends Valentine's Dance! Please RSVP to (949) 707-2683. We hope to see you there!

DATES	TIME	DAY	CLASS
2/1	7:00-9:00 PM	F	6509
Fee: \$5 Ages: 13 & older Location: LHCC Instructor: Community Services Staff			

PIZZA AND MOVIE NIGHT

Invite a friend and join us for a fun night of pizza and a movie at the Laguna Hills Community Center! Please RSVP in advance to (949) 707-2683.

DATES	TIME	DAY	CLASS
3/1	6:30-9:00 PM	F	6511
Fee: \$5 Ages: 13 & older Location: LHCC Instructor: Community Services Staff			

SPORTS LEAGUES

ADULT BASKETBALL LEAGUE

Registration for Adult Basketball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$30 per game official's fee.

LEAGUE	DATES	TIME	DAY
Open League	1/8-3/19	6:30, 7:30, 8:30 PM	Tu
Fee: \$325 Ages: 18 & older Location: LHCC Instructor: Community Services Staff			

SLOW PITCH ADULT SOFTBALL

Registration for Adult Softball is on site at Laguna Hills Community Center. For more information call (949) 707-2690. \$15 per game umpire fee.

LEAGUE	DATES	TIME	DAY
Men's "D"	1/7-3/18	6:30, 7:45, 8:50 PM	M
Men's "D"	1/8-3/19	6:30, 7:45, 8:50 PM	Tu
Men's "D"	1/9-3/20	6:30, 7:45, 8:50 PM	W
Men's Upper "D"	1/10-3/21	6:30, 7:45, 8:50 PM	Th
Fee: \$350 Ages: 18 & older Location: LHCC Instructor: Community Services Staff			



EMERITUS

SADDLEBACK COLLEGE SENIOR EMERITUS PROGRAM

These classes are sponsored by Saddleback College Emeritus Program and held in the gymnasium at the Laguna Hills Community Center; the gymnasium is not air conditioned. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus. *NO CLASS 1/24.

The following classes meet 1/14-5/22:

DAY	CLASS	TIME
MW	Yoga	9:00-9:50 AM
MW	Aerobics	10:00-10:50 AM
MW	Sequential Stretching	11:00-11:50 AM
TTh	Sequential Stretching	8:30-9:20 AM
TTh	Pilates	9:30-10:45 AM
T	Yoga	11:00AM-12:50 PM
F	Beginning Tai Chi	8:15-10:20 AM
F	Pilates	10:30AM-12:35 PM

Ages: 50 & older

Location: LHCC

SADDLEBACK COLLEGE ART 41X: ART MEDIA STUDIES

Students engage in introductory activities in mixed media drawing, painting, printmaking and related 2-D art forms. Material fee of \$10 payable at registration. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
1/14-5/20	1:30-4:35 PM	M

Ages: 50 & older

Location: LHCC

SADDLEBACK COLLEGE SPAN 231X: INTERMEDIATE PRACTICAL SPANISH

Further the fundamentals of communicative competence in practical Spanish for the older adult. Focuses on listening, comprehension and speaking. Reading and writing skills will be expanded. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
1/15-5/21	9:00-10:50 AM	Tu

Ages: 50 & older

Location: LHCC

SADDLEBACK COLLEGE BIO226X: BIRDS OF THE WORLD

Discussion topics will include bird ancestry, evolution, systematics, distribution, topography, behavior (song, territory, migration) and techniques of the field identification of birds. Designed for the older adult who wish to actively participate in a course outdoors, including field trips to local sites. To register or for more information please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus.

DATES	TIME	DAY
1/16-5/22	1:00-3:50 PM	W

Ages: 50 & older

Location: LHCC

SADDLEBACK COLLEGE ART 59X: INTERMEDIATE/ADVANCED WATERCOLOR

Rec Prep: ART 58X. Utilizing and incorporating color mixing in a broader palette for washes, glazing, and spontaneous interpretation of the subject matter. An increasing emphasis will be placed on individual exploration with

DATES	TIME	DAY
1/16-5/22	1:30-4:20 PM	W

Ages: 50 & older

Location: LHCC

SADDLEBACK COLLEGE ART 20X: ART APPRECIATION

Focuses on the fundamentals and aesthetics of the visual arts, as well as the major developments that shaped the evolution of Western art. Additional art supplies may be required. To register or for more information, please call the Emeritus Institute at (949) 582-4835 or visit www.saddleback.edu/emmeritus. *NO CLASS 1/24.

DATES	TIME	DAY
1/17-5/16	10:00-11:50 AM	Th

Ages: 50 & older

Location: LHCC

SADDLEBACK COLLEGE ART 58X: BEGINNING WATERCOLOR

Basic methods of applying watercolor; washes, color mixing, and brush technique. The spontaneity of transparent watercolor will be stressed and explored. Materials fee of \$5 payable at registration.

DATES	TIME	DAY
1/18-5/17	1:45-5:00 PM	F

Ages: 50 & older

Location: LHCC



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EXCURSIONS

FESTIVAL OF LIGHTS AND TOUR OF MISSION INN

Tour Mission Inn during the famous Festival of Lights event. Over 3 million lights on display, including more than 350 animated figures that decorate the exterior of this National Historic Landmark. Tour of the Mission Inn might also include carolers dressed in Victorian costumes. The light extravaganza is turned on at approximately 5:00 PM and there will be free time to explore and enjoy supper at one of the Main Street eateries. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. PLEASE NOTE: No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
12/15	1:00 PM-9:30 PM	Sa	6501

Fee: Resident \$35, Non-Resident \$40

Ages: All Ages

Location: LHCC

Instructor: Community Services Staff

EXCURSION TO THE GETTY CENTER

Let us do the driving for you to the Getty Center in Los Angeles! The Getty Center offers unique experiences for people of all ages. Discover the art, architecture and gardens, while taking in spectacular views. Bring a sack lunch or purchase food at the Getty Center. Participants meet at the Laguna Hills Community Center where City staff will provide transportation. Call (949) 707-2680 for more information. PLEASE NOTE: No refunds or transfers for this event.

DATES	TIME	DAY	CLASS
1/5	10:30 AM-6:45 PM	Sa	6502

Fee: Resident \$25, Non-Resident \$30

Ages: All Ages

Location: LHCC

Instructor: Community Services Staff

